



## **PRENATAL/INFANT APPOINTMENTS**

*Parents or expecting parents are invited to visit the CHN to discuss topics such as health, safety and nutrition during pregnancy, what to expect during labour, breastfeeding support and immunizations.*

*We conduct screenings for postpartum depression and check that your baby is meeting development milestones. We measure and weight your baby regularly and show you where they are on the standard growth chart. The CHN is available to discuss any health concerns, and help organize doctor visits and be a support person. The CHN can also refer children to outside services such as speech development, occupational therapy, and infant development as needed.*