

Recreation/Sports

- ◇ Coldwater Gym Night at CW School Gym, every Monday, Tuesday & Thursday evenings.
- ◇ Shackan & Nooaitch Weekly Gym nights are at Nicola Canford School.
- ◇ SCHSS Community Bowling Nights are every 3rd Sunday of month (Sept – April)
- ◇ Annual Trips to Cultus Lake Water Park in Chilliwack.
- ◇ After School swim program at Nicola Valley Aquatic Center.
- ◇ Annual Youth & Kids Ski/Snowboard Trips to Harper Mountain.
- ◇ Weekly Yoga Class and Cardio Boot Camps during the winter months (Sept-Feb.)
- ◇ Bring youth to Soccer, Archery, Basketball, Track & Field, and Volleyball Camps.
- ◇ Help families register their child/youth into different organized sport such as; Baseball, soccer, Gymnastics, volleyball, Lacrosse, Basketball, Swimming Lessons, Hockey,
- ◇ North American Indigenous Games, B.C. Summer Games, Track & Field etc.
- ◇ SCHSS has hosted Archery clinics, soccer clinics, basketball camps, volleyball camps.

