

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
#103-2090 Coutlee Avenue Box 3090 Merritt, BC V1K 1B8
PHONE: 1-250-378-9745 / FAX: 1-250-378-4962

“HOLIDAY – EMERGENCY NUMBERS”

EMERGENCY- Ambulance - Fire- Police-----911

BC HYDRO Outages/Electrical--1-888-769-3766

FORTIS BC Emergency line-----1-800-663-9911

Poison Control-----1-800-567-8911



NIHB EMERGENCY TRAVEL AND BENEFITS...

Phone: 250-280-1644

Be aware that, on the days we are closed for Christmas, this number will only be answered between the hours of 8:30am - 10:00 pm.

We are closed Dec 23, 24, 25, 26, 27, 28, 29, 30, 31 and Jan 01, 02, 2017

“Number is NOT for general inquires; EMERGENCY NIHB ONLY!”

CRISIS HOTLINES

Crisis Intervention & Suicide Prevention-----1-800-784-2433

Suicide Prevention Lifeline (Canada & USA) -----1-800-273-8255

Native Youth Crisis Hotline-----1-877-209-1266

BC Childrens Helpline (NO area code required)-----310-1234

Kids Help Phone (National)-----1-800-668-6868

Residential School Survivors 24 Hr Crisis Line----1-866-925-4419

KUU-US Crisis Services -----Adult/Elder-----250-723-4050

Child/Youth-----250-723-2040

24 hr Toll Free--1-800-588-8717

Interior Health Crisis (Distress) Centre-- 24 hr---1-888-353-2273

Addictions Disorders Resource Centre – Crisis---1-604-872-3311

First Nation & Inuit Hope for Wellness Helpline-1-855-242-3310

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NON-CRISIS – SOCIAL SERVICES & OTHER SERVICES

BC Nurses Line-----	1-866-215-4700
Health Care Hotline-----	811
BC Mental Health Information Line-----24 hours-----	1-800-661-2121
Nicola Valley General Hospital-----	250-378-2242
Alcohol & Drug Information Line -----	1-800-663-1441
Addictions Disorders Resource Centre-----Mon-Fri-----	1-800-665-1822
Residential School Support Services-----Mon-Fri-----	1-877-477-0775
Problem Gambling Help Line-----	1-888-795-6111
Merritt Mental Health Services-----Mon – Fri-----	250-378-3401
Merritt RCMP (non-emergency) -----	250-378-4262
Victim Link-----	1-800-563-0808
Merritt Victim Services-----	250-378-5699
Journey Into Tomorrow Transition House-----	250-378-6170
Phoenix Center-----	1-877-318-1177
Service BC-----	250-378-9343
Nicola Valley Food Bank-----	250-378-2282
Reporting Child Abuse -----24 hours-----	250-310-1234
BC Mental Health Info Line -----24 hours-----	310-6789



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