



Scw'exmx Community Health Services Society

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January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 OFFICE CLOSED	3 Coldwater Local Medical Van CW & Noo Water Sampling CW After school drop in CW Access Ctr 3:30-4:30pm CW Kids Gym Night 12yrs & under 6-7:30pm Noo/Sha Gym Nights 6-7:30 pm Nic Canford	4 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van	5 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6—8 PM Red Road to Wellbriety—SCHSS Office Drop in 6 to 8 pm	6 NOO Drop In 7-9pm Shackan Local Medical Van CW Youth Drop In CW Access Centre 8pm-12am 13 yrs & up	7 CW Youth Drop In CW Access Centre 8pm—12am 13 yrs & up
8	9 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 PM	10 Coldwater Local Medical Van CW After school drop in CW Access Ctr 3:30-4:30pm CW Kids Gym Night 12yrs & under 6-7:30pm Noo/Sha Gym Nights 6-7:30 pm Nic Canford	11 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Shackan Walk Group 10:00 to 11:30 pm Nooaitch Walk Group 12 to 1:30pm	12 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6-8 pm Red Road to Wellbriety-SCHSS Office Drop in 6 to 8 pm	13 NOO Drop In 7-9pm CW Youth Drop In CW Access Centre 8pm-12am 13 yrs & up	14 CW Youth Drop In CW Access Centre 8pm—12am 13 yrs & up
15	16 CW & Noo Water Sampling BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm CW Gym Night-13 & up 6-8 pm Bannock making CW Band Hall at 5:00 pm Pre-register	17 Coldwater Local Medical Van CW After school drop in CW Access Ctr 3:30-4:30pm CW Kids Gym Night 12yrs & under 6-7:30pm Noo/Sha Gym Nights 6-7:30 pm Nic Canford	18 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Elders Committee Meeting @ 1:00pm 2199 Coutlee Ave. CW Vitals 12:00 pm to 1:00 pm	19 Meal Delivery Nooaitch Local Medical Van COHI CW @10am-12pm Satellite Office Drop ins Welcome CW Gym Night-13 & up 6-8 pm Red Road to Wellbriety- SCHSS Office Drop in 6 to 8 pm	20 Shackan Local Medical Van NOO Drop In 7-9pm Food Safe Level 1: Conayt CW Youth Drop In CW Access Centre 8pm-12am 13 yrs & up	21 CW Youth Drop In CW Access Centre 8pm—12am 13 yrs & up
22	23 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 PM BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm CW Parent & Tots Cooking Group 10:30 am- 12 pm	24 Coldwater Local Medical Van CW After school drop in CW Access Ctr 3:30-4:30pm Diabetic Clinic w/Cindy Knoakes 9am- 5pm CW Kids Gym Night 12yrs & under 6-7:30pm Noo/Sha Gym Nights 6-7:30 pm Nic Canford	25 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Noo parent and tots cooking group, 10:30 - 12pm @ Satellite office	26 Meal Delivery CW Gym Night-13 & up 6-8 pm Nooaitch Local Medical Van Red Road to Wellbriety -SCHSS Office Drop in 6 to 8 pm	27 NOO Drop In 7-9pm CW Youth Drop In CW Access Centre 8pm-12am 13 yrs & up	28 CW Youth Drop In CW Access Centre 8pm—12am 13 yrs & up
29	30 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 PM BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm Merritt Moms Dinner 5:00 pm	31 Coldwater Local Medical Van CW After school drop in CW Access Ctr 3:30-4:30pm CW Kids Gym Night 12yrs & under 6-7:30pm Noo/Sha Gym Nights 6-7:30 pm Nic Canford				