



Scw'exmx Community Health Services Society

103-2090 Coutlee Ave
 Box 3090 Merritt BC V1K 1B8
 T.250.378.9745 F.250.378.4962
 Toll Free: 1.888.667.2477
 reception@schss.com www.schss.com

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van	2 Meal Delivery Nooaitch Local Medical Van 10 to 12 pm NOO parent & tots swimming CW Gym Night-13 & up 6-8 PM Red Road to Wellbriety—CW Access Ctr Drop in 6 to 8 pm	3 Shackan Local Medical Van TROLLS Movie at the Civic Centre	4
5	6 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 pm CW Parent & Tots Cooking Group 10:30 am— CW School BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm	7 Coldwater Local Medical Van Noo/Shia Gym Nights 6-7:30 pm Nic Canford CW Kids Gym Night 12yrs & under 6-730pm CW After school drop in CW Access Ctr 3:30-4:30pm	8 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Noo Parent & Tots Group 10:30 Noo Sat office Nooaitch Walk Group 12 to 1:30pm	9 Meal Delivery Nooaitch Local Medical Van SCHSS Youth Skiing Trip to Harper Mountain ages 13-18, Must Pre-register CW Gym Night-13 & up 6-8 PM Red Road to Wellbriety—CW Access Ctr Drop in 6 to 8 pm	10 NOO Drop In 7-9pm 	11
12	13 OFFICE CLOSED FOR FAMILY DAY	14 CW & Noo Water Sampling Coldwater Local Medical Van CW Kids Gym Night 12yrs & under 6-730pm CW After school drop in CW Access Ctr 3:30-4:30pm Noo/Shia Gym Nights 6-7:30 pm Nic Canford	15 Elders Luncheon 1 pm Elders Centre Shackan Local Medical Van Shackan Family Night at Shackan Hall start at 5:30 PM	16 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6-8 pm COHI NOO @10am-12pm Satellite Office Drop ins Welcome Red Road to Wellbriety—CW Access Ctr Drop in 6 to 8 pm	17 Shackan Local Medical Van SCHSS Kids Skiing Trip to Harper Mountain ages 7-12, Must Pre-register	18
19 SCHSS Family Bowling Night 6-8 pm	20 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 pm BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm	21 Coldwater Local Medical Van CW Kids Gym Night 12yrs & under 6-730pm CW After school drop in CW Access Ctr 3:30-4:30pm Noo/Shia Gym Nights 6-7:30 pm Nic Canford CW Youth Movie Night in Kamloops, see Sharon Collins or Lucy to reserve a seat	22 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van CW Vital: 12—1:30 pm	23 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6-8 PM Red Road to Wellbriety—CW Access Ctr Drop in 6 to 8 pm	24 Tubing Day at Harper Mountain, Must Pre-register	25
26	27 CW & Noo Water Sampling CW Gym Night-13 & up 6-8 pm Merritt Moms Dinner 5:00 pm Educational Dinner BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm	28 Coldwater Local Medical Van CW Kids Gym Night 12yrs & under 6-730pm CW After school drop in CW Access Ctr 3:30-4:30pm Noo/Shia Gym Nights 6-7:30 pm Nic Canford				