



# Scw'exmx Community Health Services Society

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# March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Grief Recovery-Edu Therapy @ 6-8 pm SCHSS Board Room Palliative Meeting 9:00 am- SCHSS Boardroom	2 Nooaitch Local Medical Van 10:30- 12 pm NOO parent & tots swimming CW Gym Night-13 & up 6-8 PM Red Road to Wellbriety— CW Access Ctr Drop in 6 to 8 Meal Delivery Language Shackan Nlaka'pamux Bingo	3 Shackan Local Medical Van NOO Drop In 7-9pm	4 NkshAytkn Gathering @ Lytton Memorial Hall De-colonization
5	6 CW & Noo Water Sampling BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm CW Gym Night-13 & up 6-8 pm	7 Coldwater Local Medical Van Noo'Sha Gym Nights 6-7:30 pm Nic Canford CW Kids Gym Night 12yrs & under 6-7:30pm CW After school drop in CW Access Ctr 3:30-4:30pm	8 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Grief Recovery-Edu Therapy @ 6-8 pm SCHSS Board Room Shackan Walk/Vitals Group 10:30 to 11:30 Nooaitch Walk/Vitals Group 12 - 1:30pm	9 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6-8 pm Red Road to Wellbriety-SCHSS Office Drop in 6 to 8 pm	10	11 SCHSS Health Fair at the Civic Centre from 10:00 am to 3pm
12	13 CW & Noo Water Sampling BOOT CAMP @ Nic Canford School 6:30 to 7:30 pm CW Gym Night-13 & up 6-8 pm	14 Coldwater Local Medical Van Noo'Sha Gym Nights 6-7:30 pm Nic Canford CW Kids Gym Night 12yrs & under 6-7:30pm NO ELDERS DROP IN CW After school drop in CW Access Ctr 3:30-4:30pm	15 Swim & Gym 3:30pm-5:00pm Shackan Local Medical Van Grief Recovery-Edu Therapy @ 6-8 pm SCHSS Board Room Elders Committee Meeting @ 10:30 Guest speaker HVC Noo Parent & Tots Cooking Group 10:30 Noo Sat office	16 Meal Delivery Nooaitch Local Medical Van CW Gym Night-13 & up 6-8 PM COHI CW@10am-12pm Satellite Office Red Road to Wellbriety- CW Access Ctr Drop in 6 to 8 pm Language Nooaitch Prayers & Storytelling	17 Shackan Local Medical Van NOO Drop In 7-9pm	18
19	20 CW & Noo Water Sampling NO BOOTCAMP—Cancelled	21 Coldwater Local Medical Van	22 Grief Recovery-Edu Therapy @ 6-8 pm SCHSS Board Room Shackan Local Medical Van	23 Meal Delivery Nooaitch Local Medical Van Red Road to Wellbriety- CW Access Ctr Drop in 6 to 8 pm	24	25
26	27 CW & Noo Water Sampling Merritt Moms Dinner 5:00 pm NO BOOTCAMP—Cancelled	28 Coldwater Local Medical Van	29 Shackan Local Medical Van Grief Recovery-Edu Therapy @ 6-8 pm SCHSS Board Room Language Ashcroft Prayers & Storytelling	30 Meal Delivery Nooaitch Local Medical Van Red Road to Wellbriety- CW Access Ctr Drop in 6 to 8 pm	31 Shackan Local Medical Van	