



# Scw'exmx Community Health Services Society

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# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Nooaitch Local Medical Van Meal Delivery Feel the Beat at SCFSS 4 to 8 pm Drop In Flu Shots at SCHSS 9-4 pm	2 NOO Drop In 6-8pm	3
4	5 CW & Noo Water Sampling  CW School cooking with Carly - One Pan Mexican Quinoa 10 am to	6 Coldwater Local Medical Van Wellbriety 6:30-8:30 pm At the SCHSS Boardroom CW Kids Gym Night 6-7:30 pm CW Band Hall Flu Vaccine Clinic 10-6 pm CW After school drop in CW Access Ctre 3:30-4:30pm	7 Shackan Local Medical Van NOO /Shackan Swimming with Carly Swim & Gym 3:00pm-5:00pm NOO Band Hall Flu Vaccine Clinic 10-6 pm	8 Nooaitch Local Medical Van Meal Delivery SHACKAN Band Hall Flu Vaccine Clinic 10-6 pm Feel the Beat at SCFSS 4 to 8 pm	9 NOO Drop In 6-8pm	10
11 Remembrance Day	12 SCHSS Office Closed Nlaka'pamux Office Closed Stoyoma Office Closed	13 Coldwater Local Medical Van Drop In Flu Shots at SCHSS 9-4 pm CW Kids Gym Night 6-7:30 pm Wellbriety 6:30-8:30 pm At the NOO Health Centre CW & Noo Water Sample CW After school drop in CW Access Ctre 3:30-4:30pm	14 Shackan Local Medical Van NOO Cooking One Pan Mexican Quinoa 10 am to 1pm	15 Nooaitch Local Medical Van Meal Delivery Feel the Beat at SCFSS 4 to 8 pm	16 NOO Drop In 6-8pm SHACKAN Cooking One Pan Mexican Quinoa 10 am to 1pm	17
18	19 CW & Noo Water Sampling Making Glow Bedtime Bottles CW School 10 am	20 Coldwater Local Medical Van Wellbriety 6:30-8:30 pm At the SCHSS Boardroom AGM Shackan Band Hall 5:00 pm	21 Shackan Local Medical Van Making Glow Bedtime Bottles CW School 10 am Jordan's Principle Community Engagement, 5 pm to 6:30 pm CW Band Hall Swim & Gym 3:00pm-5:00pm	22 Nooaitch Local Medical Van Meal Delivery Feel the Beat at SCFSS 4 to 8 pm Jordan's Principle Community Engagement, 5 pm to 6:30 pm Shackan Band Hall	23 NOO Drop In 6-8pm Making Glow Bedtime Bottles Shackan School 10 am Jordan's Principle Community Engagement, 5 pm to 6:30 pm Nooaitch Band Hall	24
25	26 CW & Noo Water Sampling Slime Creations CW School Headstart Room 10 am	27 Coldwater Local Medical Van CW After school drop in CW Access Ctre 3:30-4:30pm Wellbriety 6:30-8:30 pm At the NOO Health Centre CW Kids Gym Night 6-7:30 pm	28 Shackan Local Medical Van Slime Creations NOO Health Building Room 10 am Swim & Gym 3:00pm-5:00pm	29 Nooaitch Local Medical Van Meal Delivery Feel the Beat at SCFSS 4 to 8 pm	30 NOO Drop In 6-8pm Slime Creations Shackan Band Hall 10 am	