



# Sew'exmx Community Health Services Society

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# May 2019

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|---|--|---|---|--|
|  |   |   | 1<br>Shackan Local Medical Van<br>Parenting Program 6:00—9:00 pm SCHSS<br>Swim & Gym 3:30pm-5:00pm   | 2<br>Nooaitch Local Medical Van<br>Feel the Beat Traditional Games 5 to 8pm<br>Meal Delivery  | 3<br>Mother and Daughter Date Night 3:30 to 10:00 pm              | 4<br>Turn Me Loose in Shulus Run/Walk- entry fee covered for Anyone interested   |
| 5<br>Stoyoma Office Closed   | 6<br>CW & Noo Water Sampling<br>Baby-Food Making Workshop 10:30 am at CW School<br>Jr Rugby 6-7:30 Nicola Canford<br>CW After school drop in CW Access Ctre 3:30-4:30pm | 7<br>Coldwater Local Medical Van<br>Elders Drop in potluck 11-1pm<br>Painting Night at the CW Hall 6-9 pm (only 10 seats available)<br>Wellbriety 6:00-8:00pm NVIT            | 8<br>Shackan Local Medical Van<br>Shackan Mother's Day and New Life Celebration 5pm at Band Hall<br>Parenting Program 6:00—9:00 pm SCHSS                   | 9<br>Nooaitch Local Medical Van<br>Nooaitch Mother's Day and New Life Celebration 5pm at Band Hall<br>Feel the Beat Traditional Games 5 to 8pm<br>Meal Delivery | 10<br>Teddy Bear Witness Day Civic Centre from 11 am to 2 pm      |  |
| 12<br>Coldwater Mother's Day and New Life Celebration 11:00 am at the CW Band Hall | 13<br>CW & Noo Water Sampling<br>Jr Rugby 6-7:30 Nicola Canford   | 14<br>Coldwater Local Medical Van<br>Young Girl Tea Party at Merritt Civic Centre 3:30 pm -5 pm Age 4-6 years<br>Wellbriety 6:00-8:00pm NVIT                                  | 15<br>Shackan Local Medical Van<br>Elders Meeting<br>Parenting Program 6:00—9:00 pm SCHSS  | 16<br>Nooaitch Local Medical Van<br>Feel the Beat Traditional Games 5 to 8pm<br>Meal Delivery   | 17  | 18   |
| 19   | 20<br>Sew'exmx Community Health Services Office Closed<br>Nlaka'pamux Health Services Office Closed<br>Stoyoma Office Closed  | 21<br>Coldwater Local Medical Van<br>CW After school drop in CW Access Ctre 3:30-4:30pm<br>CW & Noo Water Sampling<br>Swim & Gym 3:30pm-5:00pm<br>Wellbriety 6:00-8:00pm NVIT | 22<br>Shackan Local Medical Van<br>8th Annual Powwow School District 58 at LNIB Arbour<br>Swim & Gym 3:30pm-5:00pm<br>Parenting Program 6:00—9:00 pm SCHSS | 23<br>Nooaitch Local Medical Van<br>Feel the Beat Traditional Games 5 to 8pm<br>Meal Delivery   | 24<br>NOO Drop In 6-8pm   | 25   |
| 26   | 27<br>CW & Noo Water Sampling<br>Coldwater Parents and Tots trip to Lil Monkeys Playplace<br>Jr Rugby 6-7:30 Nicola Canford   | 28<br>Coldwater Local Medical Van<br>CW After school drop in CW Access Ctre 3:30-4:30pm<br>Wellbriety 6:00-8:00pm NVIT  | 29<br>Shackan Local Medical Van<br>Parenting Program 6:00—9:00 pm SCHSS  | 30<br>Nooaitch Local Medical Van<br>Feel the Beat Traditional Games 5 to 8pm<br>Meal Delivery   | 31<br>NOO Drop In 6-8pm<br>Hearing Clinic 10 to 4 pm SCHSS office | <div data-bbox="1491 1096 1858 1250" data-label="Text"> <p><b>Stoyoma Dental clients- If you need a ride van rides are available Tues &amp; Thursdays with 24 hours</b></p> </div> |