



Sew'exmx Community Health Services Society

103-2090 Coutlee Ave
 Box 3090 Merritt BC V1K 1B8
 T.250.378.9745 F.250.378.4962
 Toll Free: 1.888.667.2477
 reception@schss.com www.schss.com

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Nooaitch Local Medical Van Nlaka'pamux Health Services Office will be Closed for a STAFF WELLNESS DAY Meal Delivery	2 Stoyoma Dental Office Closed	3
4	5 SCHSS Office Closed Stoyoma Office Closed Nlaka'pamux Office Closed	6 Coldwater Local Medical Van CW & Noo Water Sampling Wellbriety 6:00 - 8:00pm NVIT	7 Shackan Local Medical Van Parents & Tots Rotary Park for Nooaitch/Shackan 10 am	8 Nooaitch Local Medical Van Meal Delivery	9 Parents & Tots Swimming 11-1 pick up 10:30 am	10
11	12 CW & Noo Water Sampling Parents & Tots Rotary Park for Coldwater 10 am Sew'exmx Elders Fundraiser Dinner Hitch and Post 5 pm & 7 pm	13 Coldwater Local Medical Van Wellbriety 6:00 - 8:00pm NVIT	14 Shackan Local Medical Van Parents & Tots CW Band Hall—Cooking Salmon Bowls 11 am	15 Nooaitch Local Medical Van Meal Delivery	16	17
18	19 CW & Noo Water Sampling	20 Coldwater Local Medical Van Wellbriety 6:00 - 8:00pm NVIT	21 Shackan Local Medical Van Pressure Canning at Nooaitch Satellite Building 10am 4pm Elders Meeting 1 pm	22 Nooaitch Local Medical Van Pressure Canning at Nooaitch Satellite Building 10am 4pm Meal Delivery	23 Pressure Canning at Shackan Band Hall 10 am—4pm	24
25	26 CW & Noo Water Sampling	27 Coldwater Local Medical Van Pressure Canning at Coldwater Band Hall 10am 4pm Wellbriety 6:00 - 8:00pm NVIT	28 Shackan Local Medical Van Pressure Canning at Coldwater Band Hall 10am 4pm	29 Nooaitch Local Medical Van Meal Delivery Carter Ear Clinic SCHSS office 10 Am	30 Stoyoma Dental Office Closed	31

Stoyoma Dental clients- If you need a ride van rides are available Tues & Thursdays with 24 hours