



# Sew'exmx Community Health Services Society

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# November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Nov 6, 2019 Nooatich Flu Clinic at the NOO Band Hall 2-6 pm</p>		<p>NOO Drop In 3:30 to 5pm</p>	
3	<p>4 CW &amp; Noo Water Sampling</p> <p>Parent &amp; Tots CW: Cheesy Beef Goulash CW School 10 am</p> <p>Girls Group 5-8 SCFSS Downtown Office</p>	<p>5 Coldwater Local Medical Van</p> <p>CW After School Drop CW Access Ctr 3:30-5pm</p> <p>CW Gym Night 6-7:30 pm</p> <p>Coldwater Flu Clinic at the CW Band Hall 10 am-6 pm</p> <p>Wellbriety 6:00-8:00pm NVIT</p>	<p>6 Shackan Local Medical Van</p> <p>CW Girl Power Group See Lucy 3:30 pm-5 pm CW Access Ctr</p> <p>Parent &amp; Tots NOO Cheesy Beef Goulash NOO Satellite Office 10 am</p> <p>Swim &amp; Gym 3:30pm-5:00pm</p> <p>Aboriginal Parenting Program Week 2 Must Pre-Register 6-9 pm</p>	<p>7 Nooatich Local Medical Van</p> <p>Shackan Flu Clinic at the Shackan Band Hall 1-5 pm</p> <p>Meal Delivery</p>	<p>8 NOO Drop In 3:30 to 5pm</p> <p>Parent &amp; Tots All Bands Swimming with Carly Pick up 10:30 11am - 1 pm</p>	9
10	<p>11 REMEMBRANCE DAY</p> <p>SCHSS OFFICE CLOSED, STYOYOMA DENTAL CLOSED, NLAKA PAMUX OFFICE CLOSED</p>	<p>12 Coldwater Local Medical Van</p> <p>CW &amp; Noo Water Sampling</p> <p>CW After School Drop in CW Access Ctr 3:30-5pm</p> <p>CW Gym Night 6-7:30 pm</p> <p>Drop In Flu Clinic SCHSS Office 9am-4 pm</p> <p>Wellbriety 6:00-8:00pm NVIT</p>	<p>13 Shackan Local Medical Van</p> <p>CW Girl Power Group See Lucy 3:30 pm-5 pm CW Access Ctr</p> <p>CW Parent &amp; Tots Apple Cinnamon Play Dough CW School 10 am</p> <p>Swim &amp; Gym 3:30pm-5:00pm</p> <p>Aboriginal Parenting Program Week 2 Must Pre-Register 6-9 pm</p>	<p>14 Nooatich Local Medical Van</p> <p>Meal Delivery</p>	<p>15 NOO Drop In 3:30 to 5pm</p>	16
17	<p>18 CW &amp; Noo Water Sampling</p> <p>Hit Like a Girl 5-8 pm Shulus Hall</p> <p>Mom &amp; Tots Beading at the SCHSS Board Room 10am -2 pm RSVP Carly 5 spots available</p>	<p>19 Coldwater Local Medical Van</p> <p>SCHSS AGM Nooatich Band Hall 5:00 pm</p> <p>Mom &amp; Tots Beading at the SCHSS Board Room 10am -2 pm RSVP Carly 5 spots available</p> <p>Wellbriety 6:00-8:00pm NVIT</p>	<p>20 Shackan Local Medical Van</p> <p>Swim &amp; Gym 3:30pm-5:00pm</p> <p>Elders Meeting 1 pm</p> <p>CW Girl Power Group See Lucy 3:30 pm-5 pm CW Access Ctr</p> <p>Aboriginal Parenting Program Week 2 Must Pre-Register 6-9 pm</p>	<p>21 Nooatich Local Medical Van</p> <p>Meal Delivery</p> <p>Mom &amp; Tots Beading at the SCHSS Board Room 10am -2 pm RSVP Carly 5 spots available</p>	<p>22 Parent &amp; Tots All Bands Swimming with Carly Pick up 10:30 11am - 1 pm</p>	23
24	<p>25 CW &amp; Noo Water Sampling</p> <p>Gym Night at Nic Can 6-7:30 pm</p> <p>CW Parent &amp; Tot with Carly making Corn Shaker Bottles CW School 10 AM</p>	<p>26 Coldwater Local Medical Van</p> <p>CW After School Drop in CW Access Ctr 3:30-5pm</p> <p>CW Gym Night 6-7:30 pm</p> <p>Wellbriety 6:00-8:00pm NVIT</p>	<p>27 Shackan Local Medical Van</p> <p>CW Girl Power Group See Lucy 3:30 pm-5 pm CW Access Ctr</p> <p>Swim &amp; Gym 3:30pm-5:00pm</p> <p>Aboriginal Parenting Program Week 2 Must Pre-Register 6-9 pm</p>	<p>28 Nooatich Local Medical Van</p> <p>Meal Delivery</p> <p>Learn How to Insta-Pot with Darlene, at SCFSS Feel the Beat 4-8pm</p>	<p>29 NOO Drop In 3:30 to 5pm</p>	<p>30</p> <p>Stoyoma Dental clients- If you need a ride van rides are available Tues &amp; Thursdays with 24 hours notice***</p>