Scw'exmx Community Health Services Society

Annual Report



2021-2022



An empowered organization is one in which individuals have the knowledge, skill, desire and opportunity to personally succeed in a way that leads to collective organizational success.

- Shawn Covey

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY

103-2090 COUTLEE AVENUE

MERRITT, BC V1K 1B8 PHONE: 250 378 9745



MISSION

We are all going to help each other.

So that we will always go on the right path.

In everything.

If we all prepare ourselves we will all be strong.



GOALS

- ⇒ To preserve, foster and enhance client health through clearly communicated programs that incorporate fundamental concepts of prevention; intervention; support; and integration
- ☼ To incorporate holistic and cultural language, competencies, traditional ways, care for land values into the development and delivery of SCHSS programs through consultation with SCHSS clientele, program staff and external health care agencies
- To increase access to health services and programs
- To create healthy, healing communities

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SCHSS Chairperson Report for Fiscal 2021-2022



This fiscal year starting March 2021 to April 30, 2022 came with many challenges for all of us. We were all still struggling with working around the COVID 19 restrictions. The COVID19 vaccinations came available in the beginning of the fiscal year for our 3 communities. Thank you to our nurses who got out to our communities in early part of the fiscal year, to ensure our community members got their first COVID19

vaccination shots.

For the families who had losses, we want to send condolences. From these losses, seven of them were members of our 3 communities, and the other three were relatives of our community members.

A couple of these deaths were caused from COVID19, and our families were unable to hold a proper service right away causing more grief with these families. These losses show how much our three communities have been impacted with grief amidst all the other traumatic events.

Now to mention the traumatic events that had huge impact on our three communities was, the announcement of the 215 children's graves revealed at the Kamloops Indian Residential School (IRS). Then on June 30, 2022 the town of Lytton buried right down, and this fire moved towards the Shackan and Nooaitch communities forcing Nooaitch members to evacuate on August 14th, but Shackan members evacuated before that date. Afterwards we had the Flood that happened November 14, 2022 forcing Shackan and Nooaitch members to evacuate once again, with Nooaitch community losing all access out of the community, due to all the bridges collapsing from the flood. There was four Nooaitch community members who lost their homes from the flood, and Highway #8 eroded from Nk'wala Park to past Shackan to Spences Bridge, leaving no access on that road. All the Shackan members were all forced to evacuate from their homes from the fires and flood. Then the fire from the Coquihalla highway forced some of our Coldwater members to evacuate too. The flood also impacted some of our Coldwater members who had to evacuate, and some are still not back in their home. All these traumatic events have made it more difficult for our SCHSS Health staff to access our members to provide supports. I got to hand it to our nurses, they still found ways to deliver medications to our members and our Mental Health staff found ways to reach members too.

When reflecting upon on this past year, our community members either lost their home, or had to evacuate from their home for some time, and some are still living in hotels or with someone waiting to get into house, and the road closures and damage to the roads, has caused delays in getting to appointments and now takes way longer to travel to Lytton area. The cost of living has gone up, gas costs and groceries along with all the traumatic events and family losses, all this has brought much stress on our community members. And to our staff members, who had damage to their homes, but they continued to come to work to provide health service to our community members.

I would like close in acknowledging our SCHSS Executive Director for keeping everything moving amidst all the traumatic events; and to all our SCHSS Board Members, Mike Smithers (Coldwater), Veronica Jameson (Coldwater), Chief Arnold Lampreau (Shackan), Yvonne Joe (Shackan), and Olivia Buck (Nooaitch) for continuing to hold Board meeting and carry out addressing issues that needed attention through this traumatic time.

This concludes my report, Ko'waintco Michel (Nooaitch Board Rep) SCHSS Chairperson



EXECUTIVE DIRECTOR'S REPORT: THE YEAR IN REVIEW

I start off this report with regrets as I have informed the SCHSS Board that I will be retiring in 2022. The exact date has not been confirmed yet and I will be staying on until my replacement is identified.

The COVID-19 continues to put upon us restrictions. Everyone has had to learn new ways of interacting and new variants challenge us. Fortunately these new variants are less aggressive than the original, but still a virus to be concerned with.

<u>External Relationships</u> – We continue to work with Interior Health Authority to ensure the best possible services are available to our membership.

The LOU table continues to provide an avenue for discussing things such as hospital access and professional services.

Interior FNHA – while I no longer sit on any of these panels, I do keep in touch with all the various representatives to ensure SCHSS is at the leading edge of funding opportunities.

I have been actively involved with a local doctors group in looking at better ways to provide primary health care to our people.

<u>Internal</u> – we have virtually finished our newest Accreditation. There are a few items to be finalized and it will be done.

Elizabeth Perdok-Waboose has joined the Wellness team and brings a wealth of experience and knowledge to SCHSS.

<u>Youth</u> – This drop-in centre is returning to face to face programming for the youth as COVID-diminishes.

The Dental Clinic is in its 9th year of operation.

Dr. Karthic Lakshmi Narayanan continues to be our lead dentist. We are down a Hygienist and actively seeking to fill this position.

As reported last year, the dental office now has a Hepa air filtration system with UV to enhance our commitment to continued service while reducing the risk of infection during these trying times.

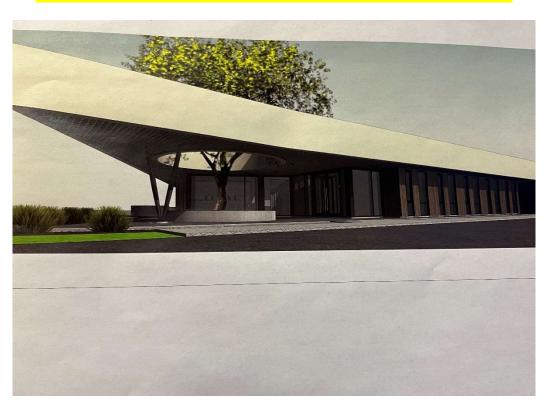
Nlaka'pamux Nation

SCHSS continues to support the Nation in developing a strong Mental Health & Addictions counselling team as well as a wellness team.

SCHSS is under contract to the Nation for fiscal and accounting services and we sub-lease some of our vehicles to them.

Respectfully Submitted Jim Adams, CAFM, CPA-CGA, MBA, Executive Director

SCW'EXMX COMMUNITY HEALTH SATELLITE BUILDING IN COLDWATER RESERVE



OPERATIONS MANAGER'S REPORT 2021-2022

Operations Managers Report 2021/22

Among my responsibilities are the day-to-day financial processes and the Human Resources duties of the office. This includes overseeing payroll, accounts payable, receivable, managing staff leaves, bank deposits, Tax and CRA submissions, and keeping Society Records up to date. I continue to administer our Group Insurance and Pension Plan.

Reporting to the Executive Director, and working as a part of SCHSS's Management Team, I supervise our 2 Community Youth Workers, Reception, the NIHB Clerk, the Finance Assistant/Dental Van Driver, Administrative Financial Assistant, and the Medical Van Driver. I also serve as a liaison with our outside service providers and work to develop sustainable relationships with our internal/ external stakeholders.

Selena Henry has returned to SCHSS following her Maternity Leave. Selena is now processing the biweekly payroll for SCHSS, Stoyoma Dental and Nlaka'pamux Health Services Society. Selena takes care of the Pension, Benefits and Tax submission responsibilities for the Nlaka'pamux Health Services Society. Selena also provides additional finance/administrative support for the Executive Director as needed. Wendi Harder is our Non-insured Health Services (NIHB) Clerk and main office Administrative Assistant/Reception. Wendi is also responsible for the organization and booking of our bi-annual Eye Clinics with Dr. Ahmed now that COVID-19 restrictions have lifted. Wendi also provides additional administrative support for the Executive Director/Operations Manager as needed.

Kimberly Bent is our Finance Assistant/Dental Van Driver. Kim is responsible for our Accounts Payable, filing and providing clerical support to the Operations Manager. Kim also processes the Accounts Payable for Stoyoma Dental and Nlaka'pamux Health Services Society.

With the lifting of COVID-19 restrictions, SCHSS provides our Stoyoma Dental Clinic clients transportation to and from their scheduled appointment 2 days per week. This service had significantly reduced the barrier of lack of transportation to Dental services. With the installation of a plexiglass barrier in our Dental Vehicle, we are beginning to offer this service again.

The Medical Van which provided daily transportation for clients to Kamloops for medical specialist appointments, has been suspended until further notice. The Community Medical Van that provides weekly transportation for our community clients to their in town medical appointments, is running again as previously scheduled. This includes weekly scheduled service from Coldwater, Shackan and Nooaitch.

I am still pursuing my Certified Employee Benefits Specialist certification (CEBS) and additional related training to further develop and enhance my skills to better serve our Society's needs.

COVID-19 has certainly provided challenges and changes within SCHSS programming and administration in the last year, but we are up to the challenge and will continue to provide our services in a manner that is safe and healthy for both our staff and of the members of the Communities we serve.

Respectfully,

Lori Clark CAPA Operations Manager SCHSS

Annual Report 2021-2022 Finance Assistant Report

I am Nlaka'pamux First Nation born raised in Lytton, B.C and moved to the beautiful Nicola Valley in 1985 where I met and married my husband Cedric, whom is a member of the Lower Nicola Indian Band and we currently reside. I exceptionally take pleasure working and being a part of Scw'exmx Community Health Service Society, as the Finance Assistant/Dental Driver, since August 15, 2015.

As the Stoyoma Dental Van Driver, I am responsible for transporting clients to and from appointments as scheduled by Stoyoma Dental Office for every Tuesdays & Thursdays.

I enjoy the dental drives but more over meeting and visiting people too, within the local community from Shackan, Nooaitch, Lower Nicola, Coldwater and Zoht.

As the Finance Assistant, I am responsible for Accounts Payable bi-weekly as well providing clerical support to the Operations Manager, Executive Director also provides backup support for the Front Desk.

I am pleased to be a part of the Scw'exmx Community Health Services Society team that provides many services and supports to the Community members for their wellbeing.

Kwukwscemxw,

All my relations,

Kimberly Bent

NON-INSURED HEALTH BENEFITS



Hello, my name is Wendi Harder. I have been working for Scw'exmx Community Health since February 2021.

I provide Non-Insured Health Benefit services and information for the three local communities of Coldwater, Nooaitch and Shackan. If you have any questions or concerns, you can also phone 250-378-9745. Scw'exmx

Community Health Services Society (SCHSS) provides services to all registered on-reserve First Nations members that reside on Coldwater, Nooaitch, and Shackan reserves. **Please note**: Medical Travel is not meant to cover all your costs.

<u>Off-reserve band members:</u> There are forms for off-reserve band members that can be filled out and sent off to: First Nations Health Authority, Health Benefits Program Client Services. 540-757 West Hastings St. Vancouver BC V6C 1A1. I can assist you with filling out the forms. FNHA will direct any outcomes and decisions to each individual at your mailing address.

<u>Client Responsibilities:</u> Whenever possible, notify the NIHB clerk at least 5 days prior to your appointment. You are to provide the name of the doctor, ophthalmologist, dentist or whatever type of doctor you are going to see and what they specialize in. You also need to include a phone number of the doctors' office.

<u>Client Responsibilities:</u> Whenever possible, notify the NIHB clerk at least 5 days prior to your appointment. You are to provide the name of the doctor, ophthalmologist, dentist, or whatever type of doctor you are going to see and what they specialize in. You also need to include a phone number of the doctors' office.

If your place of residence or phone number changes, please notify the NIHB clerk immediately. This is so important so that the drivers can be notified as to where to pick you up and to be able to phone you ahead of time to let you know when they will be picking you up.

If you must call an ambulance to be taken to the hospital, please give them your status card and self-identify as being first nation, especially if you don't look to be of first nation descent.

Medical Transportation Benefits:

SCHSS provides assistance with transportation to the nearest appropriate health professional or health facility for clients to access eligible medically necessary health services that cannot be obtained on the reserve or in the community of residence. This may include assistance with meals, accommodation, and mileage when these expenses are incurred while in transit for approved transportation to access necessary medical health services. Except in emergency situations, access to medical transportation benefits requires prior approval. Information that is required before you receive financial assistance: Name and phone number of the doctor, dentist, or clinic and type of doctor that you are seeing. Confirmation slips are required to be signed or stamped by the receptionist, Doctor, nurse of the clinic or office where the appointment occurs.



Medical Van:

SCHSS provides a community van for clients from Coldwater, Nooaitch and Shackan communities to attend medical appointments locally in the city of Merritt. The van leaves town at 8:30 a.m. to pick up clients, or dependent on first appointment of

the day. If Client is not ready or at the pick-up location assigned by the driver, the client will be fully responsible for finding their own way home. Please note: Clients must not be under the influence of alcohol or street drugs to access this service

The schedule for the community van is as follows:

Tuesday: Coldwater Wednesday: Shackan Thursday: Nooaitch

EYE EXAMINATIONS:

The NIHB program funds routine eye exams once every two years for adults-from the age of 19 to 64 years children under the age of 19. Adults over of the age of 64 are eligible for yearly eye exams through Pacific Blue Cross. Eligibility for eye wear is every two years for clients between the ages of 19 and 64. Clients under 19 and over 64 are eligible every year as well as diabetics Maximum coverage for eye exams: \$ 100.00

Maximum coverage for single vision frames: \$275.00.

Maximum coverage for high index lenses: \$415.00

Please note, that it is better to talk to your Optometrist or ophthalmologist to see what your needs are, and for them to send away for approval through the Non-Insured Health Program---Pacific Blue Cross.

EYE EXAMS THROUGH SCHSS ARE FREE OF CHARGE TO STATUS MEMBERS

It is important for clients to understand that each optometrist sets their own rates for the costs of eye exams. For example, one clinic might charge \$20.00 for an eye exam, over and above what First Nations Health Authority will pay which is \$100.00 The client will be responsible to pay for the extra costs. In order, for you as the client not to pay out of your own pocket, find a clinic that direct bills FNHA the rate covered by FNHA.

Just a friendly reminder, that SCHSS hosts two eye clinics a year with Dr. Ahmed, and he directly bills to FNHA Blue Cross. We held two eye clinics this past year March 28-31 and August 22-25, 2022. 85 Clients attended the spring clinic and clients attended the August Clinic. If there are any clients that would like to attend one of the SCHSS clinics, please contact the NIHB Clerk, at 250-378-9745. You will be required to provide the following: Your legal name, your status number, care card number, date of birth and a contact phone number. The next eye clinic may be scheduled for August 2020, if this.

BC Medical Services Plan Premiums (BCMSP)

The Provincial Ministry of Health administers the BC Medical Services Pan (BCMSP); this program ensures that all eligible BC residents have access to medically essential care. As of February 2018, every BC citizen must have been registered with BC Medical Services. Please note: if you need a new care card, you can still go to Hub Insurance and ask for one, it will cost you \$ 20.00 because the card now has a picture and can be used for ID. If you need to make changes to your plan, for example, Change/correct account holders' information, change



of address information, add, remove or change/correct information for a spouse or child, please see the NIHB clerk for the forms. If and/or when you move back to your reserve, it is important for you to fill out a change of address form and send off for your care card. If you require medical treatment and apply for medical service assistance you could be denied and must pay for medical costs,

It is very important to register your baby/child(ren) with Aboriginal Affairs Northern Development Canada, as soon as possible. Once a

baby has a status number, you can apply for its own personal health number (care card). Once your baby turns 18 months old, he/she is not covered under either parent, then, parents can expect to be paying for health/medical bills. Upon approval of the plan by BCMSP, premium costs will be paid direct by First Nations Health Authority (FNHA).

Also, once a person turns 19 years old, they need to apply for their own personal health number (care card). All applications must have copies of your birth certificates, status cards or passport, both sides, included with your application.

Medical Equipment & Supplies

are available to registered First Nations and Inuit for personal use, provided the item(s) is on the approval list and prior approval is granted by NIHB. Our office does have some equipment and supplies available, you can ask the nursing department here at the health office. A person could also check with the Nicola Valley Hospital (Red Cross) for availability.

Pharmaceutical/Drugs

The Non-Insured Health Benefits program provides coverage for specific drugs, such as prescription drugs, some over-the-counter drugs, propriety medicines, and extemporaneous products (something applied externally). FNHA provides a Drug benefit list which is updated every quarter and is available on the FNHA website at www.hc-sc.gc.ca/fnha.

Dental

Coverage for dental service is determined on an individual basis; although some require Benefit Exceptions, which FNHA authorizes. NIHB only covers what is considered 90% of the Dental Fee guide, so clients may have to pay the remaining 10% of the bill. If you require sedation for dental surgery, you may have to pay for the sedation fee.

Dentures: The client would have to see a dentist or denturist first. Some of the criteria to receive dentures may include teeth spacing, missing teeth. The denturist usually charges more than what is covered by FNHA and the client would be responsible for these costs. The dentist normally doesn't charge over and above FNHA costs. There are 2 different types of dentures, the acrylic which is eligible for replacement after 5 years The plastic dentures are eligible for replacement every 8 years. The costs approved for upper dentures are usually \$ 634.27 and the lower dentures costs covered are \$ 745.47. It is important to ask your dentist or denturists about what is covered and what you the client would be responsible for. This is very basic information regarding dentures, for more information you can call FNHA at 1-888-321-5003. Stoyoma dental clinic can also assist/direct you in the matter of dentures as well Stoyoma Dental clinic opened on May 1, 2013. Since the opening, all clients in the surrounding area can access a dentist locally. Stoyoma Dental is still accepting new patients. The Stoyoma billing systems is unique in that they don't charge the extra 10% to First Nations clients. Since there is access to a dentist locally, NIHB won't fund to see dentists out of town. However, there are exceptions for referrals to out of town orthodontics specialist appointments. Young infants or children may have their costs covered if they are referred to a pediatric dentist, orthodontist in other cities.

If you would like to book an appointment, call Stoyoma Dental Clinic at 250-378-5877. Also, please note the clinic has moved to 2088 Quilchena Ave. next to the Royal Bank. Submitted by, Wendi Harder

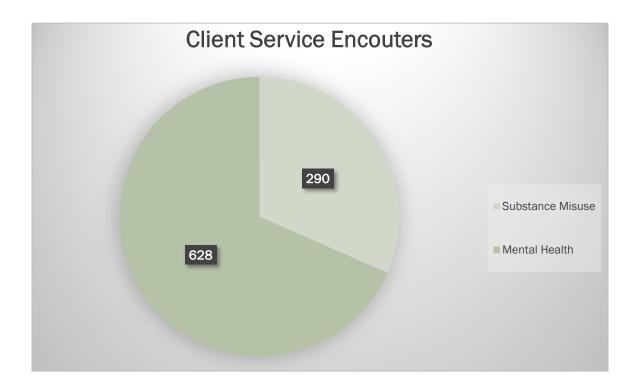
MENTAL HEALTH AND ADDICTIONS

2021 - 2022 FISCAL YEAR

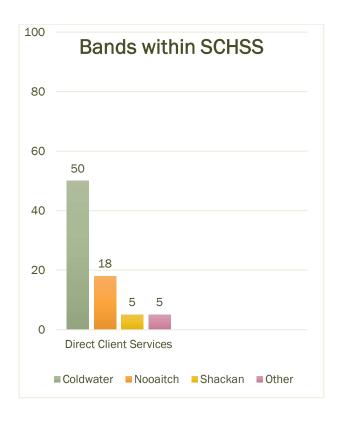
Hen'te? Coldwater, Shackan and Nooaitch community MEMBERS

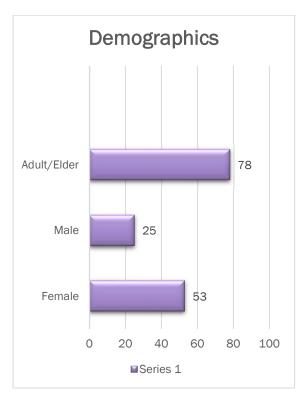
My name is May George, I have been the Wellness Team Manager at Scw'exmx Community Health Services for the 2021/2022 year. This has been my 18th year at SCHSS. I appreciate working with so many families and community members, and am grateful for the many learning opportunities. It has been a very challenging year with COVID-19, fires and floods. We have had to adapt to the concept of zoom meeting and telephone sessions as a way to stay connected to community. Our team had a busy year with counselling services — our focus has been on substance use and trauma-informed practice, through responding to community needs to the best of our abilities both through professional development and offering direct services that are timely and appropriate to individual community members. We are excited about the learning we have done this year, and will continue to work hard throughout the coming year!

With Respect, May George



Wellness Team Service Statistics





• **52 new** clients came into service during the **2021/2022**year, in addition to the clients in service from the previous year(s), **1156** *new* clients have come into service from 2008 – 2022.

Community Connections 450 hours

It has been challenging in finding ways to stay connected with communities. Our goal was to stay connect and provide discussion and education around the specific mental health and substance use issues during this difficult year of COVID, wildfires and flooding.

SCHSS Wellness Bag Distribution
Community member wake (00)
Community member funeral (00)
MMIWG Walk
Sage Picking
Sage Prepare
Lytton Residential School Ceremony
Lower Nicola School Ceremony
Lower Nicola Emergency Support Services
Merritt Emergency Support Services
Shackan Emergency Support Services

MH Team Building Shackan Breakfast Gathering Shackan Wellness Circle Shackan Emergency Support Services
Shackan Community Meeting
SCHSS Elder's Luncheon
Adams Family Memorial
MMIWG (SD#58)
Community Member Memorial (SS)
CW Good Food Box
SD # 58 Good Food Box
NHSS Wellness Gathering
Merritt Resiliency Centre
Shackan Wellness Circle – Civeo
MMIWG (Merritt)
SCFSS & SCHSS Youth Outreach

Trauma – informed practice is a strengths-based framework that is responsive to the impact of **trauma**, emphasizing physical, mental, spiritual, and emotional safety for both service providers and community members, particularly by creating opportunities for community members to rebuild a sense of control and empowerment. Our team utilizes a **holistic** and **trauma-informed approach** within our service delivery framework, acknowledging the inherent right of all persons to be treated with dignity and respect.

IN 2021-2022, 1 MEMBER OF OUR COUNSELLING TEAM COMPLETED FOUNDATIONS OF SATIR TRANSFORMATIONAL SYSTEMIC THERAPY PART B.

<u>Administrative, Program Development/Planning & Research/Program</u> Development

<u>Developillei</u>

2683 hours

Clinical Supervision

63 hours **Programs** - 54 hours

Professional Development:

Training/Workshops/Education/Forums/Webinars/Conference Calls, etc., that Wellness Team completed or participated in. 416 hours

HOME & COMMUNITY CARE



Home & Community Care Program Annual Report

Scw'exmx Community Health Services April 1 2021 to March 31st 2022

Communities: Coldwater, Nooaitch, Shackan

Hello, my name is Rena Jones, and I am the Home Care Nurse and Manager of our Home and Community Care Health Services Department. I have worked for Scw'exmx Community Health for the past 14 years. Our department consists of two Registered Nurses, one for Home & Community Care and one for Community Health. We have one Licensed Practical Nurse, one Community Health Representative, one Personal care aid and one Early Childhood Educator.



The Home and Community Care Program provides nursing services through a variety of support services. It is designed to be comprehensive, culturally sensitive, accessible, effective and equitable to that of other Canadians. The program responds to the unique health and social needs of First Nation Communities through the First Nations Health Authority. We are focusing on goal- oriented care so that clients do not develop a dependency on receiving services after their goals are met. We assist clients to live in their community as independently as possible, preserving and encouraging enhancement of support provided by family and community.

The Home & Community Care Program works in Partnership with other service providers for clients and families. This helps to increase the effectiveness of community care and eliminates the gaps and duplication of

services. Our services are managed effectively and efficiently, demonstrating accountability for the use of health care funds.

This past year has seen many hardships and challenges that have been brought about by the Covid 19 Pandemic. We will continue to do our best, face those challenges head on, and forge ahead.

Rose Dionne is our Community Health Nurse. She has worked for Scw'exmx Community Health for the past 10 years. She works with our communities' families and children, elders and partner organizations. She does Baby immunizations, adult immunizations, Flu clinics, Covid clinics.

Bonita Eagles is our Community Health Representative. She does EHO Program and water track data entry. She obtains water samples from 2 of our communities.

Bonita is also our Diabetes Prevention Worker and program director. She organizes programs such as the Orthotic clinic, Car Seat Clinics, Food Safe Workshops, Smart Shop Tours, Infant Massage, First Aid and Food Skills for Families. She does Diabetic education and nutritional counselling with clients and their families. She refers clients to our nurses for assessment and medical management. She attends all Scw'exmx events providing education on health and wellness. She always has a smile on her face and is well received by our community members.

Dawn Chypyha is our is our Personal Care Aid. She provides personal care such as bathing, assistance with hygiene, foot care and haircuts if requested by her clients. Dawn will also help elders do meal preps. Dawn is well known in our communities and offers support and encouragement during her visits with community members. She is always willing to help you out when needed. Crystal Lindley our LPN. She looks after Nooaitch and Shackan Band community members and provides nursing care. She assists both Rose our CHN and me with our programs. Crystal is responsible for our TB Program and does skin tests for community members. She has the STD program. She provides education as well as delivering condoms to locations in our communities. She also has the frozen meal program for those who are nutritionally at risk.

Carly Obenauer is our Early Childhood Educator. She works under Rose Dionne our CHN. She has also been trained to do the EHO Program and covers for Bonita when she is not available.

Home & Community Care Support Services Include:

- Home visits to clients with acute or chronic conditions. Services are limited to Covid 19 precautions. Clients are assessed and home visits will be done if the client is at high risk.
- Medication management and monitoring for therapeutic intervention is done on an ongoing basis.
- Wound care in conjunction with IHA wound care clinic.
- Assistance with access to medical equipment supplies or travel.
- Health teaching for clients and delivery of educational material.
- Assessment and Reassessment of home making evaluations are done twice a year for each band in March and October. These assessments are done by me, and I hand them into the social development worker for each band. I also do new assessments during year if a community member is in need. The band have the funding from FNSDP for homemaking services and they employ the homemakers. This has been a challenge for me this March as none of our 3 bands have a social development worker presently employed. Nevertheless, I have submitted them to each band office. They are actively trying to fill these positions.
- Palliative Care in monitoring in linkage with IHA home health nurses.
- Advocating for clients when needed by attending appointments with and family doctor or other health care providers.
- First Aid Course as needed for certification of staff. The next First Aid course for our staff is on April 28, 2021.
- Chronic Disease and Self-Case Management Workshops.
- Home & Community Care support services continued.
- Mammogram clinic linking with LNIB.
- Foot Care Program
- Frozen Meal Program for clients who are nutritionally at risk.

Respectfully submitted, Rena Jones RN HCN

ANNUAL REPORT CHR/CDPW BONITA EAGLES

This is the end of my **14**th year with Scw'exmx Community Health Services Society. I continue to enjoy my interaction with all the community members.

The positive changes in programming at Scw'exmx Health, provides the opportunity to create healthier lifestyles for those seeking it.



PROGRAMS:

Our Department strives on doing at least one major event per month throughout the year along with our regular programming.

Environmental Health Program: This is a full- time position for me with Carly Obenauer as my back up. The year went very smoothly without any real issues. We met all FN Health contractual requirements for the communities of Coldwater and Nooaitch. The bands have been supplying water jugs for those living with ongoing water issues and collaboration with Scw'exmx Water Technicians is strong. This past year regular weekly samples were taken from all the well systems in Coldwater and Nooaitch reserves for a total of 501.

My technician training for Carly involved field visits of pump houses, residential mapping, computer data entry to band maintenance depts and Water Trax entries. Carly completed 2.5 months of full sampling this year in my place. She found it to be very rewarding and I was very grateful.

<u>Seabird Island Diabetes Mobile Clinic</u>: Seabird Island Diabetes team comes once a year for one to two days. We link with Lower Nicola Health Centre, the mobile clinic serves communities by providing diabetes care, including vision and blood testing. This will prevent long-term complications of diabetes. The team consists of Nurses, Vision Technicians, and me, the Comm. Diabetes Prevention Worker. This team works with Dr. Maberely (Eye Specialist) and Dr Dawson (Endocrinologist) from Vancouver whom in turn works with the family physician to make referrals and do follow ups when required.

<u>New Life Celebrations</u>: This year's dinners focused around New Life Celebrations with 42 in attendance in Shackan and 32 in Nooaitch.

<u>Vitals Clinics:</u> Throughout the year each month I hold a Vitals clinic in both Nooaitch and Shackan and Coldwater communities. Participants: Shackan-5, Nooaitch-16 and 6 also walk regularly on their own. CW had 11 participants. CW School trains for the annual Sun Run in Vancouver (2) with the health team at Scw'exmx on hand for any health information and health checks as requested during training times. Health team: CHN and CHR. SCHSS youth leader and community members also participated in the Sun Run in March 2019. 34 Blood Sugars were taken and 23 Blood pressures. Elder Contacts 157.

Food Skills for Families: Developed and Utilized by the Canadian Diabetes Association, it's a six session First Nation focused healthy cooking program that aims to teach and encourage healthy eating in a fun relaxed atmosphere. The program strives to strengthen cooking confidence and skills with a focus on improving food knowledge necessary to make sound meal, snack and beverage choices, and increasing fruit and vegetable consumption. This year's focus was on Webinar and Conference call education for me as a facilitator. The Canadian Diabetes Association has also changed the curriculum in 2017 with the changes being applied smoothly.

<u>Nutritional Tours:</u> As part of my Food Skills for Families curriculum I conduct Nutritional tours at "Save On Foods" for participants who then received a \$25.00 gift certificate to put towards their purchases based on the Canada Food Guide, and "Live Well, Eat Right" book. Reading Food Labels was a huge component of teaching this past year.

Food Safe Certifications: Linking with EHO, Kamloops and Conayt Friendship Society/Merritt Mom's, this is an annual winter program for spring job readiness. **31** Community members participated and completed this **8-** hour course and exam. One client did not pass and will be offered a re-write. I am so proud of each of them! Due to the changes in the program requirements with renewals to take place every five years now, a lot of the community members scrambled to renew. We held one class in January 2020 and will offer another in April 2020. This is tentative due to Co-Vid 19.

<u>Child Passenger Safety Program:</u> SCHSS has three Certified Technicians. As part of the training a child passenger safety seat clinic is included. Many new style car seats have been developed making them safer and more user friendly for family to install and use.

<u>Infant Massage</u>: As a Cert. Infant Massage Instructor, my skills are utilized at Scw'exmx on a referral basis though the CHN. This year the AIMA Infant Massage

Biannual Conference and Stroke review was held via teleconference/video so I was able to renew my certification with the stroke review.

<u>Burnaby Orthopaedic Clinic:</u> This year was our sixth year holding the clinics. We linked with Lower Nicola Health Services again this year so follow up fittings could be performed, and community members were not missed due to referrals from their doctors for orthotics, Compression socks, to knee/back braces. **52** in attendance over three clinics.

<u>Loan Library:</u> This library was developed for the benefit of the community members and staff with resources ranging from Diabetes to Stress/Harm Reduction and Healthy Gardening/Canning. This library

is used regularly and has proven to be a great resource asset. This past year saw an increase in Elder usage in composting, gardening, relaxation, and exercise. Manager, Lorna Shuter of the Lower Nicola Community Gardens borrows books on preserving and gardening and we link often on food security and grant opportunities.

<u>Emergency Response Medic Aid-</u> Working with the Interior Emergency Response Systems in Kelowna, SCHSS placed 19 units in our communities. Safety/Help is only a button push away. This system is parallel to Lifeline but at a substantially reduced rate. Interior Medic Aid Response Systems supports our staff and community members with knowledge and professionalism.

Mobile Mammogram Clinic: Linking with LN Health we are now promoting Mammograms at our own FN Health Centres. This will now be an annual event for our community members. Several clients also attended the mobile clinic at the Extra Foods parking lot this past year as the hospital renovations prohibited clinics there. 1 Client was referred this year to the Lower Nicola Clinic. Most book on their own as notices go out to the communities.

CHR Referrals to: NIHB- **96** (for travel, eye clinics & cost coverage)

Dietician- 1

Mental Health & Addictions Dept- 1

Dental-1

Progressive Step Orthopaedics-2

Burnaby Orthopaedics and Mastectomy-52

Romac Orthopaedics-3

Carter Hearing-38

Access Hearing Clinic- 3

Referrals to other agencies-Emerg. -1

Physicians- 2

Eye Clinic- 4

HCC e-SDRT Reporting: Is an electronic service delivery reporting template which I complete on a monthly basis for the HCC Program. This is statistical information for FNHA.

<u>Participation in Other Programs</u>: Annual Flu Clinics, CPNP, HCC,TRU/NVIT nursing student practices, EHO mold inspections, New Life Celebrations, Annual Elder's Christmas Gift Cert. Gifting (25), Scw'exmx AGM, , Car Seat Inspections (PRN),Palliative/Hospice program Development, Canadian Diabetes Webinar <u>Chronic Conditions Self-Management Program</u>: This program helps people with chronic conditions to better manage their symptoms and their daily lives. The workshop is over a six-week period and provides information and teaches practical skills. It gives people the confidence and motivation they

need to manage the challenges of living with chronic health conditions. **13** participants. **Diabetes Self-Management Program:** This program was developed at Stanford University Patient Education Research Ctre. and is designed to work with the Living a Healthy Life with Chronic Conditions. We had **12** participants.

<u>CHR/CDPW Stakeholder Interaction Linkages</u>: **49** Agencies and Depts. **Personal Growth and Development**:

- 1. Webinars- Canadian Diabetes Assoc.
- 2. Community Food Centre Webinars
- 3. Anxiety, Crisis & Trauma Webinar from CRT Institute
- 4. Staff Sunlife Financial Workshop
- 5. Course- FNHA Palliative Care Approaches
- 6. SCHSS Policy and Procedures for Health & Safety Review meeting
- 7. Staff Self Defense Course
- 8. Refresher on E-ESDRT reporting systems with Susann Hale
- 9. ESDRT Webinar
- 10. CW Emergency Kits Workshop
- 11. Re-certified WHIMIS Course
- 12. Fire Drills and 1 Evacuation from the building
- 13. Rural Site Meeting
- 14. Non- Violent Communications with Leslie Williams
- 15. Aboriginal Cultural Safety- "How to be an Ally in Healthcare".
- 16. Cultural Competency- An intersectional Perspective on Gender Sexual Diversity
- 17. Financial Social Work Certification Webinar: An insight and Overview
- 18. Respiratory Fit Test Certification & OH+S Canada
- 19. FNHA Immunization Schedule Webinar w/ Julene Cranch, Clinical Nurse
- 20. Escorted CW Elders on Kootenay Wellness Trip

Home & Community Care Program/ Annual Report April 1, 2021 to March 31, 2022

Communities: Nooaitch & Shackan



ANNUAL REPORT FOR CRYSTAL LINDLEY, LPN

April 1, 2021 to March 31, 2022

Communities: Nooaitch & Shackan

My name is Crystal Lindley, and I am a Licenced Practical Nurse (LPN) for Scw'exmx Community Health Services Society (SCHSS). My date of hire was January 7, 2019 in a part time position. A few months later April 1, 2019 I became a full-time employee of SCHSS. I am one of the Home & Community Care Nurses that covers both Nooaitch and Shackan First Nation communities.

Some of the services provided are:

- Work in collaboration with the rest of our nursing staff at SCHSS with any health-related programs or issues within our communities.
- STD program- supply/provide condoms to facilities within our communities like Nooaitch & Shackan band offices, Band halls and our SCHSS office bathrooms.
- Falls Prevention Program in collaboration with Occupational Therapist to provide safe homes for our elders in community.
- Home and Community Nursing Care provided to clients in need- Monthly Vitals, Blood sugar monitoring, wound-care, client advocacy and attending client appointments when necessary, medication reviews and updates.
- Tuberculosis (TB) Program- Coordinate the annual TB skin testing clinic for all SCHSS staff, including Nooaitch/Shackan band staff.
- **♣** Infection Control
- Frozen Meal Program
- ♣ Provide Canning Programs for community's members to learn and partake.
- ♣ Communicable disease services- Immunizations, Pandemic planning, and preparation.
- ♣ COVID-19

I continue to complete different modules, I-learns and learning Hub to stay updated and obtain certificates that are needed. This year has been a difficult one due to COVID_19, but we push forward and do the best we can. Stay Safe!

Respectfully,

Crystal Lindley, LPN.

Scw'exmx Community Health Services Home & Community Care Program

COMMUNITY HEALTH



2021/2022 Community Health Nurse Report

Dear Coldwater, Nooaitch and Shackan Community Members;

My name is Rose Dionne, and I have been the Community Health Nurse for Scw'exmx Health Services for the last ten years. During this time, it has been my pleasure to work with our communities' families and children, elders, and partner organizations.

I was on maternity leave from February 2021 until February 2022, and my position was covered by Marina Kennedy, RN. Many of the activities below were overseen by Marina during my time away. **COVID-19**

Much of 2021 was dedicated to COVID-19 related health services. Our nursing department has been active in COVID-19 testing, immunizations, and educating community members about prevention, public health mandates, symptom management, isolation requirements, etc. Some of our services continued to be postponed or done remotely though 2021, as community members and staff were in the process of completing their COVID-19 immunization series. We required (and continue to require) clients to be immunized with at least 2 doses of COVID-19 vaccine before entering the SCHSS building. This is for the safety of staff and community members. We also continue to require client and staff masking during appointments, as provincially mandated for all health offices.

We held multiple COVID-19 vaccine clinics during 2021, both in community and out of our office. Adult and elder uptake has been very good. **511 adults and elders have been immunized against COVID-19**. These are mostly community members, with a few staff members and visiting individuals included in the total.

There continues to be limited child/youth COVID-19 vaccine uptake in our communities. For children aged 5-12, we have immunized **21 children against COVID-19** (total for all three communities). For those aged 13-18, we have immunized **33 youth** (total for all three communities). These numbers to not include children and families who received their COVID-19 immunizations through public health, but overall show low uptake in these age groups.

Communicable Disease Control

As a mandated program, SCHSS provides baby immunizations, school-age immunizations, adult immunizations, flu clinics and tuberculosis testing.

Excluding flu and COVID-19 vaccines, there were **35** children who received scheduled immunizations this year.

We also immunized **15** adults, against diseases such as Tetanus (Lockjaw), pneumococcal infection, hepatitis, and measles/mumps/rubella. Adults born between 1970-1993, please check in with our office, you may need a measles vaccine booster!

First Nations Health Authority now covers the shingles vaccine for indigenous peoples over age 65. SCHSS has been paying for this vaccine (\$300) for interested community members aged 50-65. As of April 2020, **89** people have completed or are in the process of completing a shingles vaccine series.

We held flu clinics in all three communities and the main office in early November 2021. A total of **210** people were immunized against seasonal influenza. The number of people who received the flu vaccine through our office was **decreased by 25%** from last year. This may be related to COVID-19 limiting clinic options (clinics were appointment-only, no drop-ins). Some community members also have received flu vaccines from pharmacies and Interior Health clinics, and this is not included in the total.

Part of infectious disease control is tuberculosis testing. In prior years, we have been mandated to do yearly tuberculosis testing on health center and band staff. Because of low provincial tuberculosis rates, as of this year, annual testing is no longer required.

During the past year, we still completed tuberculosis skin testing for students of post-secondary health programs and individuals going to treatment centers.

Some people who had positive Tb skin tests required chest x-rays, but this year all chest x-rays have come back negative for active tuberculosis disease.

We purchased a new vaccine fridge in 2021. There are routinely thousands of dollars' worth of vaccines stored in our office and having a new and reliable vaccine fridge is an important asset.

Prenatal/Postnatal Programming

There were **5 babies** born to parents living on-reserve this fiscal year. Of these, 4 were from Coldwater, 1 from Nooaitch.

As part of the prenatal services at SCHSS, the Canadian Prenatal Nutrition Program (CPNP) is offered every month on an ongoing basis. This program is funded for all women living on reserve from the beginning of pregnancy until their baby reaches one year of age. Once a month, mothers receive a \$50 gift card to Save On Foods and information about nutrition, safety, exercise, what to expect during labor, and community resources. The CPNP program also promotes breastfeeding as the best choice for feeding infants. This year, 15 families were registered in the CPNP program at some point during the year, 11 from Coldwater, 4 from Nooaitch.

The CHN is responsible for regular newborn and infant health assessments. Appointments may include immunizing, weighing and measuring babies, and giving information about safety, development, dental care, nutrition, car seats, and any concerns/questions from the parents.

Parent and Child Programming

SCHSS offers a car seat loaning program. Using the right car seat and installing it correctly is an important part of ensuring a child's safety. A variety of car seat types and sizes are available on loan. Several staff members are certified in teaching families how to install car seats.

We continue to offer the breast pump loaning program. SCHSS has several breast pumps that are available to breastfeeding mothers.

We also have confidential pregnancy tests available.

Our Early Childhood Educator Carly Obenauer Carly continued to do individual family visits and group activities and events. Please see her section for more information.

SCHSS has continued to pay for swim lessons at Nicola Valley Aquatic Centre for any community children. There has been a good response to this programming, and it will continue indefinitely.

Mother's Day/New Life Celebrations:

Due to COVID-19 restrictions, our office did not hold the usual Mother's Day/New Life celebrations in community for 2021.

For Mother's Day, the Parent and Tot program offered professional family photo sessions for families with children aged 0-6. We also still gave gifts to parents with new babies, including framed baby photos with a traditional prayer, blankets (made by a local elder), and gift cards.

Gym Memberships:

Coldwater, Nooaitch, and Shackan members can sign up for a reduced-rate membership of \$15/month at Beyond Fitness. This rate has been increased by Beyond Fitness this year (previously was \$10/month). This was due to their rising financial pressures related to pandemic-mandated closures. SCHSS continues to pay a flat monthly rate to Beyond Fitness to maintain a lower member rate. This program started in November 2019 and will continue indefinitely. There are currently 46 community members who have signed up for memberships through this program.

Canning Workshops:

Due to increased workload with COVID-19 vaccine clinics, the pressure canning workshop was canceled for summer 2021. We are hoping to bring it back for summer 2022!

Naloxone:

Since 2016, SCHSS has been providing Naloxone kits to any interested community members. Naloxone is a medication that can quickly reverse opioid overdose effects. It is now available in an easy to-use nasal spray.

Anyone who would like a kit, including drug users, friends, family and community members can receive easy and confidential training at the SCHSS office or a home visit.

SCHSS staff all have naloxone kits and are trained in their use.

Administration

We continue to use the Panorama immunization record system, that allows health centers to access client vaccine records across the province. This helps us track and give vaccinations more accurately and efficiently.

Four SCHSS staff members are trained and have access to Meditech, a program for viewing electronically documented patient information through Interior Health. This allows the nursing and mental health department to work with and counsel patients based on recent diagnostics and medical care.

Respectfully Submitted, Rose Dionne, RN/CHN



PERSONAL CARE AIDE- DAWN CHYPYHA



Greetings, my name is Dawn-Marie Chypyha. I am a professionally trained Personal Care Aide (PCA) with extensive experience in the PCA position.

I have a Diploma in Home Support Resident Care, specializing in home and community care, as well as advanced training in Footcare, including a Foot Care Assessment Certificate.

I have been working as a PCA at Scw'exmx Community Health Services Society (SCHSS) since November 2002. I provide direct care to my client's doing personal care & footcare. My education and professional background provide me with exceptional knowledge, and confidence to perform all functions of personal care.

I have genuine concern and care for the well-being of my client's respecting their beliefs and traditions. I work as a caring advocate on behalf of my client's, and I collaborate with the nursing team at SCHSS to set up the best care plan possible for the client's. After all these years, I still love all the aspects of my job at SCHSS.

As a PCA, I maintain high standards of service, encourage client independence, and provide the highest quality of care possible that contributes to the client's wellbeing. I get a lot of gratitude from my client's and their families, who truly appreciate the work I do. I love brightening my client's days by seeing them smile and feel cared for.



Respectfully Submitted by, Dawn Chypyha

EARLY CHILDHOOD EDUCATOR REPORT



Early Childhood Educator Annual Report 2021-2022

My name is Carly Obenauer, and I have been employed as an Early Childhood Educator for Scw'exmx Community Health Services Society since August of 2018. I have been working within the educational field for 12 years. I have previous experience in all daycare settings including infant and toddler programs, preschool, kindergarten, after school care, and aboriginal head start.

I am enthusiastic about supporting children and families and creating activities that support healthy child development, learning about traditions, and fostering connections within the communities. I look forward to continuing to educate myself, gain more knowledge and strive to support children and families in the best possible ways.

Prior to the pandemic I would facilitate the Parents and Tots Group located at the Coldwater School every Monday, weekly swimming, Cultural events, and activities have included: beading and ribbon skirt workshops, cooking a monthly meal with clients for them to bring home, trips to the Wildlife Park in Kamloops, Monkey Tree House, Petting Zoo in Kelowna, Waterpark days, and Monck Park Trips.

The in-person activities suspended due to the pandemic so I created monthly activity kits for each community and would deliver them to the client's doors. The monthly activity kits included:

- Art supplies to create the craft
- Activity sheets: I-Spy, mazes, colour by number, word searches
- Save on Foods gift card

Specifics of my position have included:

- Develop and implement activities that support and promote the physical, cognitive, emotional, and social development of children between the ages of infancy and 6 years.
- Lead children in activities to stimulate and develop their intellectual, physical, and emotional growth and ensure their security and well-being
- Assess and observe the abilities, interests, and needs of children and discuss with parent's signs of potential learning or behavioural problems and connect them with external resources
- Establish and maintain collaborative relationships with co-workers and community service providers working with children
- Provide a physically safe and emotionally supportive environment showing sensitivity to the individuals needs of children in all aspects of development
- Executing the Parent and Tots Group (SCHSS Parents and Children)

Throughout the pandemic I have been assisting with organizing and facilitating vaccine clinics in Shackan, Nooaitch, Coldwater and our office. I have assisted in booking clients for their vaccine as well as planning and creating the schedules for the clinics. I checked in clients as they arrived for their dose and helped set up and take down the clinics. Prior to the pandemic I was assisting Stoyoma Dental Clinic with the community dental program. The program checks children's teeth aged 0-6 and notifies the family of the condition of their teeth and places a protective varnish on the teeth.

For the past four years I have been working alongside Bonita Eagles with water sampling for the First Nations Health Authority within the Shackan and Nooaitch communities. When Bonita Eagles is away, I do Coldwater as well.

I have passionately been pursuing training opportunities to ensure I am providing the best quality care as is possible. This has included:

- Crisis and Trauma Resource Institute: Training Certificates VIA their Virtual Workshops
- Living Works Start: TASC steps suicide prevention

Respectfully yours,

Carly Obenauer



STOYOMA DENTAL CLINIC



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E-mail: stoyomadental@schss.com

Annual Report for 2021 to 2022

This past year has been a very challenging one as we continue to deal with Covid 19, the devasting wildfires that destroyed the town of Lytton and came very close to the town of Merritt threatening it only to be followed by the devastating floods that destroyed much of the downtown area of Merritt on Nov 15th, 2021. Many of our communities were evacuated which left people displaced and spread throughout the Interior. The whole town was evacuated for 10 days and then people were allowed back in stages. Our office is in the core of downtown Merritt, so we remained closed for 3 weeks.

I continue to work very closely with MCFD, Scw'exmx Child and Family, Scw'exmx Community Health Services Society, Nlaka'pamux Health Service Society and ASK Wellness as well as the Cold Weather Homeless Shelter in town. We often supply hygiene bags when needed for events they are hosting. The Cold Weather Homeless Shelter just asks for supplies on an as needed basis, and we are happy to supply them.

This year after the devastating wildfire ripped through the town of Lytton many of the now homeless people were relocated to Merritt where we had makeshift help centers set up for people to stay. On July 1st, the day after the fire, myself and some of the employees met at the office at 8am and started making hygiene bags to bring to the resilience center. In total we donated over 500 bags. I also approached my boss, Jim Adams, about making dentures, partials and nightguards for those individuals who had lost them in the fire. His reply was "absolutely." I then touched base with Robbie Jaroudi, owner of Natural Smiles in Kamloops and told him what we were offering to do so asked that when we referred people in this situation for either a partial or

denture to just send the bills to our clinic and we would reimburse at 100%. Robbie stepped up to the plate and offered to donate as well. I also spoke to Protec Dental



Lab who makes our nightguards for us and they insisted on doing their portion at zero cost to our clinic or the client. All in all, we were able to help a great number of people who had been affected and it was incredible to see the way people came together from near and far to offer their services and support to our locals.

To date we have just over 7000 clients. We have patients who travel from as far away as Dog Creek, Lillooet, Lytton, Spences Bridge and Ashcroft. The continued closure of highway 8 does make it more inconvenient for clients as the drive is now much longer but they continue to go the extra miles to get to us.

We have continued to remain at a very steady pace over the last year even with all the setbacks that we encountered. We also still have a van available free of charge to pick up patients that otherwise couldn't get here. The van is available on Tuesday's and Thursday's. We look forward to the year ahead and will continue to support the communities in any way possible.

We will continue to go into the school systems and do presentations where possible but that has been very limited over the last two years due to Covid. Lisa Gardiner, our hygienist and the COHI hygienist, was able to do some presentations via zoom as COHI has also been put on hold for the past two years. Lisa has continued to receive her supplies from FNHA, toothbrushes, floss, and toothpaste, which she has delivered to the Upper Nicola Health Unit and to the Lower Nicola Health Unit for their distribution. Lucy Henry, our youth coordinator has reached out over the last two years, and we have supplied her with many bags to distribute to our three communities, Coldwater, Shackan and Nooaitch.

Last year one of our hygienist's, Janine Vernon, retired and moved back to Ontario to be with her family. There is a critical staffing shortage in all areas of the dental sector so unfortunately, we have been unable to fill that position yet, but we will continue to try.

Dr. Karthik Lakshminarayanan continues to be our full-time dentist. Karthik and his family are very well adjusted in the community of Merritt. Lisa Gardiner is our only hygienist on staff at the time but due to the COHI program not running now we are able to keep Lisa busy in office 5 days a week. The back-end staff consists of three CDA's, Marlene Allgrove, Lisa Cleveland and Leah Mobbs as well as our clean up girl, Sophia Forman, who has proven to be a very strong, and intelligent leader since she joined the team. This summer we will employ Sophia full time and she will decide if she would like to further her career in the dental field.

Katie Huber, receptionist and I, Trish Alexandruk, Office Manager continue to hold the fort down at the front. I feel very fortunate to have this amazing team onboard.

As always, No shows continue to be a problem for us and as we have grown and gotten busier we have had to take a hard stance with people who continue to be a problem in this area. The new rule we have is after three No show's we will no longer be able to book you an appointment. Instead, we will see you on an emergency basis and then we will have you drop into the office, and we will see you when we are able. This new method seems to be working well and clients have agreed to this new term. They are aware that once they have proven themselves on a regular basis, we will then be able to start booking appointments for them again. This does help our bottom line financially with not having so much unnecessary down time.

Sincerely,

Trish Alexandruk Stoyoma Dental Clinic Office Manager



BRIGHTER FUTURES - YOUTH PROGRAM



Objectives:

- ❖ Administer and provide community services that enhance the health and well-being of the children/youth living in the communities of Coldwater, Nooaitch and Shackan.
- ❖ Facilitate and promote community involvement in planning and delivering youth services.

Goals:

- Offer broad range of community-based activities that focus on the health and social development of children/youth.
- ❖ Deliver child/youth programs that enhance recreational, social, and/or educational activities.
- ❖ Assist youth in all aspects of development that ensure their personal well-being and their sense of well-being within their communities.

Activities:

This year was fully of lots change and challenges due to COVID-19 Pandemic. We spend first few months either working from home, doing lots Zoom meetings and keeping our communities informed with many flyers and notices, delivered food packages and wellness kits.

- Spent first 2 weeks in April 2021 planning and shopping for Community Wellness kits for the 3 communities, 575 people. Assembled all bags by community, did Shackan first with 21 kits, Nooaitch 53 kits delivered on April 13 & 14, 2021. Then spent 3 days April 16, 19, & 20, delivered 126 kits to Coldwater Houses. This project was huge undertaking by Mental Health Department as well as Youth Workers. Community members were very happy with the Wellness kits ©
- > Organized a Mother's Day Zoom Bingo May 8, 2021, had about 75 participants.
- ➤ Prepared for Virtual Vancouver Sun Run, with ISARC Run/Walk group. Friday April 30th completed 10km walk/run.
- May 12, 2021, we hosted 4 SCHSS Elders here at SCHSS Youth Center for their monthly Zoom Meeting.
- > June 15, 2021, we held Zoom Father's Day Bingo, had 57 participants, gave away lots of prizes.
- For Graduation celebrations on June 18, 2021, we held an outdoor event to honor all of the graduates. Gave away wellness bags, snack bags, t-shirts, mugs, lots of grad decorations etc. Had about **60+** students stop by SCHSS Youth Center.

➤ June/July was busy month assisting at Shulus Arena with Evacuee from Lytton Wildfire. Helped Shackan members that evacuated and helped cook for Firefighter at the Shackan Fire Hall.



- Friday July 16, 2021. We hosted Youth Outreach BBQ. Has BBQ hotdogs, gave away wellness kits and snack bags. Had **30+** youth attend, was great event and had Merritt Herald do interview to talk about the SCHSS Youth Center.
- August 25, 2021. We assisted NHSS do drive by event for SCHSS Elders here at Youth Center. Gave out Salmon dinners, gift cards and many of elders received the new coats, had **30** elders.
- For kids summer program Darlene help at the Annual Literacy Camp in Nooiatch, the firefighters did a little workshop on fire safety.
- > SCHSS Elders Group were meeting monthly at Youth Center, October 21, 2021, did their drive by event where elders picked up snack bags, gift cards and candy bags.
- ➤ Brett Darney from First Nations Health Authority came by Youth Center and dropped off **120** Wellness backpacks for us to distribute to kids/youth in our 3 communities for ages 6-18 years.
- For Halloween we had Virtual Pumpkin carving contest for 3 different ages divisions, community members picked up free pumpkins and entered to win prizes. We had **36** entries into our contest.
- Thursday October 28, 2021, had online Bingo for Shackan Community members, **16** participated and gave away lots of prizes, was good way to lift up the community spirits.
- ➤ October 29, 2021 was our monthly Youth Outreach Luncheon. Feed youth deer stew and bannock, we gave them Harm reduction kits, Halloween goodie bags and had lots of door prizes. Had 60+ students come by youth center. Darlene also helped with Nooaitch Halloween party and handed out treats and was judge for their pumpkin carving contest.
- Saturday October 20, 2021, was Coldwater Halloween Party at the Coldwater Transition House. Had nice bonfire with wiener roast, organized Halloween costume contest for all ages, gave away lots of candy bags and had walk through Haunted house then ended evening with fireworks, 40 community members participated.
- November 15-30. 2021 City of Merritt was on Evacuation Order. During that time were helping Coldwater community deliver food boxes to the **125** homes on November 17, 18, 19 & 20th.
- Youth and Mental Health team from SCHSS set up information table at the November 24, 2021, community meeting at Coast Hotel in Kamloops. NHSS hosted gathering for community members to get up date on the current wildfire evacuation orders and discuss the Evacuation Emergency Center. 70+ community members attended.

➤ Delivered Gingerbread house kit to 3 communities. Gave out **96** kits to membership, for the Gingerbread house contest.





Due to the November Flood in Merritt area schools were needing classroom space, so we worked with Merrit Central School staff and opened the Youth Center on December 13-17, 2021, so they could have student come to have classroom sessions. Had **12+** students **3** teachers daily.

- ➤ Friday December 10, 2021, helped us at Coldwater Gym with distribution of **125** Food Boxes. Shopped and wrapped **50+** Coldwater Christmas kids/youth gifts for the drive by event.
- ➤ Darlene assembled **84** Christmas Stocking for Nooaitch & Shackan Youth, also purchased and wrapped/delivered **54** Nooaitch Elders Christmas gifts.
- > Zoom Youth Collaborations meets monthly to develop strategies to address community concerns and develop healthy experiences for

youth in Nicola Valley and surrounding areas. In our January 2022 meeting we discussed how cam support our youth with recent fires, floods, Covid-19, and how youth are displaced all over Merritt in different school settings and how to reach them and give supports.

For Valentines celebrations we assembled Valentine's craft Kits for community member to pick up, idea is to have families/youth create Valentines Cards to give away to elders, flood victims, or anyone that needed some cheering up, gave way 10 kits. February 11, 2022, we had Virtual Youth Valentine's Bingo for ages 6-18 years old, 17 youth registered and gave away lots of bingo prizes and door prizes.



This year due to Covid-19 we did some planning with Harper Mountain, to give community members day vouchers for skiing/snowboarding or tube park, it also included \$15 lunch coupon. Had over **90+** community members registered.

➤ We opened the SCHSS on February 9 & 11, 2022 for Shackan Band workers to host Community members to come do art & crafts. ➤ Friday February 18, 2022, held monthly Youth Outreach Event at Merritt Spirit Square for 11- 2pm. Gave out bagged lunches, youth helped themselves to the wellness baskets that had variety of hygiene products (shampoo/conditioner, deodorant, sanitizer wipes, toothbrush, toothpaste, pens, notebooks, hairbrush etc.) 65+ students stop by then event.

Anti-bullying day was February 23, 2022, the SCHSS staff wore pink, and we decorated front window of Youth Center that said "STAND UP AND MAKE A DIFFERENCE"

- Community Policing office and Marlene from Merritt Rotary Club had boxes and boxes of Stormtech clothing donated during the floods and evacuations in November, so we took boxes and asked community members to come in Youth Center for free clothing.
- Every month we attend Youth Collaboration meeting to plan Youth Outreach events, wellness river walks, Girls & Boys Group activities. Have City of Merritt, Community Policing, ICS Teen Center, Nlaka'pamax Health, Lower Nicola Band, Nicola Valley Justice Centre, Conayt Friendship Society, SCFSS, Merritt School District, Lower Nicola Bands all join in Zoom meeting, share information, support events, and the vision to move forward to bridge gaps and barriers for our services for youth and debrief and support frontline workers to create safe spaces and to connect with one another.

- ➤ With New Year and Covid restrictions lifting were able to open the SCHSS Youth Center on Tuesday and Thursday's 3:00 5:00pm for afterschool program, youth usually come in for game pool, or play mini basketball, do homework watch movie, do arts& crafts, get face painting, visit with each other, and have snacks. First 2 weeks in March 2022, we had 19 youth come into the Youth Center.
- Friday March 18, 2022, helped organize monthly Youth Outreach at Spirit Square, had about 70+ students come by and gave our bag lunches, information on birth control for our nurses and lots of hygiene products such as lotions, toothbrush, mouthwash, ChapStick, dry shampoo, notebooks, pens/pencils, journaling books, hand sanitizer, masks etc. It was effective team effort by SCFSS, SCHSS, NHSS, CNA, RCMP, School District, LNIB, all contributing to the successful event. Also, in afternoon the Coldwater Social Development department hosted a Lamp Making workshop at the Coldwater School, there was 22 community members there learning how to be crafty with lamp shades.
- ➤ Spring Break March 21 25, 2022 we had the SCHSS Youth Center open 1:00-5:00pm daily, youth played pool, arcade video games' air hockey was popular, and watch movies, played mini basketball, and Darlene did some creative face painting which youth really enjoyed.

 20 youth came through the doors during that week.
- March 29, 2022, I and Darlene organized a group 75 community members to take trip to Kamloops and enjoy a movie with popcorn and snacks with their families





❖ Both I and Darlene attend monthly Zoom Youth Collaboration meeting to develop strategies to address community concerns and develop healthy experiences for youth in Nicola Valley and surrounding areas. Some topics we discuss is Overdoses and Naloxone training for front line workers, outreach support for youth, safe homes, address support for counselling services and program planning for youth in the Nicola Valley.



Respectfully Submitted, Lucille Henry – Youth Development/Recreation Worker

SCHSS STAFF

Jim AdamsExecutive DirectorLori ClarkOperations ManagerWendi HarderNIHB Clerk/Reception

Selena Henry Administrative Financial Assistant/AR

Kim BentFinance clerk/Dental DriverDoug DixonCommunity Medical Driver

Doug DixonNIHB DriverDarlene RodominskiYouth WorkerLucy HenryYouth Worker

Rose Dionne Community Health Nurse

Carly Obenauer Early Child Educator Worker
Bonita Eagles Community Health Representative

Rena JonesHome Care NurseDawn ChypyhaPersonal Care AidCrystal LindleyLicensed Practical Nurse

Amber SteinhauerHome Care NurseMay GeorgeWellness Programs Manager

Elizabeth Perdok-Waboose

Christine Provost

Wellness Counsellor

Florence Lamirande

Wellness Counsellor

SCHSS BOARD OF DIRECTORS

Ko'waintco MichelSCHSS Chairperson- Nooaitch Band RepOlivia BuckSCHSS Board Member- Nooaitch Band RepMichael SmithersSCHSS Board Member- Coldwater Band RepVernonica JamesonSCHSS Board Member- Coldwater Band RepArnold LampreauSCHSS Board Member- Shackan Band RepYvonne JoeSCHSS Board Member- Shackan Band Rep

2021-2022



Symbols

Cycle - Holistic Health
Roots - Family Systems
Mother Earth – Nurturer
Spiritual
Sun - Provides Energy

Symbols

Sheeskin - Healthy House
Water - Provider of Life
Sweat Rocks - Cleansing and
Tree- Life

Scw'exmx Community Health Services Society#103-2090 Coutlee Avenue P.O. Box 3090 Merritt, BC V1K 1B8 www.schss.com e-mail: reception@schss.com Phone: 250-378-9745 Fax: 250-378-4962

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY

FINANCIAL STATEMENTS

March 31, 2022

INDEPENDENT AUDITOR'S REPORT
STATEMENT OF FINANCIAL POSITION
STATEMENT OF CHANGES IN NET ASSETS
STATEMENT OF OPERATIONS
STATEMENT OF CASH FLOWS

NOTES TO FINANCIAL STATEMENTS

COMBINED STATEMENT OF OPERATIONS

STATEMENTS OF OPERATIONS

SCHEDULES 1 - 2

SCHEDULES 3 - 38



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INDEPENDENT AUDITOR'S REPORT

To the Members, SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY

Opinion

We have audited the financial statements of SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY (the Society), which comprise the statement of financial position as at March 31, 2022, and the statements of changes in net assets, operations and cash flow for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2022, and the results of its operations and its cash flow for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Matters

We draw attention to the fact the supplementary information included in Schedules 1 through 38 do not form part of the financial statements. We have not audited or reviewed this supplementary information and, accordingly, we do not express an opinion, a review conclusion or any other form of assurance on this supplementary information.

Report on Other Legal and Regulatory Requirements

As required by the Societies Act of British Columbia, we report that, in our opinion, the accounting policies applied in preparing and presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concem, disclosing, as applicable, matters relating to going concem and using the going concem basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process

(continued)

Independent Auditor's Report to the Members of SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY (continued)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Kamloops, Canada July 14, 2022 Grant Thoraton LLP
Chartered Professional Accountants

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY STATEMENT OF FINANCIAL POSITION March 31, 2022

ASSETS	2022	2021
ASSETS	2022	2021
CURRENT ASSETS:		
Cash	\$ 76,488	\$ 266,344
Restricted cash (Note 4)	2,450,865	
Accounts receivable	88,981	92,717
GST rebate receivable	14,433	40,072
Inventory	73,885	71,965
Prepaid expenses	28,801	13,782
	2,733,453	484,880
PROPERTY AND EQUIPMENT (Note 5)	1,927,681	2,090,402
	\$ 4,661,134	\$ 2,575,282
LIABILITIES		
CURRENT LIABILITIES:		
Accounts payable and accruals (Note 7)	\$ 108,180	\$ 404,569
Employee deductions payable	16,031	33,980
Deferred revenue (Note 8)	2,457,072	127
Current portion of long term debt (Note 9)	719,129	203,615
	3,300,412	642,164
LONG TERM DEBT (Note 9)	307,371	1,027,139
	3,607,783	1,669,303
COMMITMENTS AND CONTINGENCY (Note 10)		
NET ASSETS:	E STATE OF THE STA	020220000000
Invested in property and equipment	901,175	859,644
Net assets (Note 11)	152,176	46,335
* g	1,053,351	905,979
	\$ 4,661,134	\$ 2,575,282

APPROVED ON BEHALF OF THE BOARD:

Director

Director

See accompanying notes to financial statements.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY STATEMENT OF CHANGES IN NET ASSETS Year ended March 31, 2022

		Net Assets	Pı	vested in roperty & quipment		2022 Total		2021 Total
BALANCE, beginning of year	\$	46,335	\$	859,644	5	905,979	\$	1,212,071
EXCESS OF REVENUES OVER EXPENSES		147,372	ä 	-	7	147,372	- 19 <u>-</u>	56,643
ADJUSTMENTS: Net surplus transfer to Nlaka'pamux Health Services Society						1.21		(362,735)
Purchase of property and equipment		(68,418)		68,418		1.21		(302,733)
Amortization expense (Note 16)		231.143		(231, 143)		9129		(2)
Principal reduction		(204,256)		204,256		1.21		-
standard televisione expeditions	-	(41,531)	8 	41,531	7			(362,735)
BALANCE, end of year	S	152,176	\$	901,175	5	1,053,351	\$	905,979

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY STATEMENT OF OPERATIONS
Year ended March 31, 2022

	Budget (Unaudited)	Scw'exmx Health Operations	Stoyoma Dental Clinic	Other Operations	Total 2022 (Schedule 1)	Total 2021 (Schedule 2)
REVENUES						
First Nations Health Authority	\$ 2,042,858	\$ 2,042,860	€9	\$ 42,928	\$ 2,085,788	\$ 2,005,610
Dental clinic	1,370,000	10	1,194,520	1	1,194,520	1,271,531
Rental	144,000		2	138,000	138,000	138,000
Other contracts	179,263	312,016	22,500	9,342	343,858	230,726
Cost recoveries				223,288	223,288	212,299
	\$ 3,826,505	2,354,876	1,217,020	413,558	3,985,454	3,858,166
EXPENSES:						
Advertising and promotion	\$ 6,000	21	3,018	ï	3,018	6,932
Automotive	220,432	166,724	12,720	ĕ	179,444	164,279
Board expenses	98,936	103,516	1	Ü	103,516	41,235
COVID-19 support	1	8,514	1,963	î	10,477	91,558
Equipment rental	34,320	44,275	2,058		46,333	29,402
Insurance	9,105	3,285	3,160	3,754	10,199	10,276
Interest	37,817	9,817	793	34,049	44,659	49,068
Office, materials and supplies	119,862	98,272	33,371	Ñ.	131,643	82,598
Patient support	34,000		34,464	ř	34,464	77,178
Professional development	20,000	8,411	5,056	î	13,467	10,739
Professional fees	15,000	22,652	1	ì	22,652	11,077
Program costs	262,537	409,140	199,692	36,623	645,455	642,655
Property taxes	31,549	9	ia.	18,542	18,542	16,003
Rent	154,400	88,261	69,750	ľ	158,011	158,011
Telephone and utilities	35,764	31,381	17,811	1,761	50,953	46,214
Travel	19,000	4,205	825	ï	5,030	1,302
Wages and benefits	2,257,375	1,301,342	827,734	3	2,129,076	2,100,228
	\$ 3,761,097	2,299,795	1,212,415	94,729	3,606,939	3,538,765
EXCESS OF REVENUES OVER						
EXPENSES BEFORE AMORTIZATION	NOL					
& OTHER ITEMS		55,081	4,605	318,829	378,515	319,401
FNHA - Recovery of prior year deficit	cit	e	1 52	ě.	15	12,123
Amortization (Note 16)		E E	(36,304)	(194,839)	(231,143)	(274,881)
EXCESS (DEFICIENCY) OF REVENUES	JES					
OVER EXPENSES		\$ 55,081	\$ (31,699)	\$ 123,990	\$ 147,372	\$ 56,643

See accompanying notes to financial statements.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY STATEMENT OF CASH FLOWS Year ended March 31, 2022

	2022	2021
OPERATING ACTIVITIES:		
Excess of revenues over expenses	\$ 147,372	\$ 56,643
Adjustment for capital transactions	AX (253)	MI W
included in operations:		
Amortization of property and equipment	231,143	274,881
Net surplus transfer to Nlaka'pamux Health Services Society	100	(362,735)
(Increase) decrease in:		
Restricted cash	(2,450,865)	-
Accounts receivable	3,736	255,861
GST rebate receivable	25,639	(3,280)
Inventory	(1,920)	(39,157)
Prepaid expenses	(15,019)	9,445
Increase (decrease) in:		
Accounts payable and accruals	(296, 389)	208,610
Deferred revenue	2,457,070	
Employee deductions payable	(17,949)	10,525
Cash from operations	82,818	410,793
FINANCING ACTIVITIES:		
New borrowings		337,195
Debt reduction	(204,256)	(191,744)
Cash from (used in) financing activities	(204,256)	145,451
INVESTING ACTIVITIES:		
Purchase of property and equipment	(68,418)	(620,196)
Cash used in investing activities	(68,418)	(620,196)
DECREASE IN CASH	(189,856)	(63,952)
CASH, beginning of year	266,344	330,296
CASH, end of year	\$ 76,488	\$ 266,344

NOTE 1. NATURE OF OPERATIONS:

The Society is incorporated under the Societies Act of British Columbia as a not-for-profit organization. Its purpose is to provide health services to three member Bands of the Nicola Tribal Association. The Society is exempt from paying income tax under Paragraph 149(1)(L) of the Income Tax Act. On April 1, 2020 the programs and funds administered through the Nlaka'pamux Nation were successfully transferred into an independent health society.

During the year, the Society's operations were impacted by the COVID-19 pandemic, as well as severe flooding and forest fires in the area in which the Society operates. These factors disrupted operations and restricted some programs from operating normally, resulting in higher than normal surpluses in affected programs.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES:

These financial statements are prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant accounting policies are summarized as follows:

Fund Accounting

The Society uses the restricted fund method of accounting for contributions. The restricted funds are summarized on the statement of operations with details by fund provided on schedules 3 to 38. A fund is determined for the purpose of carrying on specific activities or attaining certain objectives in accordance with special regulations, restrictions or limitations. The Society maintains the following funds:

- The Health Management Support Fund which reports activities related to designing health programs, establishing health services and allocating funds according to community health priorities.
- The Brighter Futures Fund which reports activities related to promoting health and preventing ill-health through learning related activities.
- The Building Healthy Communities Fund which reports activities related to developing community-based approaches to youth solvent abuse and mental health crises and activities related to preventing alcohol problems and dealing with existing drug problems.
- The Canada Prenatal Nutrition Fund which reports the activities related to women's nutritional and overall health, before and during pregnancy.
- The Health Services Fund which reports activities related to designing health programs, establishing health services and allocating funds according to community health priorities.
- The Cultural Support Program Fund which reports activities related to the support of community programs with a cultural base.
- The Aboriginal Diabetes Initiative Fund which reports activities related to the prevention, screening and treatment of diabetes.
- The EHS Drinking Water Safety Fund which reports activities related to sampling and testing drinking water samples for E.coli, total coliforms, and chlorine residuals; thus reducing the possibility of waterborne disease outbreaks.
- The First Nations and Inuit Home and Community Care Fund which reports activities related to assisting
 First Nations living with chronic and acute illness in maintaining optimum health, well-being and
 independence in their homes and communities.
- The Community Projects Fund which reports activities related to discretionary projects that are for the member bands or community as a whole.
- The Accreditation Fund which reports activities related to registering and maintaining status with Accreditation Canada
- The Elders Program Fund which reports activities related to elders health and wellness activities.
- The Non-insured Health Benefits Fund which reports activities related to providing medical transportation benefits to access medically required health services.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):

- The Medical Van Fund which report activities related to providing medical transportation benefits to access medically required health services.
- The Children's Oral Health Initiative Fund which reports activities related to providing access to dental services for children
- The Dental Clinic Fund which reports activities related to opening and sustaining a dental clinic for the community.
- The Dental Van Fund which report activities related to providing transportation benefits to access dental services.
- The Building Fund which reports activities related to the operations of the health building which is rented to the dental clinic, Nlaka'pamux Health Services Society and many of the Society's departments.
- The Health Initiative Program Fund which reports activities related to developing enhanced first responder and paramedic services.
- The Interior Health Authority Aboriginal Health Initiative Program Fund which reports activities related to culturally-appropriate services including, assessment, treatment, counselling, group work, service coordination and community outreach for clients with mental health and/or substance use problems/disorders. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Wellness Coordinator Fund which reports activities related to coordinating health seminars and training programs. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Jordan's Principle Youth and Child Fund which reports activities related to culturally-appropriate
 wellness services including, assessment, treatment, counselling, group work, service coordination and
 community outreach to children and youth within the Nlaka'pamux Nation. As of April 1, 2020 this fund has
 been transferred to the Nlaka'pamux Health Services Society.
- The Community Engagement Coordinator 2017/2018 Fund which reports activities related to providing operational funding for Scw'exmx Community Health Services Society on behalf of First Nations Health Authority. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Family Mental Health Fund which reports activities related to providing coordination and support of the Nlaka'pamux family program regarding mental health. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Nation Shared Services Fund which reports activities related to analyzing the Nlaka'pamux Nation services and to provide support for managers development regarding reporting formats. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Red Cross Healing Fund which reports activities related to Mental Health & Wellness, and Traditional Wellness needs directly affected by the 2017 BC Wildfires within the Nlaka'pamux Nation through funding received from First Nations Health Authority. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The On The Land Fund which reports activities related to providing culturally-based assessment and
 programming, trauma-specific services, treatment services, with appropriate follow up/ referrals, aftercare,
 and ongoing monitoring to members of the Nlaka'pamux Nation. As of April 1, 2020 this fund has been
 transferred to the Nlaka'pamux Health Services Society.
- The Health Actions Lytton Program Fund which reports activities related to culturally-appropriate services including, assessment, treatment, counselling, group work, service coordination and community outreach for clients with mental health and/or substance use problems/disorders. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Indigenous Services Canada Emergency Management Fund which reports activities related to emergency health services within the Nlaka'pamux Nation. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):

- The Nation Mental Health Fund which reports activities related to coordinating health seminars and access to mental health services for the Nlaka'pamux Nation. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Trainees Fund which reports activities related to additional training and development for health care workers to provide additional support and counselling services within the Nlaka'pamux Nation. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Nlaka'pamux Nation Administration Fund which reports activities related to providing support and administration services to the managers and reception for the Nlaka'pamux Nation. As of April 1, 2020 this fund has been transferred to the Nlaka'pamux Health Services Society.
- The Other Contracts Fund which reports activities related to cost recoveries on vehicles.
- The Youth Building Fund which reports activities related to the operations of the youth building which is rented to many of the Society's departments.
- The Satellite Building Fund which reports activities related to the development and construction of a new health facility at Coldwater Indian Band.
- The Programs Accumulated Surplus and Deficit Fund which reports the accumulation of program surpluses and deficits.

Inventory

Dental supplies on hand are capitalized as inventory and valued at average cost.

Property, Equipment and Amortization:

The cost of equipment purchased is recorded as an increase in the equipment asset account and the related equity account. Proceeds are recorded as reductions in the equipment account and the related equity account. Amortization is based on the estimated useful life of the assets and is recorded at the following annual methods and rates:

Buildings	4 %	declining balance
Fencing	20 %	declining balance
Furniture and fixtures	20 %	declining balance
Dental equipment	20 %	declining balance
Automotive equipment	30 %	declining balance
Computer equipment	30 %	declining balance
Leasehold improvements	20 %	straight-line basis

The Society reviews the useful lives and the carrying values of its capital assets if events or changes in circumstances indicate that the assets might be impaired, by reference to the assets' contribution to the organization's ability to provide services. When assets no longer have any long-term service potential to the organization, the assets are considered to be impaired. An impairment loss is measured at the amount by which the carrying amount of the assets exceeds their fair value, which is estimated as the expected service potential of the assets.

Revenue Recognition:

Restricted contributions are recognized as revenue in the appropriate fund.

Unrestricted contributions are recognized when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Contract revenues are recorded based on the terms of the contract. Any surpluses resulting from funds received for the set funding programs are repayable to First Nations Health Authority.

Interest is recorded on the accrual basis and is recognized when it is earned.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):

Deferred Revenue:

Contributions received in advance for programs that have not commenced in the current year are deferred unti the program start date.

Allocation of Expenses:

The Society engages in various programs. The costs of each program include the costs of personnel, premises and other expenses that are directly related to providing the program. The Society also incurs a number of general support expenses that are common to the administration of the organization and each of its programs.

The Society allocates certain items of its general support expenses by identifying the appropriate basis of allocating each component expense, and applies that basis consistently each year. General management and administrative expenses are allocated to the appropriate department based on a percentage of contract basis for the following funds:

- Brighter Futures
- Building Healthy Communities
- Health Services
- Aboriginal Diabetes Initiative
- EHS Drinking Water Safety
- First Nations and Inuit Home and Community Care
- Canada Prenatal Nutrition
- Accreditation
- Children's Oral Health Initiative
- Dental Clinic

Financial Instruments:

Financial instruments are recorded at fair value when acquired or issued. Financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Use of Estimates:

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting periods. By their nature, these estimates are subject to measurement uncertainty and the effect on the financial statements of changes in such estimates in future periods could be significant.

NOTE 3. FINANCIAL INSTRUMENTS:

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of March 31, 2022.

Credit Risk

The Society does not believe it is subject to any significant concentration of credit risk. Cash is in place with a major financial institution. Accounts receivable are predominately from government organizations.

Interest Risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. The Society is exposed to interest rate risk primarily through its floating interest rate demand loan and credit facilities.

NOTE 4. RESTRICTED CASH:

During the year, the Society received funding from First Nations Health Authority to facilitate the construction of new health and wellness facility located at Coldwater Indian Band. An agreement is in place such that the Society manages and administers the funds over the course of the project. These funds have been classified as restricted cash as they are solely for this purpose.

NOTE 5. PROPERTY AND EQUIPMENT:

Dental Clinic - Computer equipment

NOTE 5. PROPERTY AND EQUIPME	Cost	Accumulated Amortization	2022 Net		2021 Net
Land \$	216,310	\$ -	\$ 216,310	\$	216,310
Buildings	1,358,562	193,993	1,164,569		1,211,033
Fencing	12,107	5,133	6,974		8,717
Furniture and fixtures	115,732	91,472	24,260		30,488
Dental equipment	429,086	304,384	124,702		151,104
Automotive equipment	1,111,130	800,490	310,640		443,771
Computer equipment	145,897	108,599	37,298		28,979
Assets under construction	42,928	15 E	42,928	,00	
\$	3,431,752	\$ 1,504,071	\$ 1,927,681	\$	2,090,402
The above totals include the following p	roperty and eq	uipment for the De	ental Clinic:		
Dental Clinic - Furniture and fixtures \$	24,116	\$ 17,883	\$ 6,233	\$	7,790
Dental Clinic - Equipment	429,086	304,384	124,702		151,104

35,733

358,000

17,323

148,258

9,793

168,687

53,056

506,258

\$

NOTE 6. BANK INDEBTEDNESS:

Under a Line of Credit arrangement with the Royal Bank of Canada, the Society may borrow up to \$25,000 on such terms as the Society and the bank may mutually agree upon. This arrangement does not have a termination date and can be withdrawn at the bank's option. At March 31, 2022 the unused portion of the credit line was \$25,000.

NOTE 7. ACCOUNTS PAYABLE:

At March 31, 2022 accounts payable consists of the following:	2022	2021
Trade payables Wages payable Nlaka'pamux Health Services Society	\$ 12,711 95,469	\$ 78,720 63,806 262,043
	\$ 108,180	\$ 404,569
NOTE 8. DEFERRED REVENUE:	2022	2021
FNHA Coldwater Indian Band health facility deferred funds	\$ 2,457,072	\$ 2

During the year, the Society entered into an agreement to manage and administer the funds for construction of a new health and wellness facility located at Coldwater Indian Band. The deferred revenue balance represents the funds received and not yet spent on development as at March 31, 2022.

NOTE 9. LONG TERM DEBT:	2022	2021	
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$5,655, due July 8, 2024.	\$ 9,667	\$ 13,742	
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$5,655, due July 8, 2024.	9,667	13,742	
Royal Bank term loan, repayable in monthly installments of \$1,722 including interest at 5.07%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$826,881, due January 31, 2023.	265,500	273,110	
Royal Bank term loan, repayable in monthly installments of \$2,450 including interest at 4.66%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$826,881, due June 20, 2023.	34,547	61,687	
		(continue:	s)

NOTE 9. LONG TERM DEBT (continued):	2022	2021
Royal Bank term loan, repayable in monthly installments of \$2,250 including interest at 4.60%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$826,881, due May 2, 2023.	30,176	55,153
Royal Bank term loan, repayable in monthly installments of \$525 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$826,881, due July 29, 2025.	10 617	10-4 and 4 days
Royal Bank term loan, repayable in monthly installments of \$665 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$826,881, due July 29, 2025.	19,617	25,190 27,472
Royal Bank term loan, repayable in monthly installments of \$750 including interest at 4.66%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and a 2018 Volkswagen Tiguan with a carrying value of \$11,789, due June 20, 2023.	10,824	19,109
Royal Bank term loan, repayable in monthly installments of \$1,410 including interest at 3.68%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 1802 Chapman Street, Merritt which has a carrying value of \$427,780, due April 16, 2022.	262,793	269,895
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$7,790, due April 30, 2025	12,154	16,057
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$7,790, due April 30, 2025	12,154	16,057
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$7,790, due April 30, 2025	12,154	16,057
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$538 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$11,805, due April 30, 2025	19,133	25,030
		(continues)

NOTE 9. LONG TERM DEBT (continued):	2022	2021
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$551 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$12,094, due May 4, 2025	20,111	26,140
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$12,627 due, April 3, 2026	18,481	22,838
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$12,627, due April 3, 2026	18,481	22,838
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$17,499, due April 3, 2026	26,688	32,512
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$718 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$21,053, due April 3, 2026	32,110	39,118
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$17,499 due, April 3, 2026	26,688	32,512
Royal Bank Term loan, repayable in monthly installments of \$525 including interest at 4.16% secured by a 2017 Volkswagen Jetta with a carrying value of \$7,066, due May 31, 2022	665	6,798
Royal Bank term loan, repayable in monthly installments of \$1,850 including interest at 4.10% secured by a 2019 Shuttle Bus with a carrying value of \$17,826 due January 27, 2025	59,053	78,399
Royal Bank term loan, repayable in monthly installments of \$600 including interest at 4.50% secured by a Crown Scanner with a carrying value of \$34,592, due November 30, 2024	46,442	51,443
Royal Bank term loan, repayable in monthly installments of \$1,135 including interest at 4.12% secured by a 2019 Chevrolet Bus with a carrying value of \$63,178, due June 20, 2023	16,387	29,055
Royal Bank term loan, repayable in monthly installments of \$509 including interest at 4.10% secured by a 2019 Volkswagen Jetta with a carrying value of \$11,170, due January 27, 2025	16,233	21,556 (continues)

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY NOTES TO FINANCIAL STATEMENTS

Year ended March 31, 2022

NOTE 9. LONG TERM DEBT (continued):	20	022	2021
Royal Bank term loan, repayable in monthly installments of \$835 including interest at 4.10% secured by a 2013 Toyota Tacoma with a			
carrying value of \$15,965 due January 27, 2025	90	26,506	35,244
	1,	,026,500	1,230,754
Amounts payable within one year	((719,129)	(203,615)
	\$	307,371	\$ 1,027,139

Principal repayments due in the ensuing 5 years are approximately as follows

2023	\$	719,129
2024		132,896
2025		135,760
2026		35,983
2027	<u>/80</u>	2,732
	\$	1 026 500

NOTE 10. COMMITMENTS AND CONTINGENCY:

a) Commitments:

Equipment Leases:

The Society leases office equipment under a long-term lease which expires in July 2023, the monthly rental being \$745 plus applicable sales taxes.

The Society leases telephone equipment under a long-term lease which expires in October 2023, the monthly rental being \$281 plus applicable sales taxes.

Future minimum lease payments as at March 31, 2022 are as follows

2023	\$	13,384
2024	25 Comp.	5,304
	¢	10 600
	D	18,688

Coldwater Indian Band Health Facility Development:

During the year, the Society entered into an agreement to administer and manage funds related to the development and construction of a new Health and Wellness Building on Coldwater Indian Band land. Funding has been secured through First Nations Health Authority with \$2,500,000 distributed to the Society during the 2022 fiscal year, and the remaining funds to be distributed throughout the 2023 fiscal year. The Society will be managing the funds for this project until it's completion in the 2024 fiscal year.

b) Pension Plan:

The Society and its employees contribute to a defined contribution pension plan. Total contributions to the plan during the year were \$85,261 (2021 \$79,492).

 c) Contingency:
 The Society receives portions of its funding under agreements with certain agencies which, if unexpended,
 may be refundable to those agencies. No amounts have been recorded in the financial statements as refundable.

NOTE 11. NET ASSETS:

The majority of the Society's net assets are governed by the Health Funding Consolidated Contribution Agreement commencing April 1, 2019 and expiring March 31, 2029. The recipient must use the funding provided under this agreement to deliver the programs and services in accordance with the terms and conditions of the agreement. Under the terms of this agreement the Recipient may, with the written approval of the Minister, re-allocate any Set Funding among health programs and services within the same "program cluster" as outlined in the agreement. Flexible transfer funding may be re-allocated among "authorities" as set out by the agreement, provided that mandatory programs are delivered.

NOTE 12. ALLOCATION OF EXPENSES:		2022		2021
The Health Management Support Fund has been charged general support expenses to other funds as follows:				
Brighter Futures	\$	17,087	\$	17,087
Building Healthy Communities		16,298		31,596
Canada Prenatal Nutrition		2,209		2,215
Health Services		27,611		27,904
Aboriginal Diabetes Initiative		3,925		3,915
EHS - Drinking Water Safety		6,994		6,995
First Nations and Inuit Home and Community Care		30,330		30,335
Accreditation		7,712	<u> </u>	6,217
	\$	112,166	\$	126,264
The Other Contract Fund has charged vehicle support expenses to oth funds as follows:	er			
Brighter Futures	\$	13,332	\$	12,000
Building Healthy Communities	(A)	7,800	100	6,000
Health Services		6,000		7,800
EHS - Drinking Water Safety		6,000		6,000
First Nations and Inuit Home and Community Care		9,840		10,015
	\$	42,972	\$	41,815

NOTE 13. CASH FLOW INFORMATION:

During the year \$44,659 (2021 \$49,068) of interest was paid.

NOTE 14. ECONOMIC DEPENDENCE:

The Society receives a major portion of its revenue pursuant to a Health Transfer funding agreement with the First Nations Health Authority which expires March 31, 2029.

NOTE 15. BUDGET FIGURES:

The budget information disclosed is for information purposes only and has not been audited.

NOTE 16. AMORTIZATION:

Total amortization for the year is as follows:

		2022		2021	
Amortization of automotive assets Amortization of other assets	\$	133,131 98,012	\$	181,525 93,356	
	\$	231,143	\$	274,881	

NOTE 17. EMPLOYEE & DIRECTOR RENUMERATION IN ACCORDANCE WITH THE SOCIETIES ACT:

During the year, 5 employees were paid in excess of \$75,000, for a total of \$463,626

During the year, the following amounts were paid to the Board of Directors:

	Honorarium		Contract Services	
Chairperson	\$	10,366	\$	12,035
Vice-Chairperson		2,500		29
Secretary Treasure		5,985		70
Director		846		=
Director		2,316		-
Director		1,338		5
Director		1,978		7.
Director		800		=
Director		4,170		-
	\$	30,299	\$	12,035

