

Scw'exmx Community Health Services Society

# Annual Report



2022-2023



SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY  
103-2090 COUTLEE AVENUE  
MERRITT, BC V1K 1B8  
PHONE: 250 378 9745

**Our vision in Scw'exmx territory is one of healthy citizens, and healthy communities.**



### **MISSION**

**We are all going to help each other.  
So that we will always go on the right path.  
In everything.  
If we all prepare ourselves we will all be strong.**

### **GOALS**

- ➔ **To preserve, foster and enhance client health through clearly communicated programs that incorporate fundamental concepts of prevention; intervention; support; and integration**
- ➔ **To incorporate holistic and cultural language, competencies, traditional ways, care for land values into the development and delivery of SCHSS programs through consultation with SCHSS clientele, program staff and external health care agencies**
- ➔ **To increase access to health services and programs**



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## CHAIRPERSON'S REPORT



Well, to reflect back in this past fiscal year April 1, 2022 to March 31, 2023, there has been a lot of changes. To start I want to acknowledge and welcome our present Executive Director (ED) Barclay Smith to Scw'exmx Community Health Service Society (SCHSS). Barclay comes to us with a good background of Finances, and is familiar with our local communities, which is a good start. Barclay started transitioning into the ED role in the Fall of 2022 before Jim's last day with SCHSS as ED, in December 2022.

On behalf of our Board and community members, we would like to thank Jim Adams for serving as our ED for about fifteen years. Reflecting back on the time Jim served as our ED, he successfully got the Stoyoma Dentist up and operating 10 years ago, assisted in getting the Nla'kapamux Health Service Society (NHSS) established, assisted in negotiating funds for many of our SCHSS programs, established a temporary Nooaitch Health Satellite Office in the Nooaitch Community, and facilitated the construction of Coldwater Satellite Health Office building, and started the renovation of Doctors Clinic and negotiated getting Doctors for SCHSS and having Nurse Practitioners available to work at the Doctors Clinic. These are just to name a few.

Presently, the Board along with Barclay contracted Jim Adams, to oversee completing the building of the Coldwater Health Satellite Office Project, and the renovation of the Youth Building to be a Clinic for Doctors. The plan is to have the Doctor's office ready by September 2023 and to eventually have three doctors hired there, but for now we have commitment of one Doctor.

In the past fiscal year, we have had two nurses leave us, one being Rena Jones, who's retired and Rose Dionne, who moved on to Vancouver Island Health. We would like to thank them both for their time and for sure they will be missed. With saying this, we would like to welcome Angela Nordstrom, who replaced Rena and Amber Steinhäuser, who replaced Rose, as registered nurses.

Now to talk about what our Board members, what they have done. Our Board in the past had a Strategic Planning for 5-10 year Plan, and we will be reviewing it again this Fall 2023 to see what has been completed and what we need to focus our energies on. We have achieved some of our Strategic Plan goals in the past 5 years.

In closing, I would like to thank all our Board members: Mike Smithers (Vice Chair/Coldwater Rep), Arnold Lampreau (Secretary-Treasurer/Shackan Rep), Olivia Buck (Nooaitch Rep), Yvonne Joe (Shackan Rep) and Veronica Jamieson (Coldwater Rep). It has been enjoyable working with these Board members, who have truly worked together as a team to address our community members' concerns and needs.

This concludes my report, Ko'waintco Michel,  
SCHSS Chair/Nooaitch Rep

## EXECUTIVE DIRECTOR'S REPORT: THE YEAR IN REVIEW



I was born and raised in BC, and my wife and I became a part of the community here in Merritt 25 years ago as we raised our four daughters. I would like to thank everyone for being so welcoming and inviting me into the organization with open arms, initially in finance, and now as the Executive Director. My experience in working with Coldwater Indian Band for the past eight years on reserve has given me some keen insight into health services for our local community members, and the 17 years before that with the off-reserve members and families in the urban center of Merritt through the Friendship Centre. It has been a number of years since a global pandemic took hold of our personal and professional lives, as we emerge from numerous emergencies in our local communities including the fires, floods, and opioid crisis, we look back and reflect on the past year 2022/2023 and what we have learned.

We are now face-to-face with other significant challenges, including supply chain disruptions, a strained health care system, increased costs nationwide, and staffing struggles.

While emergency impacts are far reaching and will influence how we deliver services to our community members, we remain optimistic. There was much to be learned, and we are still making headway in improving the delivery of health services to the communities.

This year was marked by significant change within the organization. Our two nursing leaders, Rena Jones, and Rose Dionne left the organization as they made changes in their own personal lives. Turnover of staff in administration was also a challenge and an opportunity as people with new energy came into the organization. Jim Adams retired in December 2022 as the Executive Director but has remained working with us on a part-time basis for special projects. Our dentist of nearly ten years opened his own practice in another community, and our beloved Trish Alexandruk from Stoyoma Dental passed away after year-end and is deeply missed.

We remain committed to our working relationship with Interior Health Authority to ensure the best possible services are available to our membership. Local hospital emergency room closures and access to services are some of the key focus of discussions with them recently as we advocate for member's needs.

We also have a continuing relationship with the First Nations Health Authority and the interior region in particular. Building on our existing relationship and agreements will be one of the keys in moving new initiatives forward.

We completed our accreditation with the Canadian Accreditation Council and have now received all of our accreditation documents. The assets of the organization, including the buildings, equipment, and vehicles allow us to continue seamless delivery of services to those community members who need them.

The program managers remain flexible as health needs in the communities continue to shift. Regular and direct communication with leadership and workers in the communities supports the work that they do on a regular basis to assist with health supports based on each member's individual needs. Services include youth activities directly in the communities, mental health services, nursing supports, in home care, water testing, early childhood programs, dental care, and many others.

This year was a significant year for SCHSS. Stoyoma Dental is completing its 10<sup>th</sup> year of continued operations and SCHSS is proud to be in its 25<sup>th</sup> year since incorporation. When we look back at the track record over those periods of years, we have come a long way, and there is still a long way to go. Celebrations for both milestones are planned, with recognition of significant people who played an important role in the development of SCHSS into what it is today.

This year we continued supporting the Nlaka'pamux Health Services Society as the Nation pursues its own development of accounting services, assets, and staff team. The Scw'exmx Community Health satellite building on Coldwater Reserve IR#1 is nearing completion and is an exciting opportunity for delivery of health services directly in the community in the upcoming year once it is fully operational. The Nooaitch Health satellite building is getting full use now with program delivery out of that site, and the Shackan Health satellite building is in the preliminary stages. Having adequate facilities in place in the communities is a big advantage in being able to deliver health services safely and efficiently for members.

We began renovations of what used to be our youth building. We are in development of a doctor's clinic pilot project which will become the cornerstone of a Primary Care Clinic here in Merritt. We will host doctors, nurse practitioners, and be available for members who do not have access to a family doctor. It will be opening to the public later in 2023. The longer-term vision is to expand the building, bring in additional medical professionals, and open medical services that are in need and are not already available to everyone in the community. As we look at many parts of a broken health care system, SCHSS re-envisioned how health services will be delivered and we are on the edge of doing something tremendous for our communities. We will continue to increase services for members and our communities whether any of the other health services agencies come to the table to assist with our initiatives or not.

As we look to the future for SCHSS and the health of our communities I would like to refocus back to the original mission statement developed by the Nlaka'pamux Elders. The first line which reads "We are all going to help each other"; that is how we are going to get healthy citizens and healthy communities.

Respectfully Submitted  
Barclay Smith,  
Executive Director

## FINANCE ASSISTANT'S REPORT



heñle? nsk<sup>w</sup>est Selena Henry.

Hello, my name is Selena Henry. I am from Coldwater Indian Band in the Nlaka'pamux Nation, where I grew up, getting to know the community and members very well. Although much of my ancestral roots are tied to Lytton B.C., Coldwater is my home. My parents are Lucille Henry (nee George) from Coldwater and Joseph Henry from Lytton First Nation. I have four siblings and a beautiful son whom I raise with my spouse Garrett.

My main responsibility as the Administrative Financial Assistant has been the bi-weekly payroll for SCHSS, Stoyoma Dental and Nlaka'pamux Health. Maintaining the payroll files and confidentially keeping employee's benefits (group insurance and pension), occupations and entitlements such as the leave balances (vacation, sick/personal leave) up to date in the Xyntax Accounting System. When I first started with SCHSS I was given the task of converting the payroll module version from 'Payroll V8' to 'Payroll 2015' in the accounting system. It was trial and error to start but once the program had all the proper background step up it began running smoothly. Making it easier to accurately keep payroll records current and properly recorded.

It is also my duty to ensure that monthly, quarterly, and yearly reports are accurately complete such as bank reconciliations, CRA payroll remittances, pension contributions, BCFSA pension report, and WCB reports for SCHSS/Stoyoma and Nlaka'pamux Health. I also provide back up support with the accounts payable data entry, reception, and Non-Insured Health Benefits duties, familiarizing myself and implementing the policies and procedures of payables and medical travel. As well as providing support to Barclay with overseeing and training new hires within the administration and finance department. Providing direction and guidance relevant to their roles and our expectations as a first nations health organization.

It has been an absolute pleasure working with Scw'exmx Community Health. Over the past year there has been a lot of restructuring within the organization. From well-known long-term employees moving on, new employees hired, to our former Executive Director Jim Adams passing the torch of leadership onto our current ED, Barclay Smith. Plenty of milestones and accomplishments have been crossed off our checklist.

A few successes to list for recognition:

- Construction for the Coldwater Satellite Health Building.
- Stoyoma Dental Clinic celebrated its 10th year of operations, giving major credit to the Late Patricia (Trish) Alexandruk, who had a significant role as the Manager from the beginning.
- SCHSS Celebrated 25 years of operations with a gathering at our office for the communities.

We had plenty of change and adjustments within the staff, but we all work together and continue to build a strong working relationship with one another. With change comes new beginnings and bittersweet endings. We at SCHSS are committed to moving forward in a positive and healthy direction for our three communities Coldwater, Nooaitch and Shackan. Thank you to the staff, board of directors and our membership for the continuous uplifting support in what we do. My hands go up to all who made the last 25 years of SCHSS a success! Here's to 25 more!!

K<sup>w</sup>uk<sup>w</sup>scémx<sup>w</sup> (Thank you),

Selena Henry



## NON-INSURED HEALTH BENEFITS



Hello, my name is Wendi Harder. I have been working for Scw'exmx Community Health since February 2021.

I provide Non-Insured Health Benefit services and information for the three local communities of Coldwater, Nooaitch and Shackan. If you have any questions or concerns, you can also phone 250-378-9745.

Scw'exmx Community Health Services Society (SCHSS) provides services to all registered on-reserve First Nations members that reside on Coldwater, Nooaitch, and Shackan reserves. **Please note:** Medical Travel is not meant to cover all your costs.

### **Off-reserve band members**

There are forms for off-reserve band members that can be filled out and sent off to: First Nations Health Authority, Health Benefits Program Client Services. 540-757 West Hastings St. Vancouver BC V6C 1A1. I can assist you with filling out the forms. FNHA will direct any outcomes and decisions to each individual at your mailing address.

### **Client Responsibilities**

Whenever possible, notify the NIHB clerk at least 5 days prior to your appointment. You are to provide the name of the doctor, ophthalmologist, dentist, or whatever type of doctor you are going to see and what they specialize in. You also need to include a phone number of the doctors' office.

If your place of residence or phone number changes, please notify the NIHB clerk immediately. This is important so that the drivers can be notified as to where to pick you up and to be able to phone you ahead of time to let you know when they will be picking you up.

If you must call an ambulance to be taken to the hospital, please give them your status card and self-identify as being first nation, especially if you don't look to be of first nation descent.

### **Medical Transportation Benefits**

SCHSS provides assistance with transportation to the nearest appropriate health professional or health facility for clients to access eligible medically necessary health services that cannot be obtained on the reserve or in the community of residence. This may include assistance with meals, accommodation, and mileage when these expenses are incurred while in transit for approved transportation to access necessary medical health services. Except in emergency situations, access to medical transportation benefits requires prior approval. Information that is required before you receive financial assistance: Name and phone number of the doctor,

dentist, or clinic and type of doctor that you are seeing. Confirmation slips are required to be signed or stamped by the receptionist, Doctor, nurse of the clinic or office where the appointment occurs.



**Medical Van:** We provide a community van for clients from Coldwater, Nooaitch and Shackan communities to attend medical appointments locally in the city of Merritt. The van leaves town at 8:30 a.m. to pick up clients, or dependent on first appointment of the day. If Client is not ready or at the pick-up location assigned by the driver, the client will be fully responsible for finding their own way home. Please note: Clients must not be under the influence of alcohol or street drugs to access this service.

The schedule for the community van is as follows:

Tuesday: Coldwater      Wednesday: Shackan      Thursday: Nooaitch

### **Eye Examinations**

The NIHB program funds routine eye exams once every two years for adults-from the age of 19 to 64 years children under the age of 19. Adults over the age of 64 are eligible for yearly eye exams through Pacific Blue Cross. Eligibility for eye wear is every two years for clients between the ages of 19 and 64. Clients under 19 and over 64 are eligible every year as well as diabetics  
Maximum coverage for eye exams: \$ 100.00

Maximum coverage for single vision frames: \$275.00.

Maximum coverage for high index lenses: \$415.00

Please note, that it is better to talk to your Optometrist or ophthalmologist to see what your needs are, and for them to send away for approval through the Non-Insured Health Program--- Pacific Blue Cross.

**EYE EXAMS THROUGH SCHSS ARE FREE OF CHARGE TO STATUS MEMBERS**

It is important for clients to understand that each optometrist sets their own rates for the costs of eye exams. For example, one clinic might charge \$20.00 for an eye exam, over and above what First Nations Health Authority will pay which is \$ 100.00 The client will be responsible to pay for the extra costs. In order for you as the client not to pay out of your own pocket, find a clinic that direct bills FNHA at the rate covered by FNHA.

Just a friendly reminder that SCHSS hosts two eye clinics a year with Dr. Ahmed, and he directly bills to FNHA Blue Cross. We held two eye clinics this past year in April 2022 and October 2022. There were 79 Clients who attended the spring clinic and 62 clients attended the October Clinic.

If there are any clients that would like to attend one of the SCHSS clinics, please contact the NIHB Clerk, at 250-378-9745. You will be required to provide the following: Your legal name, your status number, care card number, date of birth and a contact phone number. The next eye clinic is scheduled for September 2023.

### **BC Medical Services Plan Premiums (BCMSP)**

The Provincial Ministry of Health administers the BC Medical Services Plan (BCMSP); this program ensures that all eligible BC residents have access to medically essential care. As of February 2018, every BC citizen must have been registered with BC Medical Services.

Please note: if you need a new care card, you can still go to HUB Insurance and ask for one, it will cost you \$ 20.00 because the card now has a picture and can be used for ID. If you need to make changes to your plan, for example, Change/correct account holders' information, change



of address information, add, remove or change/correct information for a spouse or child, please see the NIHB clerk for the forms.

If and/or when you move back to your reserve, it is important for you to fill out a change of address form and send off for your care card. If you require medical treatment and apply for medical service assistance you could be denied and must pay for medical costs,

It is very important to register your baby/child(ren) with Indigenous Services Canada, as soon as possible. Once a baby has a status number, you can apply for its own personal health number (care card). Once your baby turns 18 months old, he/she is not covered under either parent, then, parents can expect to be paying for health/medical bills. Upon approval of the plan by BCMSP, premium costs will be paid direct by First Nations Health Authority (FNHA).

Also, once a person turns 19 years old, they need to apply for their own personal health number (care card). All applications must have copies of your birth certificates, status cards or passport, both sides, included with your application.

### **Medical Equipment & Supplies**

These are available to registered First Nations and Inuit for personal use, provided the item(s) is on the approval list and prior approval is granted by NIHB. Our office does have some equipment and supplies available, you can ask the nursing department here at the health office. A person could also check with the Nicola Valley Hospital (Red Cross) for availability.

### **Pharmaceutical/Drugs**

The Non-Insured Health Benefits program provides coverage for specific drugs, such as prescription drugs, some over-the-counter drugs, proprietary medicines, and extemporaneous

products (something applied externally). FNHA provides a drug benefit list which is updated every quarter and is available on the FNHA website at <https://www.fnha.ca/benefits/pharmacy>

### **Dental**

Coverage for dental service is determined on an individual basis; although some require Benefit Exceptions, which FNHA authorizes. NIHB only covers what is considered 90% of the Dental Fee guide, so clients may have to pay the remaining 10% of the bill. If you require sedation for dental surgery, you may have to pay for the sedation fee.

Dentures: The client would have to see a dentist or denturist first. Some of the criteria to receive dentures may include teeth spacing, missing teeth. The denturist usually charges more than what is covered by FNHA and the client would be responsible for these costs. The dentist normally doesn't charge over and above FNHA costs. There are 2 different types of dentures, the acrylic which is eligible for replacement after 5 years The plastic dentures are eligible for replacement every 8 years. The costs approved for upper dentures are usually \$634.27 and the lower dentures costs covered are \$745.47. It is important to ask your dentist or denturists about what is covered and what you the client would be responsible for. This is very basic information regarding dentures, for more information you can call FNHA at 1-888-321-5003.

Stoyoma dental clinic can also assist/direct you in the matter of dentures as well. Stoyoma Dental clinic opened on May 1, 2013. Since the opening, all clients in the surrounding area can access a dentist locally. Stoyoma Dental is still accepting new patients. The Stoyoma billing systems is unique in that they don't charge the extra 10% to First Nations clients.

Since there is access to a dentist locally, NIHB won't fund to see dentists out of town. However, there are exceptions for referrals to out of town orthodontics specialist appointments. Young infants or children may have their costs covered if they are referred to a pediatric dentist, orthodontist in other cities.

If you would like to book an appointment, call Stoyoma Dental Clinic at 250-378-5877. It is located at 2088 Quilchena Avenue, next to the Royal Bank.

Submitted by,  
Wendi Harder

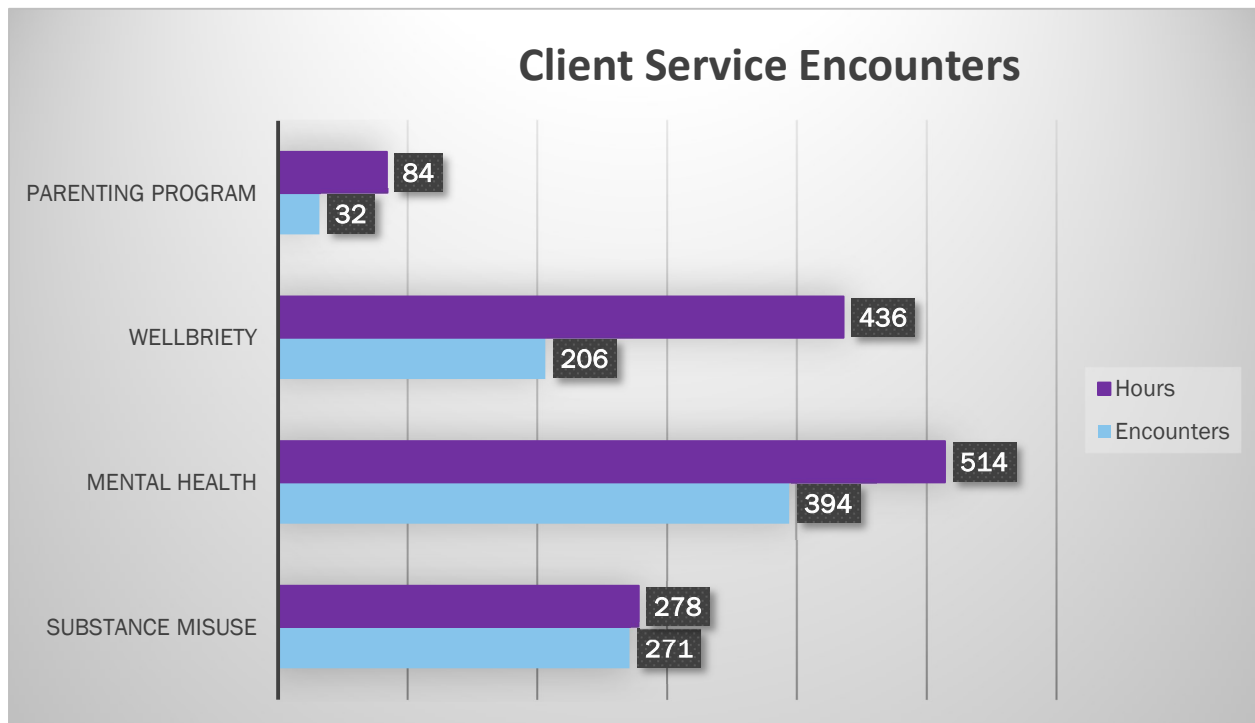
## MENTAL HEALTH AND ADDICTIONS

### He'ŋe? Coldwater, Shackan and Nooaitch community MEMBERS

My name is May George, I have been the Wellness Team Manager at Scw'exmx Community Health Services for the 2022/2023 year. This has been my 19th year at SCHSS. I appreciate working with so many community members, and I am grateful for the many learning opportunities. Our team had a busy year with counselling services – our focus has been on substance use and trauma-informed practice, through responding to community needs to the best of our abilities both through professional development and offering direct services that are timely and appropriate to individual community members. We are excited about the learning we have done this year, and will continue to work hard throughout the coming year!

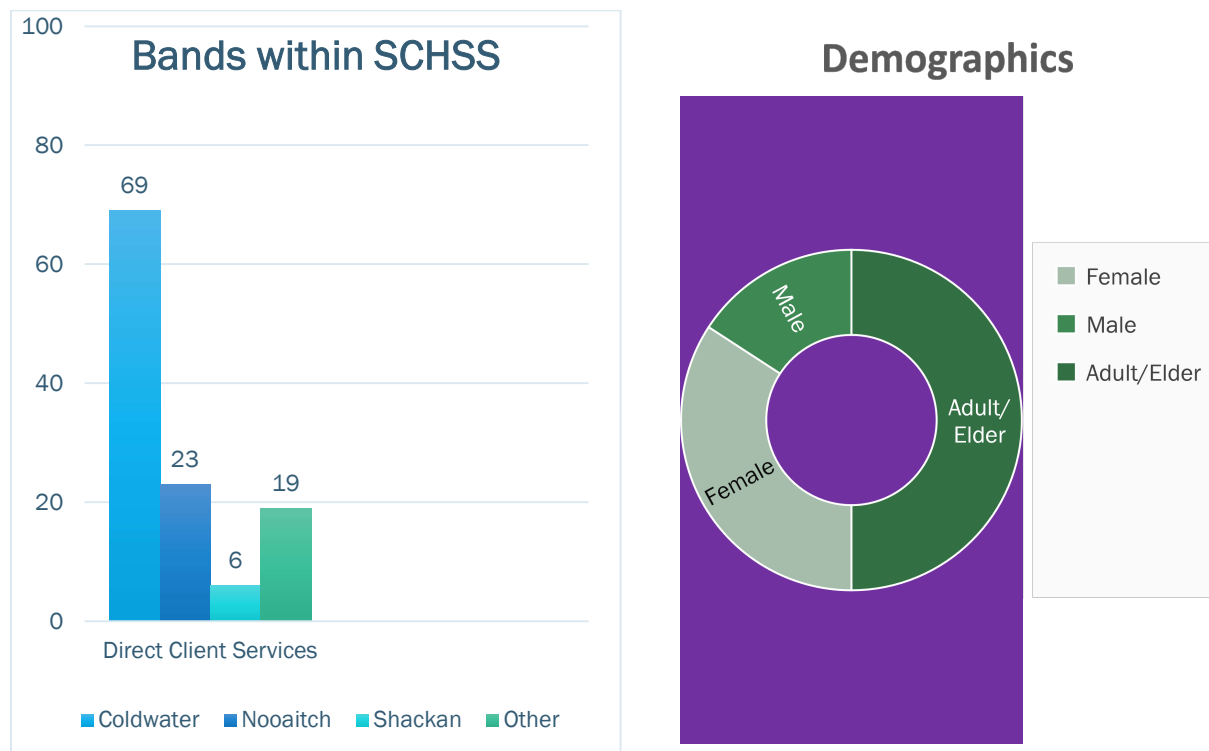
With respect,  
May George.

#### Wellness Team Service Statistics



**Trauma – informed practice** is a strengths-based framework that is responsive to the impact of **trauma**, emphasizing physical, mental, spiritual, and emotional safety for both service providers and community members, particularly by creating opportunities for community members to rebuild a sense of control and empowerment. Our team utilizes a **holistic** and **trauma-informed**

**approach** within our service delivery framework, acknowledging the inherent right of all persons to be treated with dignity and respect.



- **51 new** clients came into service during the **2022/2023** year.
- **5 people** attended residential treatment (COVID Protocols limited availability)

### **Community Connections** 242 hours

Wellness team helped with or co-facilitated, or was requested/required to attend:

Shackan Wellness & Healing Circles  
 Murdered and Missing Indigenous Women Walk  
 Shackan Elder Movie Night  
 Community Funerals & Wakes  
 WorkBC Presentation  
 SD 58 – Every Child Matters  
 RCMP – Outreach Community Luncheon  
 Circle of Sisters Ladies Conference

SCFSS Family Meetings  
 Ask Wellness Homeless Count  
 Ask Wellness Outreach Walk  
 Harm Reduction Event  
 NVIT – class Presentation  
 Youth Outreach  
 IRS Elders Trip  
 SCHSS AGM

**Professional Development** 144 hours

Training/Workshops/Education/Forums/Webinars/Conference Calls etc., that Wellness Team completed or participated in:

Let's talk Overdose

Satir: Power of Potential

FNHA Naloxone

Staff Retreat

IH Substance Bed Info

Maple Ridge Task Force

Family Constellation

Grief & Loss Training

FNHA Substance Use

Breaking the Cycle

FNHA Treatment Bed

**Administrative, Program Development/Planning & Research** 2158 hours

**Clinical Supervision** 107 hours

**Programs**

Aboriginal Parenting Program - 84 hours

Wellbriety - 436 hours



THIS EVENT WAS A HIGHLIGHT OF 2022-2023

# HARM REDUCTION IN COMMUNITY

We Stand Together. No more Stigma

## PERFORMANCES & PRESENTATIONS BY



**George Leach**  
Musician



**Community Professionals**  
Presentation



**Michelle Thrush**  
Actress



**Pow Wow Dancing**  
Performance

### OCTOBER 20, 2022

### OCTOBER 21, 2022

## MERRITT CIVIC CENTRE

1950 MAMETTE AVE

1:00 PM - DOORS OPEN

1:30 PM - PRAYER, DRUMMING, OPENING REMARKS

- WHAT IS HARM REDUCTION
- ASK WELLNESS SOCIETY
- PHARMACIST
- CITY OF MERRITT
- NALOXONE & INTERIOR HEALTH
- YOUTH AND HARM REDUCTION
- CONAYT FRIENDSHIP SOCIETY

5:55 PM - MEAL

7:25 PM - MUSICAL PERFORMANCE BY:  
**GEORGE LEACH**

8:30 PM - CLOSING CEREMONY

1:00 PM - DOORS OPEN

1:30 PM - PRAYER, DRUMMING, OPENING REMARKS

- IFOT PRESENTATION
- DOCTOR PRESENTATION
- TRAUMA AND HARM REDUCTION
- COMMUNITY POLICING/RCMP
- NICOLA VALLEY COMMUNITY JUSTICE
- NICOLA VALLEY SHELTER AND SUPPORT

5:15 PM - SPECIAL PERFORMANCE BY:  
**MICHELLE THRUSH**  
"FIND YOUR OWN INNER ELDER"

6:15 - MEAL

7:15PM - DANCE & DRUM

8:30 PM - CLOSING CEREMONY

**Contact:**

May George, Manager,  
Zu?mintéx<sup>™</sup> Wellness Team  
ph: 250-378-9745  
c: 250-315-9654



**SCHSS**  
SCW'EXMIX COMMUNITY  
HEALTH SERVICES SOCIETY



REGISTER NOW >



SPACE IS LIMITED



First Nations Health Authority  
Health through wellness

## HOME & COMMUNITY CARE PROGRAM

Coldwater

Nooaitch

Shackan



My name is Amber Steinhauer, and I am a Registered Nurse (RN) for Scw'exmx Community Health Services Society (SCHSS) since May 9, 2022. I have been one of the Home & Community Care Nurses (HCN) that covers Coldwater and also Nooaitch and Shackan First nation communities. It has been my pleasure getting to know and working with our communities' families, children and elders to provide nursing services through a variety of support services.

The Home & Community Care Program works in partnership with other service providers for clients and their families. The program responds to the unique health and social needs of First Nation communities through the First Nations Health authority (FNHA). We assist clients to live in their community as independently as possible; to preserve and encourage the enhancement of support provided by family and community. This helps to increase the effectiveness of community care and eliminate the gaps and duplication of services. Our department consists of three Registered Nurses, two for Home & Community Care and one for Community Health. We have two Licensed Practical Nurses, one Personal care aid, one Early Childhood Educator and one Community health representative.

This past year the nursing department has gone through transformation with change of personnel. Rena Jones, the Home Care Nurse and Manager of Home and Community Care Health Services Department retired in September 2022. Rose Dionne, the Community Health Nurse who worked for Scw'exmx Community Health for the past 10 years relocated back to the Island. She worked with our communities' families and children, elders and partner organizations. She did the Baby immunizations, adult immunizations, Flu clinics, Covid clinics. Amber Steinhauer, Home care nurse works with our communities' elders and families. She works with acute or chronic conditions; medication management and monitoring, wound care, health teaching, advocating for clients. Clients are assessed and home visits on an ongoing basis.

Crystal Lindley our LPN; she looks after Nooaitch and Shackan Band community members and provides nursing care. She assists both our Community & Home Care nurses with our programs. Crystal is responsible for our TB Program and does skin tests for community members. She has

the STD program. She provides education as well as delivering condoms to locations in our communities. She also has the frozen meal program for those who are nutritionally at risk.

Ashleigh Huston LPN, looks after Coldwater community elders and members providing nursing care. Ashleigh completed the LPN program in 2015. She has experience working in the various first nation communities. She has previously worked for SCHSS as well as Nlaka'pamux Health Services. She is very excited to be back with the Scw'exmx Health team.

Dawn Chypyha is our Personal Care Aid. She provides foot care and personal care such as: bathing, assistance with hygiene, foot care and haircuts if requested by clients. Dawn is well known in our communities and offers support and encouragement during her visits with community members.

Carly Obenauer is our Early Childhood Educator. She facilitates the Parents and Tots Group located at the Coldwater School once a month and in Nooaitch at the satellite building. She is enthusiastic about supporting children and families and creating activities that support healthy child development, learning about traditions, and fostering connections within the communities. She has also been trained to do the EHO Program and covers for Bonita when she is not available.

Bonita Eagles is our Community Health Representative. She does EHO Program and water track data entry. She does Diabetic education and nutritional counselling with clients and their families. She refers clients to our nurses for assessment and medical management. She attends Scw'exmx events providing education on health and wellness. She organizes programs such as the Orthotic clinic, Sea bird diabetes clinic, Food Safe Workshops, First Aid and Food Skills for Families.

#### Home & Community Care Support Services Include:

- Home visits to clients with acute or chronic conditions. Clients are assessed and home visits will be done if the client is at high risk.
- Medication management and monitoring for therapeutic intervention is done on an ongoing basis.
- Wound care in conjunction with IHA.
- Assistance with access to medical equipment supplies or travel.
- Health teaching for clients and delivery of educational material.
- Assessment and Reassessment of home making evaluations are done twice a year for each band in March and October. These assessments are done by me, and I hand them into the social development worker for each band. I also do new assessments during the year if a community member is in need. The bands have the funding from FNSDP for homemaking services and they employ the homemakers.
- Palliative Care in monitoring in linkage with Interior health.
- Advocating for clients when needed by attending appointments with and family doctor or other health care providers.
- Foot Care Program
- Frozen Meal Program for clients who are nutritionally at risk.

### *Amber's Personal Growth & development*

I-learns and learning hub to obtain certificates and stay updated  
Not Just Naloxone workshop by FNHA  
Food safe & WHMIS certificate  
Palliative care ECHO Project series by Lakehead University  
LEAP Pallium palliative care 17 modules  
Taking ownership in Palliative care certificate by Pallium Canada  
Canadian nurse protective society zoom workshops  
Wellness exchange workshops by Health Emergency Management

## COMMUNITY HEALTH

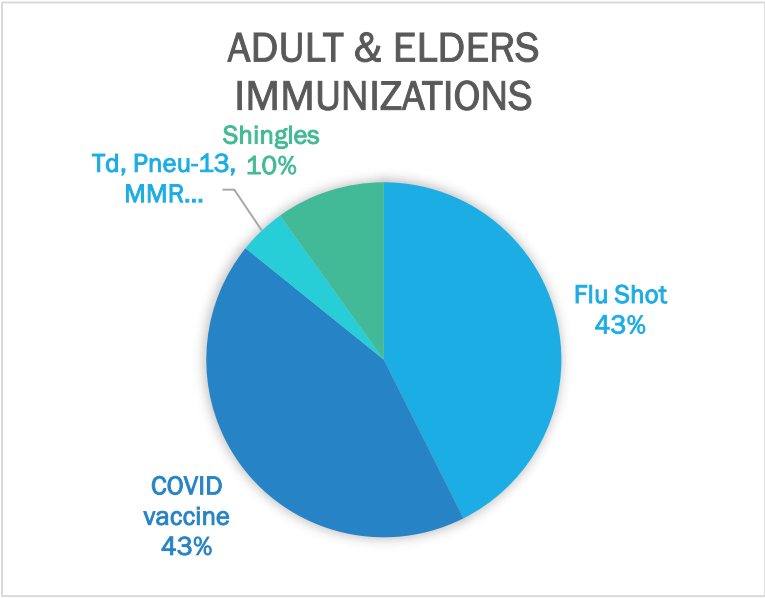


### **Communicable Disease Control**

As a mandated program, SCHSS provides baby immunizations, school-age immunizations, adult immunizations, flu clinics and tuberculosis testing. Excluding flu and COVID-19 vaccines, there were **40** children who received scheduled immunizations this year.

We also immunized 22 adults, against diseases such as Tetanus (Lockjaw), pneumococcal infection, hepatitis, and measles/mumps/rubella.

First Nations Health Authority now covers the shingles vaccine for indigenous peoples over age 65. SCHSS has been paying for this vaccine (\$300) for interested community members aged 50-65. As of April 2023, **118** people have completed or are in the process of completing a shingles vaccine series. We held flu clinics in all three communities and the main office in early November 2022. A total of **247** people were immunized against seasonal influenza. Some community members also have received flu vaccines from pharmacies and Interior Health clinics, and this is not included in the total.

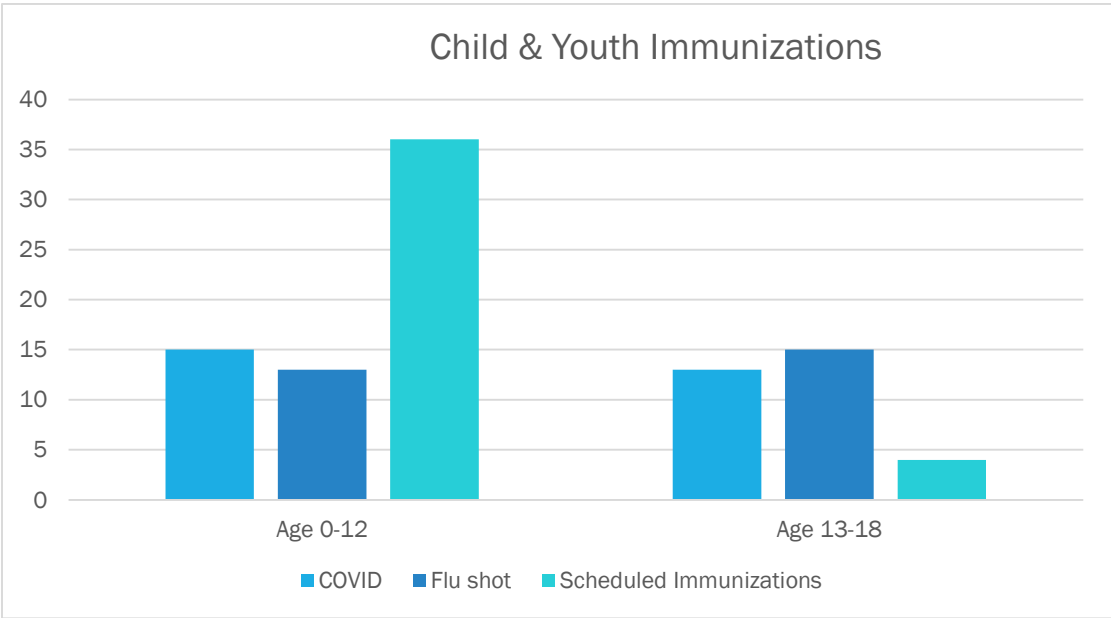


Part of infectious disease control is tuberculosis testing. During the past year, we still completed tuberculosis skin testing for students of post-secondary health programs and individuals going to treatment centers. According to CDC yearly TB testing for staff is no longer required; only clients being referred to by treatment centres.

**COVID-19**

Our nursing department has been active in COVID-19 testing, immunizations, and educating community members about

prevention, public health mandates, symptom management, isolation requirements, etc. We held multiple COVID-19 vaccine clinics during 2022, both in community and out of our office. **222 adults and elders have been immunized against COVID-19.** These are mostly community members, with a few staff members and visiting individuals included in the total. There continues to be limited child/youth COVID-19 vaccine uptake in our communities. For children aged 5-12, we have immunized **15 children against COVID-19** (total for all three communities). For those aged 13-18, we have immunized **13 youth** (total for all three communities). These numbers do not include children and families who received their COVID-19 immunizations through public health, but overall show low uptake in these age groups.



### **Gym Memberships:**

Coldwater, Nooaitch, and Shackan members can sign up for a reduced-rate membership of **\$15/month at Beyond Fitness**. This rate has been increased by Beyond Fitness this year (previously was \$10/month). This was due to their rising financial pressures related to pandemic-mandated closures. SCHSS continues to pay a flat monthly rate to Beyond Fitness to maintain a lower member rate. This program started in November 2019 and will continue indefinitely. There are currently **46** community members who have signed up for memberships through this program.

### **Canning Workshops:**

The pressure canning workshop was held during September 2022 in Nooaitch, Shackan and Coldwater. The ingredients and jars were provided to make Beef vegetable spaghetti sauce, many batches were made.

### **Emergency Kit Workshops:**

Pre-registration was required for the prepare an emergency Grab-and-Go bag in case of flood, forest fires, or other emergencies workshop. Community members came to learn about forest fire prevention, emergency planning for families and how to make a full emergency kit. One bag was provided per household. This backpack is to be quickly grabbed if there is no time to bring a full emergency kit. SCHSS supplies each household with starter Grab-and-Go kit: water, cell phone charger and power bank, first aid kit, granola bars, flashlight, emergency blanket. Workshop held during June 2022 in Shackan, Coldwater and Nooaitch.

**Naloxone:** Since 2016, SCHSS has been providing Naloxone kits to any interested community members. Naloxone is a medication that can quickly reverse opioid overdose effects. It is now available in an easy to-use nasal spray.

Anyone who would like a kit, including drug users, friends, family, and community members can receive easy and confidential training at the SCHSS office or a home visit.

SCHSS staff all have naloxone kits and are trained in their use.

### **Prenatal/Postnatal Programming**

Coldwater: 7 babies

Nooaitch: 2 babies

There were **9 babies** born to parents living on-reserve this fiscal year. As part of the prenatal services at SCHSS, the Canadian Prenatal Nutrition Program (CPNP) is offered every month on an ongoing basis. This program is funded for all women living on reserve from the beginning of pregnancy until their baby reaches one year of age. Once a month, mothers receive a \$75 gift card to Save On Foods and information about nutrition, safety, exercise, what to expect during labor, and community resources. The CPNP program also promotes breastfeeding as the best choice for feeding infants. This year, **15** families were registered in the CPNP program at some point during the year, 11 from Coldwater, 4 from Nooaitch.

The CHN is responsible for regular newborn and infant health assessments. Appointments may include immunizing, weighing and measuring babies, and giving information about safety, development, dental care, nutrition, car seats, and any concerns/questions from the parents.

### **Parent and Child Programming**

SCHSS offers a car seat loaning program. Using the right car seat and installing it correctly is an important part of ensuring a child's safety. A variety of car seat types and sizes are available on loan. Several staff members are certified in teaching families how to install car seats.

We continue to offer the breast pump loaning program. SCHSS has several breast pumps that are available to breastfeeding mothers.

We also have confidential pregnancy tests available.

Our Early Childhood Educator Carly Obenauer Carly continued to do individual family visits and group activities and events. Please see her section for more information.

SCHSS has continued to pay for swim lessons at Nicola Valley Aquatic Centre for any community children. There has been a good response to this programming, and it will continue indefinitely.

### **Mother's Day/New Life Celebrations**

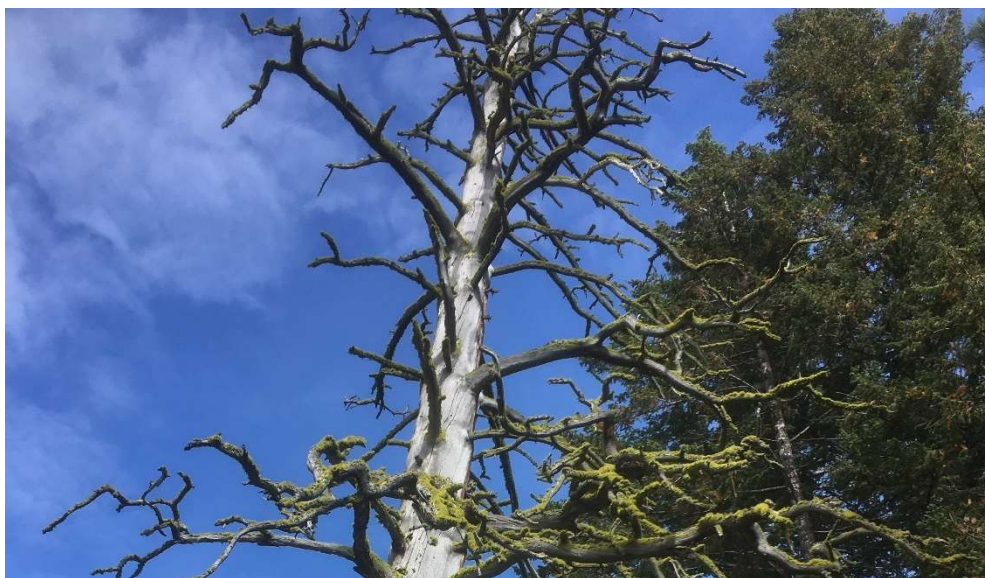
For Mother's Day, the Parent and Tot program offered professional family photo sessions for families with children aged 0-6. We also still gave gifts to parents with new babies, including framed baby photos with a traditional prayer, blankets (made by a local elder), and gift cards.

### **Administration**

We continue to use the Panorama immunization record system, that allows health centers to access client vaccine records across the province. This helps us track and give vaccinations more accurately and efficiently.

Four SCHSS staff members are trained and have access to Meditech, a program for viewing electronically documented patient information through Interior Health. This allows the nursing and mental health department to work with and counsel patients based on recent diagnostics and medical care.

Amber Steinhauer



## ANNUAL REPORT CHR/CDPW BONITA EAGLES



After 17 years with SCHSS I still enjoy my interaction with all the community members. The positive changes in programming at Scw'exmx Health provide the opportunity to create healthier lifestyles for those seeking it. Our department strives to do at least one major event per month throughout the year along with our regular programming.

**Environmental Health Program:** This is a full-time position for me with Carly Obenauer as my back up. We met all FN Health contractual requirements for Coldwater and Nooaitch & Shackan. The bands have been supplying water jugs for those living with ongoing water issues. Collaboration with SCHSS Water Technicians is strong. Regular weekly samples were taken from all the well systems in Coldwater, Nooaitch, and Shackan reserves for a total of 735, up from 700 in the previous year.

Over this last year EHO changed our Data Entry System from Water Trax to Compliance 365. EHO, Valeri Jackson remains on board and Carly continues to be a valuable back up for me and loves this part of her duties. Testing of Shackan Water Systems started August of 2021 post Fire and summer of 2022 post flood of Nov 15, 2021.

**Seabird Island Diabetes Mobile Clinic:** Seabird Island Diabetes team comes once a year for one to three days. We link with Lower Nicola Health Centre, the mobile clinic serves communities by providing diabetes care, including vision checks and blood testing. This will prevent long-term complications of diabetes. The team consists of Nurses, Vision Technicians, and me, the Comm. Diabetes Prevention Worker. This team works with Dr. Maberely (Eye Specialist) and Dr. Dawson (Endocrinologist) from Vancouver who in turn works with the family physician to make referrals and do follow-ups when required. Clinic held June 8, 9, 10<sup>th</sup> with 20 Participants.

**New Life Celebrations:** Family pictures were taken and given to the families along with homemade quilts for the newborns. Carly and Rose completed this year's programs.

**Infant Massage:** As a Cert. Infant Massage Instructor, my skills are utilized at SCHSS on a referral basis through the CHN. Due to staffing nurse changes and flood recovery efforts this program was postponed.

**Vitals Clinics:** Twice a month I attend the CW Elders and SCHSS Elders meeting and hold a Vitals/Health Check clinic with clients, completing their blood pressures and blood sugars. Notes are also completed on any health concerns they may be going through.

**Food Skills for Families:** Developed and Utilized by the Canadian Diabetes Association, it's a six session First Nation focused healthy cooking program that aims to teach and encourage healthy eating in a fun relaxed atmosphere. The program strives to strengthen cooking confidence and skills with a focus on improving food knowledge necessary to make sound meals, snack, and beverage choices, and increasing fruit/vegetable consumption.

**Nutritional Tours:** Reading Food Labels, eating healthy, social distancing, washing hands, and using hand sanitizer was a huge component of teaching this past year.

As part of my Food Skills for Families curriculum I usually conduct Nutritional tours at “Save On Foods” for participants who then received a \$25.00 gift certificate to put towards their purchases based on the Canada Food Guide, and “Live Well, Eat Right” book. Two tours were conducted this past year.

**Food Safe Training Certifications:** This program links with EHO, Valerie Jackson, Westbank, and Conayt Friendship Society/Merritt Mom’s. October 2022 had 31 participants and an increase of 11 over Mar. 2022.

**Child Passenger Safety Program:** SCHSS has three Certified Technicians. As part of the training a child passenger safety seat clinic is included. Many new style car seats have been developed making them safer and more user friendly for families to install and use. I completed my re-certification in 2022.

**Burnaby Orthopaedic Clinic:** Nine years of services. One client was referred to Romac in Kamloops for Bi lateral knee braces and is thrilled to be able to walk without pain and discomfort. Our clinic was held on Sept 22 and 13 clients presented.

**Loan Library:** This library was developed for the benefit of the community members and staff with resources ranging from Diabetes to Stress/Harm Reduction and Healthy Gardening/Canning. This library is used regularly and has proven to be a great resource asset.

**Mobile Mammogram Clinic:** Several clients attended the mobile clinic at the Extra Foods parking lot this past year. Encouragement to book on their own with notices going out to the communities and personal follow-up letters are sent to clients.

**HCC e-SDRT Reporting:** Is an electronic service delivery reporting template which I complete monthly for the HCC Program to provide statistical information for FNHA. This reporting was re-evaluated and was discontinued as there are only about six places in BC that do this reporting.

**Diabetes Self-Management Program:** This program was developed at Stanford University Patient Education Research Center and designed to work with the “Living a Healthy Life with Chronic Conditions”. Live and Virtual reconstructing of the programming took place from September 22 to April 2023. I was invited by the University of Victoria Centre for the Aging to participate with 8 others. The final print will be out in 2023.

**Emergency Response Medic Aid** Working with Interior Emergency Response Systems in Kelowna, SCHSS has in place -25- units, up from 24 the previous year. Safety/Help is only a “button push” away. This system is parallel to Lifeline but at a substantially reduced rate. Interior Medic Aid Response Systems supports our staff and community members with knowledge and professionalism. Cellular and GPS units with fall detection buttons is required often. Over this past year we have implemented the use of three GPS units for three of our elderly women.

**CHR Referrals to:** NIHB- 13 (for travel, eye clinics, etc. for cost coverage), Dietician- 2 Mental Health & Addictions Dept- 2, Burnaby Orthopaedics & Mastectomy-13, Romac Orthopaedics-1, Carter Hearing-4 Access Hearing Clinic- 1, Referrals to other agencies -4, Physicians- 2, Eye Clinic- 4, Footcare-2, Pensions Forms .

**Participation in Other Programs:** Annual Flu/Covid 19 Clinics, CPNP, HCC, EHO mold inspections, New Life Celebrations, Annual Elder’s Christmas Gift Cert., Scw’exmx AGM, Car

Seat Inspections (PRN), Palliative/Hospice program Development, Canadian Diabetes Webinars. Chronic Conditions Diabetes.

**Chronic Conditions Self-Management Program:** This program helps people with chronic conditions to better manage their symptoms and their daily lives. The workshop is over a six-week period and provides information and teaches practical skills. It gives people the confidence and motivation they need to manage the challenges of living with chronic health conditions.

**Air Purifier Program:** Honeywell Air Purifiers for the elderly, chronically ill and staff were handed out to a total of 75. This program was implemented due to the wildfires in and around our communities. New washable filters will be supplied in 2023 as needed.

**Carter Hearing Clinics:** I held several hearing clinics for our community members and the program was such a success, Carter Hearing decided to open their own store front in Merritt to expand and continue its hearing assessment/hearing aid services. I just refer clients to the Carter Hearing Store front now.

**Pension Form Assistance:** 9

**CHR/CDPW Stakeholder Interaction Linkages:** 49 Agencies and Depts. Up from last year by 8.

**Personal Growth and Development:**

1. Webinars- Canadian Diabetes Assoc.
2. Attended two in person, Service Canada Workshops
3. Community Food Centre Webinars
4. Zoom Training-Optimizing Your Daily Energy by the Care for the Caregivers & Healthy Workplaces
5. Flood & Fire Preparedness Workshops
6. Vicarious Trauma, Strategies for Resilience through CRTI.
7. Updated Knowledge on Monkeypox and Covid 19.
8. CAN Language Class
9. Conayt- Traditional Medicines.
10. U of Vic. Chronic Conditions Diabetes Consulting Workshop-Sept 12-15/22. Monthly consulting via Zoom from October 2022 to April 2023
11. FNHA Nurses-Zoom Meeting- Diabetes and Pregnancy.
12. Harrison Hot springs Staff Retreat-Navigating Change, Sept 16-18.
13. Harm Reduction Program
14. FNHA Immunization Schedule Webinar: Updated child immunization protocols for Covid 19.
15. Hospice Update Zoom Meeting.
16. Recertified my Infant Car Seat Installation Course.

## HOME & COMMUNITY CARE PROGRAM



### **Communities: Nooaitch & Shackan**

My name is Crystal Lindley, and I am a Licensed Practical Nurse (LPN) for Scw'exmx Community Health Services Society (SCHSS). My date of hire was January 7, 2019, in a part time position. A few months later April 1, 2019, I became a full-time employee of SCHSS. I am one of the Home & Community Care Nurses that covers both Nooaitch and Shackan First Nation communities.

### **Some of the services provided are:**

- ✚ Work in collaboration with the rest of our nursing staff at SCHSS with any health-related programs or issues within our communities.
- ✚ STD program- supply/provide condoms to facilities within our communities like Nooaitch & Shackan band offices, Band halls and our SCHSS office bathrooms.
- ✚ Falls Prevention Program in collaboration with Occupational Therapist to provide safe homes for our elders in community.
- ✚ Home and Community Nursing Care provided to clients in need- Monthly Vitals, Blood sugar monitoring, wound-care, client advocacy and attending client appointments when necessary, medication reviews and updates.
- ✚ Interprofessional Collaboration with all other Healthcare Providers.
- ✚ Tuberculosis (TB) Program- Coordinate the annual TB skin testing clinic for all SCHSS staff, including Nooaitch/Shackan band staff when/if needed.
- ✚ Infection Control and emergency evacuation planning.
- ✚ Frozen Meal Program from CSI Kamloops
- ✚ Provide Canning Programs for community members to learn and partake.
- ✚ Communicable disease services- Immunizations, Pandemic planning, and preparation.
- ✚ COVID-19

I continue to complete different modules, I-learns and learning Hub to stay updated and obtain certificates that are needed. This year we have been trying to stay ahead of COVID-19 with booster doses and continued patient teaching in safe gatherings. Stay Safe!

Respectfully,  
Crystal Lindley, LPN

## PERSONAL CARE AIDE – DAWN CHYPYHA



Greetings, my name is Dawn-Marie Chypyha. I am of Shuswap Ancestry.

I have been working as a PCA at Scw'exmx Community Health Services Society (SCHSS) since November 2002. After working at SCHSS for over 20 years, I still love all the aspects of my job at SCHSS.

I am a professionally trained Personal Care Aide (PCA) with extensive experience in the PCA position. I have a Diploma in Home Support Resident Care, specializing in home and community care, as well as advanced training in Footcare, including a Foot Care Assessment Certificate. I provide direct care to my clients, assisting with maintaining personal care & footcare. My education and professional background provide me with exceptional knowledge, and confidence to perform all functions of personal care. I have genuine concern and care for the well-being of my clients, respecting their beliefs and traditions. I work as a caring advocate on behalf of my client's, and I collaborate with the nursing team at SCHSS to set up the best care plan possible for the client's.

As a PCA, I maintain high standards of service, encourage client independence, and provide the highest quality of care possible that contributes to the client's wellbeing. I get a lot of gratitude from my clients and their families, who truly appreciate the work I do. I love brightening my client's days by seeing them smile and feel cared for.

Respectfully Submitted by,  
Dawn Chypyha  
Personal Care Aide



## EARLY CHILDHOOD EDUCATOR REPORT



My name is Carly Obenauer, and I have been employed as an Early Childhood Educator for Scw'exmx Community Health Services Society since August of 2018. I have been working within the educational field for 14 years. I have previous experience in all daycare settings including infant and toddler programs, preschool, kindergarten, after school care, and aboriginal head start.

I am enthusiastic about supporting children and families and creating activities that support healthy child development, learning about traditions, and fostering connections within the communities. I look forward to continuing to educate myself, gain more knowledge and strive to support children and families in the best possible ways.

I facilitate the Parents and Tots Group located at the Coldwater School once a month and in Nooaitch at the satellite building. Cultural events, and activities have included: beading and ribbon skirt workshops, trips to the Wildlife Park in Kamloops, Monkey Tree House, Petting Zoo in Kelowna, Waterpark days, and Monck Park Trips.

I created monthly activity kits for the Shackan community and delivered them to the client's doors. The monthly activity kits included:

- Art supplies to create the craft
- Activity sheets: I-Spy, mazes, colour by number, word searches
- Save on Foods gift card

Specifics of my position have included:

- Develop and implement activities that support and promote the physical, cognitive, emotional, and social development of children between the ages of infancy and 6 years.
- Lead children in activities to stimulate and develop their intellectual, physical, and emotional growth and ensure their security and well-being
- Assess and observe the abilities, interests, and needs of children and discuss with parent's signs of potential learning or behavioral problems and connect them with external resources
- Establish and maintain collaborative relationships with co-workers and community service providers working with children
- Provide a physically safe and emotionally supportive environment showing sensitivity to the individuals needs of children in all aspects of development
- Executing the Parent and Tots Group (SCHSS Parents and Children)
- Executing the CPNP gift card program for expecting parents and assisting and providing car seats and breast pumps
- Assisting with the Naloxone Training provided by Ashleigh Huston

Throughout the pandemic I have been assisting with organizing and facilitating vaccine clinics in Shackan, Nooaitch, Coldwater and our office. I have assisted in booking clients for their vaccine as well as planning and creating the schedules for the clinics. I checked in clients as they arrived for their dose and helped set up and take down the clinics. Prior to the pandemic I was assisting Stoyoma Dental Clinic with the community dental program. The program checks children's teeth aged 0-6 and notifies the family of the condition of their teeth and places a protective varnish on the teeth.

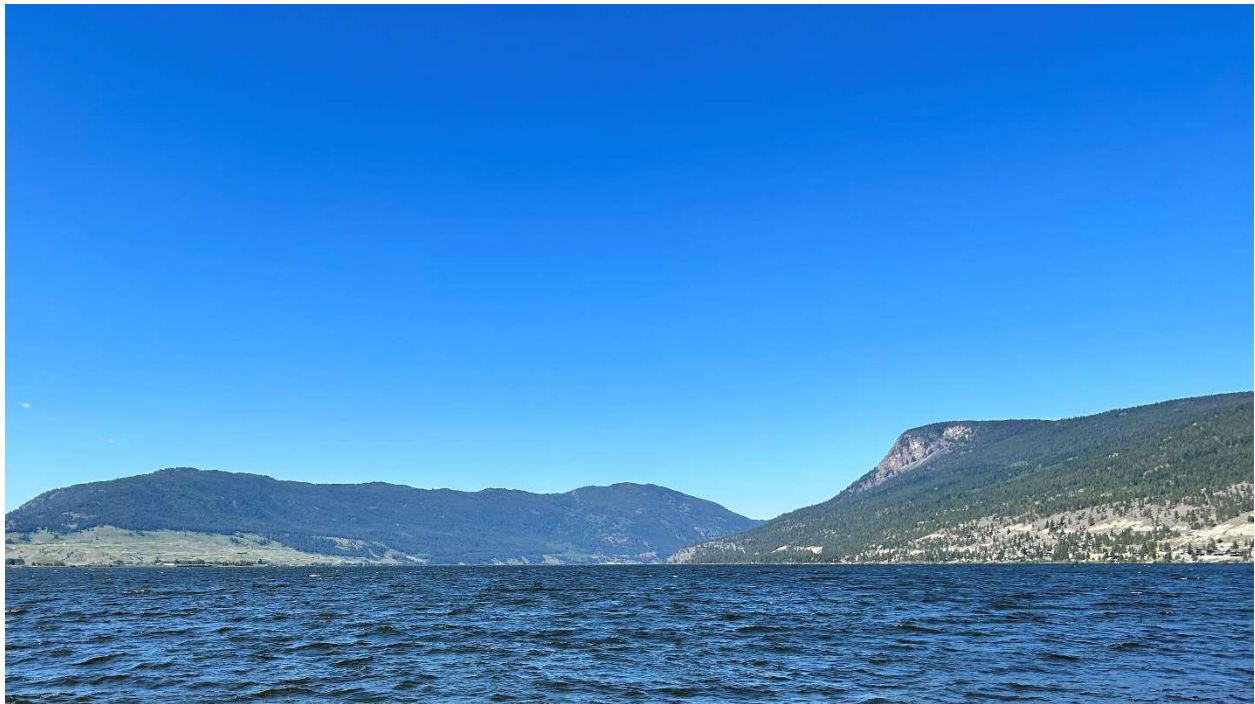
For the past five years I have been working alongside Bonita Eagles with water sampling for the First Nations Health Authority within the Shackan and Nooaitch communities. When Bonita Eagles is away, I do Coldwater as well.

I have passionately been pursuing training opportunities to ensure I am providing the best quality care as is possible. This has included:

- Crisis and Trauma Resource Institute: Training Certificates VIA their Virtual Workshops

Respectfully yours,

Carly Obenauer



## STOYOMA DENTAL CLINIC



2088 Quilchena Ave  
PO Box 3090 Merritt, BC V1K 1B8  
Phone: (250) 378-5877  
Fax: (250) 378-9123  
E-mail: stoyomadental@schss.com

Since opening our doors on May 1<sup>st</sup>, 2013, we now have a patient count of 7478.

In December 2022 it was with great sadness that we said goodbye to Dr. Karthik Lakshminarayanan as he has purchased his own practice and moved on. We were fortunate to have him as our full-time dentist for the past 7 years.

In January 2023 we were fortunate to find two amazing new dentists to join our team. Dr. Bruce Prokopetz brings 36 years' experience to us and Dr. Purujeet Monga is a newer grad with just under two years' experience.

I continue to work closely with Scw'exmx Child and Family which is the office for children who live on Reserve and are in foster care. I am in close contact with ASK wellness employees and they refer clients in need of dental work to our office on a regular basis. Most of the clientele with ASK wellness are challenged in some capacity and have access to dental through the Ministry with either disability or emergency services only. I also work closely with The Ministry of Children and Family to help service any foster children that need our services. This past year we were also able to help two Ukrainian families that moved to Merritt after fleeing from the war. We did all their work under our Pro Bono program. Whenever possible our clinic will always do what it can to help the community at large.

We serve First Nations clients and do not "balance bill" and we do the same for clients who are on the Ministry Plan, Healthy Kids or Emergency Services only. At the present time we are the only office in Merritt who takes all these plans and does not balance bill. This removes many barriers for these patients as otherwise they would not have the opportunity to attend dental appointments. We also do pro-bono work on individuals who have no insurance at all and would otherwise have no safe access to dental treatment. Last year alone our Pro Bono work reached \$70,000.00.

A new Pediatric Dental office has opened their doors in Vernon, BC, in March 2023, which has been a huge help to our children in need of work under sedation. The team at Happy Teeth has already been able to consult and treat a hand full of our patients and they are getting glowing reviews from parents and kids.



Jordan's Principle is still a great source for many of our clients 18 and under who may not otherwise have been able to seek treatment whether it be at a Pediatric, Oral Surgeons or Orthodontics office. Many offices are dealing directly with Jordan's Principle which is also making the process much easier for the parents.

We still have a van available for our clients on Tuesday and Thursday. This service is free of charge to all. We pick up on and off Reserve and there are no restrictions as to who can use the van. The only restriction we have is that if the van is going to travel to some of our further out areas such as Lytton or Lillooet then we require a minimum of 6 patients to make the travel necessary as it takes the van out of rotation for that day and for others who may need it.

We continue to work very hard to remove all barriers for all clients so they can receive the dental care that is required of them.

This year we celebrated our 10th anniversary on May 1<sup>st</sup> and in honor of this huge accomplishment we held an Open House from 12:30 to 3:30. We had an amazing turnout, with the mayor and council present. Stephanie Molina, from First Nations Health Authority attended and she will be featuring us in the next Provincial FNHA newsletter. We are very blessed to be able to contribute to the community in the way that we do. Our talented and dedicated team have made a substantial difference to the many people who otherwise were not being treated by a dentist due to their insurance benefits or their low income. Our office looks forward to many more years of success.

If you have any questions or concerns, please don't hesitate to contact our office.

Thank you,

Trish Alexandruk  
Office Manager



## BRIGHTER FUTURES – YOUTH PROGRAM



### Objectives:

- ❖ Administer and provide community services that enhance the health and well-being of the children/youth living in the communities of Coldwater, Nooaitch and Shackan
- ❖ Facilitate and promote community involvement in planning and delivering youth services.

### Goals:

- ❖ Offer a broad range of community-based activities that focus on the health and social development of children/youth.
- ❖ Deliver child/youth programs that enhance recreational, social and/or educational activities.
- ❖ Assist youth in all aspects of development that ensure their personal well-being and sense of well-being within the community.

### Activities:

- 📅 Friday April 14, 2022, was our monthly Youth Outreach at Spirit Square from 11:30-1:00pm. This event was well attended with about **65+ students**. Gave our pizza, fresh veggie bags, drinks and provided easter goodie bags to youth. Students enjoyed filling up on wellness products such as: shampoo/Cond., toothpaste, toothbrushes, condoms, pens, pencils, notebooks, journals, deodorant, hair products etc.
- 📅 April 20, 2022, Darlene and I participated in Virtual Sun Run, we completed 10 km.
- 📅 Every Tuesday & Thursday from 3:30-4:30pm we open the SCHSS Youth Center. Youth play pool, fools' ball, mini basketball. Air hockey, arts & crafts, watch a movie, play video games etc. This month we had **10** youth attend our afterschool program.
- 📅 Friday April 29, 2022, we assisted the School District #58 grade 6 at the annual Traditional Game at Rotary Park, was very well attended with **110 students**.
- 📅 We hosted a Mother's Day Bingo at Youth Center on May 5<sup>th</sup>. We had **27** ladies register for the fun bingo, had 4 moms playing at the Youth Center, and gave away 22 prizes to the lucky winners.
- 📅 Friday May 20, 2023, was the monthly Nicola Valley Youth Outreach. MSS hosted the event this month, had well over **150+** students participated at the House of Honor building. Had hotdogs, veggies bags, juice and bottled water. Students were able to gather wellness items from our variety of baskets full of hygiene products. Was Very well attended by student and different organizations.

- ✚ Thursday June 2, 2022, we held “Girls Spa Night: at the SCHSS Youth Center. Girls enjoyed snacks, make-up demonstrations, manicures, made Epsom Salt jars, and did cookie decorating. Was a fabulous evening with **12 girls** attending.
- ✚ June 6 & 7, 2022 attend workshop “Not Just Naloxone” at N.V.I.T. Was valuable information on the opioid crisis and had refresher on how to administer the Naloxone kits.
- ✚ Friday June 10<sup>th</sup> took youth too Kamloops Cineplex Theater to watch movie “Top Gun” **6 youth**.
- ✚ Saturday June 11, 2022, organized Elers trip to see the Play “Echoes of the Homesick Heart” at the Kamloops Western Theatre. **7 Elders** enjoyed a nice afternoon out and treated them to Chinese Dinner.
- ✚ Friday June 17, 2022 was Monthly Nicola Valley Youth Outreach and this month we hosted it at the SCHSS Youth Center. Had well over **120** students stopped by had pizza, juice, veggies bags, students loaded up on wellness items from our basket’s pf hygiene products.
- ✚ June 20, 2022, held “Father’s Day Archery Clinic” at CMS School Gym. Had **6** community members attend, and gave out lots of door prizes.
- ✚ Thursday June 30, 2022, helped organize SCHSS Elders trip to Cineplex Theatre in Kamloops. The elders enjoyed the movie “Elvis”. Had **15 Elders** participate and were very much appreciated the evening event.
- ✚ SCHSS Youth Center was open more in the month of June 2022 as we added a Friday evening activity and changed our ages from 6- 18 years old. For the month the center was open on Tuesdays, Thursdays and Fridays, we had **43 youth** come participated in after school Drop-In.
- ✚ For the summer month in July, we opened SCHSS Youth Center on Tuesday and Thursday 1:00-4:00pm. Youth came and enjoyed playing pool, mini basketball, video games, did some crafts.
- ✚ July 11, 2022, we able to make proposal to First Nation Education Steering Committee for Summer Worker Employment Program and hired 2 Summer Students. The busy helping run the summer kids/youth program for 8weeks.
- ✚ On July 13, 2022, we hosted the monthly Nicola Valley Youth Outreach along with SCFSS, had pizza and snacks and wellness baskets. **50+ youth/families**
- ✚ Hosted NHSS youth/kids Tie Dye T-Shirt making event at Youth Center. **16 participants**
- ✚ Sunday July 24, 2022, we had Hotdogs sale at the Annual Nicola Valley Car Show and Central Park. Was an enjoyable day with lots of people supporting our local youth group.



- ✚ July 25-27, 2022 was the 4<sup>th</sup> Annual Nicola Valley Canoe Pull out at Douglas Lake Recreation site (Old Kamloops sailing club) on Nicola Lake. We invited Aboriginal Youth between the ages of 12-18 years old to paddle the waters along with adult chaperones.
- ✚ Youth were taught safety when entering the big canoes, traditional protocols and safe sendoff by the elders. Youth also participated in evening activities, storytelling. Traditional games, crafts, outdoor volleyball and badminton and enjoyed swimming. Was a great 3-day event had **30 youth/20 chaperones** attending. I and Darene provided 60 bag lunches per day for the event.
- ✚ Friday July 28<sup>th</sup> the SCHSS Summer Workers and I set up a Hotdog sale outside the Center, was a good way to promote our SCHSS Youth Center.
- ✚ August was a busy month with weekly swimming programs (**36**), Movie trips to Kamloops (**30 kids**), H2O Water Park and dinner at Old Spaghetti Factory (**41** community members) Held weekly Kids summer day programs at Coldwater Access Center (**5-10**) came out daily. Held Monthly Youth Outreach at Center **40+** community members came. Organized Kids Back to School Bingo and gave away lots of prizes (**36 kids**) **Weekly Drop-In** at center we had **18 youth** participants.
- ✚ During the week of August 22-26, he held the Annual SCHSS Eye Clinic at the SCHSS Youth Center, was good to see community members come in for services.
- ✚ Our Summer Student Workers helped at Coldwater Rich n" Beka Youth Workshop held at the Coldwater School Gym. Youth had opportunity to learn indigenous language, culture and Heritage, Song writing & Beats, youth were also given an opportunity to make music video.
- ✚ September 29<sup>th</sup> participated in Truth & Reconciliation event at M.S.S with School District, Native support workers and students (**150 ppl**)
- ✚ In support of the Annual Murdered Missing Indigenous Woman held on October 4<sup>th</sup> we participated in awareness walk with M.S.S students and staff (**120ppl**) Also that evening chaperone some youth to the documentary "The Runner" at NVIT Theater (**4 youth**)



- ✚ Coldwater Gym Nights we able to start back in person again in October, kids enjoyed playing basketball, floor hockey, badminton, handball, indoor soccer. (**32 kids/youth**)
- ✚ October 20 & 21<sup>st</sup> helped at Harm Reduction Conference at Merritt Civic Center. Assisted with set-up/decoration, clean up, and provided all the snacks for the 2-days.

- 📅 Saturday October 22, 2022, we hosted Actress Michelle Trush at SCHSS Youth Center. Provided for dinner and community members were able to take pictures and we all enjoyed a meal together. **(30 people)**
- 📅 October 31 was collaborative effort by lots of the local organizations, (NHSS, Lower Nicola Indian Band, Stoyoma Dental SCFSS, CNA, Conayt Friendship Center, to host Merritt Halloween Extravaganza at Merritt Civic Center. We able set up 2 mini basketball games, large Jenga Game, played Minute to Win it Game and handed out lots treat **(125 people participated)**
- 📅 On November 7<sup>th</sup> different organizations collaborated a did a winter clothing drive for community, held it at Spirit Square where able to serve hot soup, snacks and hot chocolate as it was a cold day. Had about **40+** community members stopped by and gave away winter coats, gloves, hats, blankets, socks, sweaters etc. Was nice to see lots of our homeless community members get service.
- 📅 Friday Nov. 25<sup>th</sup>, we opened up SCHSS Youth Center as warming station for Christmas Parade as it went by the youth center. Was a huge turn out about **150 ppl** came through our doors. We served coffee, hot chocolate, popcorn and cupcakes. Was a good crowd with lots of our community members participating.
- 📅 Dec. 13, we held Youth Christmas Bingo, and gave away lots of prizes. **40+ youth**
- 📅 For the month of January 2023, we had Youth Center opened for After School Drop In on Tuesday & Thursdays. Youth always enjoy visiting, playing pool, eating snacks, going on computers, air hockey, foosball, arts & crafts. We had over **100 youth** stop by the center this month 😊
- 📅 Friday January 20, 2023, was SCHSS Kids Ski Trip to Harper Mountain near Kamloops where they enjoyed skiing/snowboarding lessons. Had a total of **27 kids**.
- 📅 February 1, 2023 was SCHSS Youth Skiing/Snowboarding day at Harper Mountain and all youth enjoyed some lessons. **34 youth**
- 📅 Monday February 6<sup>th</sup> hosted Little Girls Tea Party here at Youth Center. Girls ages 4 – 6 years dressed up in their princess costumes, made Valentines crafts, they all received goodie bags and enjoyed Valentine snacks. **9 girls** attended.
- 📅 Feb 7-9, 2023, assisted with chaperone Coldwater Elders Wellness Trip to Osoyoos at Spirit Ridge Hotel and



Conference Centre. Elders enjoyed some very nice hotel rooms, did tour of the culture center, were treated to some massages and played some Indian bingo. A guest Speaker was also in attendance to talk about the effects of residential schools. The elders were very much appreciative of the 3-day trip, was great to spend time with the elderly.

- 📅 February 13, 2023 hosted a girls spa day at Youth Center, did some canvas painting, had their nails painted, hair braiding, made Epson salt jars to take home, and gave them all goodies bags. **10 girls**
- 📅 February 17<sup>th</sup> was Pro-Day for Merritt School District so no classes that day, we organized Family Sledding Day at Lundbom, Youth/Kids enjoyed lots sledding and wiener roast with lots of snack. Had over **50+** community members enjoy an afternoon of fun.
- 📅 Asd a celebration of BC Family Day we along with NHSS organized Family Tubing Day at Harper Mountain in Kamloops. It was a chilly day on the mountain, but the kids and parents/chaperones enjoyed the day. **50** community members
- 📅 March 1<sup>st</sup> organized Boys Group afterschool program at Nicola Bowling Lanes for afternoon of fun bowling and had snacks. **15 boys**
- 📅 For the month of March, we hosted Youth Life Skills Program at Youth Center. March 13 had CNA guest speaker share about all their program they offer (**3 youth**) March 23 NVIT spoke about scholarships and course that college offers, (**4 youth**) March 30<sup>th</sup> Work BC came did talk on how they support youth with job readiness. (**6 youth**)
- 📅 March 15<sup>th</sup> helped ASK Wellness with the annual Homeless count in Merritt. Assisted with the survey with clients and served hot homemade soup and Bannock.
- 📅 For spring Break took some kids/youth to Apex Trampoline Park in Kamloops for an evening of fun, and went out for dinner. (**31 youth**)

Submitted By:

Lucille Henry – Youth Development/Recreation Worker



## SHACKAN & NOOAITCH YOUTH PROGRAM



Hello, my name is Darlene Rodominski, I am the Youth and Development Worker for Shackan and Nooaitch. I have taken great pride in working with your children for the past thirteen years as a youth worker with Scw'exmx Community Health. I have seen many of my youth graduate not only from grade 12, but from kindergarten and into high school. I was there for Christmas concerts, grad parades, sports days and track meets. I always wanted to make sure they knew someone was always there cheering for them.

This past year we were off to a slow start with covid regulations still around. The youth have enjoyed weekly after school swimming programs (**256** youth), gym nights at Nicola Canford (**109** youth), drop in at the Nooaitch Band Hall and at the SCHSS Youth Center where there is always a healthy snack, games, crafts and laughs (**168** youth). With the numbers of children always growing we have added another van and extra helpers to help transport and help with youth programming.

Youth also had the choice to do things like Girls Spa Day, there was also a Spa Day put on by Nooaitch band, that I helped with. There was Back to school Bingo (18 youth), Mother's Day Bingo, Father's Day Archery, Christmas bingo (20 youth), dinner with Michelle Thrush at the youth center, Civic Center Halloween, where a lot of youth came out to enjoy the family fun event. I took part in helping in the games room and handing out treats. Nicola Canoe Pull Campout, Trip to Cineplex Movies, Literacy Camp in Nooaitch, Nooaitch Scandia Trip for the Boys Group, Young Peoples Wellness Gathering at NVIT, Little Girls Valentines Tea Party, sledding at Lundbom, Boys Group Bowling (11 boys), Apex Trampoline Park (15 youth), SD58 Traditional Games, where I helped, Life Skills Workshops, where youth had opportunities to visit TRU, see what is available through local agencies.

This year I took part in the monthly Outreach Events. A wonderful opportunity to interact with so many very grateful students. There we would serve free lunches and have wellness items like hygiene items, needed school supplies, water bottles, swag and seasonal treats for students to enjoy.

We also had our annual ski trips to Harper Mt. where 31 youth had a choice of ski or snowboard lessons, along with lunch and a day of fun. And the Annual Family Tubing Day and hot dog roast also held at Harper Mt. was also well received.

This year we were unable to go to the Cultus Lake Waterslides, so instead we went to H2O, where 14 youth enjoyed an afternoon of swimming and ended with dinner at the Old Spaghetti Factory.

I helped with Christmas wish lists for the Nooaitch Band members, which is always fun, and attended the Christmas party and played Santa's elf. I also made 100 goodies bags for the Shackan & Nooaitch Band members for their annual Christmas Parties.

The SCHSS youth center was used as a warming station for the Merritt Christmas parade, where we served hot drinks and made over 100 Christmas cupcakes to give out.

Along with all the activities comes a lot of planning, meetings for Youth Workers Collaboration, Nicola Canoe Pull with RCMP, Young Peoples Wellness, IRS trip for Coldwater Elder, Girls Spa Day for Nooaitch, Indigenous Run /Walk, Harm Reduction Gathering, Halloween Event, to name a few.

I also had the opportunity to take the Naloxone Training at NVIT. Where there was a lot of good information provided. I had an opportunity to spend time with the Coldwater Elders on their IRS trip to Spirit Ridge, which was very enjoyable. I took part in the planning of the Harm Reduction Event, as well as snacks, set up and take down.

This isn't a complete list, but you can see, we were a little busy this past year. Looking forward to making up for lost time with lots of new adventures this year.

Thank -you for sharing your children with me,

Darlene Rodominski,  
Youth Worker



**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**

**FINANCIAL STATEMENTS**

**March 31, 2023**

INDEPENDENT AUDITOR'S REPORT

STATEMENT OF FINANCIAL POSITION

STATEMENT OF CHANGES IN NET ASSETS

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COMBINED STATEMENT OF OPERATIONS

SCHEDULES 1 - 2

STATEMENTS OF OPERATIONS

SCHEDULES 3 - 27

## **INDEPENDENT AUDITOR'S REPORT**

To the Members, SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY

### ***Opinion***

We have audited the financial statements of SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY (the Society), which comprise the statement of financial position as at March 31, 2023, and the statements of changes in net assets, operations and cash flow for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2023, and the results of its operations and its cash flow for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

### ***Basis for Opinion***

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### ***Other Matters***

We draw attention to the fact the supplementary information included in Schedules 1 through 27 do not form part of the financial statements. We have not audited or reviewed this supplementary information and, accordingly, we do not express an opinion, a review conclusion or any other form of assurance on this supplementary information.

### ***Report on Other Legal and Regulatory Requirements***

As required by the Societies Act of British Columbia, we report that, in our opinion, the accounting policies applied in preparing and presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

### ***Responsibilities of Management and Those Charged with Governance for the Financial Statements***

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process

(continued)

**Auditor's Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

*Grant Thornton LLP*

Chartered Professional Accountants

Kamloops, Canada  
July 28, 2023

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**STATEMENT OF FINANCIAL POSITION**  
**March 31, 2023**

<b>ASSETS</b>	<b>2023</b>	<b>2022</b>
<b>CURRENT ASSETS:</b>		
Cash	\$ 216,522	\$ 76,488
Restricted cash (Note 4)	986	2,450,865
Accounts receivable	962,500	88,981
GST rebate receivable	17,554	14,433
Inventory	129,789	73,885
Prepaid expenses	17,337	28,801
	<u>1,344,688</u>	<u>2,733,453</u>
PROPERTY AND EQUIPMENT (Note 5)	<u>5,837,500</u>	<u>1,927,681</u>
	<u>\$ 7,182,188</u>	<u>\$ 4,661,134</u>
<b>LIABILITIES</b>		
<b>CURRENT LIABILITIES:</b>		
Accounts payable and accruals (Note 7)	\$ 1,337,587	\$ 108,180
Employee deductions payable	43,788	16,031
Deferred revenue (Note 8)	-	2,457,072
Current portion of long term debt (Note 9)	147,167	719,129
	<u>1,528,542</u>	<u>3,300,412</u>
LONG TERM DEBT (Note 9)	<u>674,863</u>	<u>307,371</u>
	<u>2,203,405</u>	<u>3,607,783</u>
COMMITMENTS AND CONTINGENCY (Note 10)		
<b>NET ASSETS (Note 11):</b>		
Unrestricted	(3,499)	124,949
Restricted	(33,183)	27,227
Capital	5,015,465	901,175
	<u>4,978,783</u>	<u>1,053,351</u>
	<u>\$ 7,182,188</u>	<u>\$ 4,661,134</u>

APPROVED ON BEHALF OF THE BOARD:

 Director

 Director

**SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**STATEMENT OF CHANGES IN NET ASSETS**  
Year ended March 31, 2023

	Unrestricted Fund	Restricted Fund	Capital Fund	2023 Total	2022 Total
BALANCE, beginning of year	\$ 124,949	\$ 27,227	\$ 901,175	\$ 1,053,351	\$ 905,979
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	445,539	(33,183)	3,513,076	3,925,432	147,372
ADJUSTMENTS:					
Interfund transfers	27,227	(27,227)	-	-	-
Purchase of property and equipment	(396,744)	-	396,744	-	-
Principal reduction	(204,470)	-	204,470	-	-
	(573,987)	(27,227)	601,214	-	-
BALANCE, end of year	\$ (3,499)	\$ (33,183)	\$ 5,015,465	\$ 4,978,783	\$ 1,053,351

See accompanying notes to financial statements.

**SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**STATEMENT OF OPERATIONS**  
Year ended March 31, 2023

	Budget (Unaudited)	Unrestricted Fund			Restricted Fund Scwexmx Health Operations	Capital Fund	Total 2023	Total 2022
<b>REVENUES:</b>								
First Nations Health Authority	\$ 4,611,082	\$ -	\$ -	\$ -	\$ 147,639	\$ 3,680,428	\$ 5,791,510	\$ 2,085,788
Dental clinic	1,350,000	-	1,566,531	-	-	-	1,566,531	1,194,520
Rental	144,000	-	-	138,006	-	-	138,006	138,000
Other contracts	203,439	329,407	25,000	-	-	15,498	369,905	343,858
Cost recoveries	87,384	-	-	248,574	-	-	248,574	223,288
	<u>\$ 6,395,905</u>	<u>2,292,850</u>	<u>1,591,531</u>	<u>366,580</u>	<u>147,639</u>	<u>3,695,926</u>	<u>8,114,526</u>	<u>3,985,454</u>
<b>EXPENSES:</b>								
Advertising and promotion	\$ 4,500	8,233	11,963	-	-	-	20,196	3,018
Automotive	220,390	169,967	14,814	-	15,568	-	200,449	179,444
Board expenses	30,000	40,718	-	-	-	-	40,718	103,516
COVID-19 support	-	-	2,446	-	-	-	2,446	10,477
Equipment rental	34,320	45,345	314	-	-	-	45,659	46,333
Insurance	7,200	1,380	3,160	6,525	-	-	11,065	10,199
Interest	28,000	-	546	39,571	-	-	40,117	44,659
Office, materials and supplies	99,156	76,186	30,293	-	-	-	106,479	131,643
Patient support	34,000	-	73,693	-	-	-	73,693	34,464
Professional development	17,500	11,049	17,152	-	-	-	28,201	13,467
Professional fees	15,000	26,800	7,000	-	-	-	33,800	22,652
Program costs	3,050,432	322,947	132,783	-	134,582	-	624,855	645,455
Property taxes	-	-	-	34,443	-	-	20,074	18,542
Rent	182,000	88,261	117,962	20,074	-	-	206,223	158,011
Telephone and utilities	54,000	28,839	15,542	8,071	934	-	53,386	50,953
Travel	19,000	6,003	6,286	-	-	-	12,289	5,030
Wages and benefits	2,508,658	1,414,363	1,042,693	-	29,538	-	2,486,594	2,129,076
	<u>\$ 6,304,156</u>	<u>2,240,091</u>	<u>1,476,647</u>	<u>108,684</u>	<u>180,822</u>	<u>-</u>	<u>4,006,244</u>	<u>3,606,939</u>
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES BEFORE AMORTIZATION</b>		52,759	114,884	277,896	(33,183)	3,696,926	4,108,282	378,515
Amortization (Note 16)		-	-	-	-	(182,850)	(182,850)	(231,143)
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES</b>		<u>\$ 52,759</u>	<u>\$ 114,884</u>	<u>\$ 277,896</u>	<u>\$ (33,183)</u>	<u>\$ 3,513,076</u>	<u>\$ 3,925,432</u>	<u>\$ 147,372</u>

See accompanying notes to financial statements.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**STATEMENT OF CASH FLOWS**  
Year ended March 31, 2023

	2023	2022
OPERATING ACTIVITIES:		
Excess of revenues over expenses	\$ 3,925,432	\$ 147,372
Adjustment for capital transactions included in operations:		
Amortization of property and equipment	182,850	231,143
(Increase) decrease in:		
Restricted cash	2,449,879	(2,450,865)
Accounts receivable	(873,519)	3,736
GST rebate receivable	(3,121)	25,639
Inventory	(55,904)	(1,920)
Prepaid expenses	11,464	(15,019)
Increase (decrease) in:		
Accounts payable and accruals	1,229,408	(296,389)
Deferred revenue	(2,457,072)	2,457,070
Employee deductions payable	27,757	(17,949)
Cash from operations	<u>4,437,174</u>	<u>82,818</u>
FINANCING ACTIVITIES:		
Debt reduction	(204,470)	(204,256)
Cash used in financing activities	<u>(204,470)</u>	<u>(204,256)</u>
INVESTING ACTIVITIES:		
Purchase of property and equipment	(4,092,670)	(68,418)
Cash used in investing activities	<u>(4,092,670)</u>	<u>(68,418)</u>
INCREASE (DECREASE) IN CASH	140,034	(189,856)
CASH, beginning of year	<u>76,488</u>	<u>266,344</u>
CASH, end of year	<u><u>\$ 216,522</u></u>	<u><u>\$ 76,488</u></u>

See accompanying notes to financial statements.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

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**NOTE 1. NATURE OF OPERATIONS:**

The Society is incorporated under the Societies Act of British Columbia as a not-for-profit organization. Its purpose is to provide health services to three member Bands of the Scw'exmx Tribal Association. The Society is exempt from paying income tax under Paragraph 149(1)(L) of the Income Tax Act.

**NOTE 2. SIGNIFICANT ACCOUNTING POLICIES:**

These financial statements are prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant accounting policies are summarized as follows:

**Fund Accounting:**

The Society uses the restricted fund method of accounting for contributions. The restricted funds are summarized on the statement of operations. A fund is determined for the purpose of carrying on specific activities or attaining certain objectives in accordance with special regulations, restrictions or limitations. The Society maintains the following funds:

- The Unrestricted Fund which reports the operating activities related to the health programs provided by the Society.
- The Restricted Fund which reports the activities for health programs that have funding restrictions and limitations for specific purposes.
- The Capital Fund which reports items related to the capital assets of the Society.

**Inventory:**

Dental supplies on hand are capitalized as inventory and valued at average cost.

**Property, Equipment and Amortization:**

The cost of equipment purchased is recorded as an increase in the equipment asset account and the related equity account. Proceeds are recorded as reductions in the equipment account and the related equity account. Amortization is based on the estimated useful life of the assets and is recorded at the following annual methods and rates:

Buildings	4 %	declining balance
Fencing	20 %	declining balance
Furniture and fixtures	20 %	declining balance
Dental equipment	20 %	declining balance
Automotive equipment	30 %	declining balance
Computer equipment	30 %	declining balance
Leasehold improvements	20 %	straight-line basis

The Society reviews the useful lives and the carrying values of its capital assets if events or changes in circumstances indicate that the assets might be impaired, by reference to the assets' contribution to the organization's ability to provide services. When assets no longer have any long-term service potential to the organization, the assets are considered to be impaired. An impairment loss is measured at the amount by which the carrying amount of the assets exceeds their fair value, which is estimated as the expected service potential of the assets.

**Revenue Recognition:**

Restricted contributions are recognized as revenue in the appropriate fund.

Unrestricted contributions are recognized when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Contract revenues are recorded based on the terms of the contract. Any surpluses resulting from funds received for the set funding programs are repayable to First Nations Health Authority.

Interest is recorded on the accrual basis and is recognized when it is earned.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
Year ended March 31, 2023

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**NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):**

**Deferred Revenue:**

Contributions received in advance for programs that have not commenced in the current year are deferred until the program start date.

**Allocation of Expenses:**

The Society engages in various programs. The costs of each program include the costs of personnel, premises and other expenses that are directly related to providing the program. The Society also incurs a number of general support expenses that are common to the administration of the organization and each of its programs.

The Society allocates certain items of its general support expenses by identifying the appropriate basis of allocating each component expense, and applies that basis consistently each year. General management and administrative expenses are allocated to the appropriate department based on a percentage of contract basis for the following funds:

- Brighter Futures
- Building Healthy Communities
- Health Services
- Aboriginal Diabetes Initiative
- EHS - Drinking Water Safety
- First Nations and Inuit Home and Community Care
- Canada Prenatal Nutrition
- Accreditation
- Harm Reduction
- Residential Schools Resolution Health Support
- Dental Clinic

**Financial Instruments:**

The Society considers any contract creating a financial asset, liability or equity instrument as a financial instrument, except in certain limited circumstances. A financial asset or liability is recognized when the Society becomes party to contractual provisions of the instrument. Unless otherwise noted it is management's opinion that the Society is not exposed to significant other price risks arising from these financial instruments.

**Measurement**

Financial assets or liabilities obtained in arm's length transactions are initially measured at their fair value and subsequently measured at amortized cost (approximates fair value for cash) include cash, receivables, payables and accruals and long term debt.

Gains or losses arising on initial measurement differences are generally recognized in net income when the transaction is in the normal course of operations, and in equity when the transaction is not in the normal course of operations, subject to certain exceptions.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

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**NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):**

The Society removes financial liabilities, or a portion of, when the obligation is discharged, cancelled or expires.

Financial assets measured at cost are tested for impairment when there are indicators of impairment. Previously recognized impairment losses are reversed to the extent of the improvement provided the asset is not carried at an amount, at the date of the reversal, greater than the amount that would have been the carrying amount had no impairment loss been recognized previously. The amounts of any write-downs or reversals are recognized in net income.

**Use of Estimates:**

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting periods. By their nature, these estimates are subject to measurement uncertainty and the effect on the financial statements of changes in such estimates in future periods could be significant.

Significant areas requiring management estimates include the recoverable amount of accounts receivable and the estimated useful life of property and equipment. Management reviews these estimates on a periodic basis, and where necessary, makes adjustments prospectively.

**NOTE 3. FINANCIAL INSTRUMENTS:**

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of March 31, 2023.

**Credit Risk:**

The Society does not believe it is subject to any significant concentration of credit risk. Cash is in place with a major financial institution. Accounts receivable are predominately from government organizations.

**Interest Risk:**

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. The Society is exposed to interest rate risk on its fixed rate financial instruments. Given the current composition of long-term debt, fixed-rate instruments subject the Society to a fair value risk.

**NOTE 4. RESTRICTED CASH:**

During the year, the Society received funding from First Nations Health Authority to facilitate the construction of a new health and wellness facility located at Coldwater Indian Band. An agreement is in place such that the Society manages and administers the funds over the course of the project. These funds have been classified as restricted cash as they are solely for this purpose.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
Year ended March 31, 2023

**NOTE 5. PROPERTY AND EQUIPMENT:**

	Cost	Accumulated Amortization	2023 Net	2022 Net
Land	\$ 216,310	\$ -	\$ 216,310	\$ 216,310
Buildings	1,365,074	240,609	1,124,465	1,164,569
Fencing	12,107	6,528	5,579	6,974
Furniture and fixtures	115,732	96,416	19,316	24,260
Dental equipment	445,244	330,941	114,303	124,702
Automotive equipment	1,111,130	893,683	217,447	310,640
Computer equipment	145,897	118,744	27,153	37,298
Assets under construction	4,112,927	-	4,112,927	42,928
	<u>\$ 7,524,421</u>	<u>\$ 1,686,921</u>	<u>\$ 5,837,500</u>	<u>\$ 1,927,681</u>

The above totals include the following property and equipment for the Dental Clinic:

Dental Clinic - Furniture and fixtures	\$ 24,116	\$ 19,131	\$ 4,985	\$ 6,233
Dental Clinic - Equipment	445,244	330,941	114,303	124,702
Dental Clinic - Computer equipment	53,056	39,889	13,167	17,323
	<u>\$ 522,416</u>	<u>\$ 389,961</u>	<u>\$ 132,455</u>	<u>\$ 148,258</u>

**NOTE 6. BANK INDEBTEDNESS:**

Under a Line of Credit arrangement with the Royal Bank of Canada, the Society may borrow up to \$25,000 on such terms as the Society and the bank may mutually agree upon. This arrangement does not have a termination date and can be withdrawn at the bank's option. At March 31, 2023 the unused portion of the credit line was \$25,000.

**NOTE 7. ACCOUNTS PAYABLE:**

At March 31, 2023 accounts payable consists of the following:

	2023	2022
Trade payables	\$ 923,961	\$ 12,711
Holdback payables	385,716	-
Wages payable	27,910	95,469
	<u>\$ 1,337,587</u>	<u>\$ 108,180</u>

**NOTE 8. DEFERRED REVENUE:**

	2023	2022
FNHA Coldwater Indian Band health facility deferred funds	<u>\$ -</u>	<u>\$ 2,457,072</u>

During the prior year, the Society entered into an agreement to manage and administer the funds for construction of a new health and wellness facility located at Coldwater Indian Band. The deferred revenue balance represents the funds received and not yet spent on development.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

NOTE 9. LONG TERM DEBT:	2023	2022
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$3,958, due July 8, 2024.	\$ 5,551	\$ 9,667
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$3,958, due July 8, 2024.	5,551	9,667
Royal Bank term loan, repayable in monthly installments of \$1,731 including interest at 5.13%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$796,823, due January 31, 2027.	258,067	265,500
Royal Bank term loan, repayable in monthly installments of \$2,450 including interest at 4.66%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$796,823, due June 20, 2023.	6,156	34,547
Royal Bank term loan, repayable in monthly installments of \$2,250 including interest at 4.60%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$796,823, due May 2, 2023.	4,017	30,176
Royal Bank term loan, repayable in monthly installments of \$525 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$796,823, due July 29, 2025.	13,863	19,617
Royal Bank term loan, repayable in monthly installments of \$665 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$796,823, due July 29, 2025.	12,831	20,269
Royal Bank term loan, repayable in monthly installments of \$750 including interest at 4.66%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and a 2018 Volkswagen Tiguan with a carrying value of \$8,252, due June 20, 2023.	2,144	10,824
		(continues)

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

**NOTE 9. LONG TERM DEBT (continued):**

**2023**

2022

Royal Bank term loan, repayable in monthly installments of \$1,573 including interest at 4.81%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 1802 Chapman Street, Merritt which has a carrying value of \$416,420, due April 16, 2024.

**256,643**

262,793

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$5,453, due April 30, 2025

**8,233**

12,154

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$5,453, due April 30, 2025

**8,233**

12,154

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$5,453, due April 30, 2025

**8,233**

12,154

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$538 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$8,264, due April 30, 2025

**13,088**

19,133

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$551 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$8,466, due May 4, 2025

**13,930**

20,111

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$8,839 due, April 3, 2026

**14,058**

18,481

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$8,839, due April 3, 2026

**14,058**

18,481

Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$12,249, due April 3, 2026

**20,596**

26,688

(continues)

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
Year ended March 31, 2023

NOTE 9. LONG TERM DEBT (continued):	2023	2022
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$718 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$14,737, due April 3, 2026	24,781	32,110
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$12,249 due, April 3, 2026	20,596	26,688
Royal Bank Term loan, repaid during the year.	-	665
Royal Bank term loan, repayable in monthly installments of \$1,850 including interest at 4.10% secured by a 2019 Shuttle Bus with a carrying value of \$12,478 due January 27, 2025	38,898	59,053
Royal Bank term loan, repayable in monthly installments of \$600 including interest at 4.50% secured by a Crown Scanner with a carrying value of \$27,674, due November 30, 2024	41,225	46,442
Royal Bank term loan, repayable in monthly installments of \$1,135 including interest at 4.12% secured by a 2019 Chevrolet Bus with a carrying value of \$44,224, due June 20, 2023	3,188	16,387
Royal Bank term loan, repayable in monthly installments of \$509 including interest at 4.10% secured by a 2019 Volkswagen Jetta with a carrying value of \$7,819, due January 27, 2025	10,687	16,233
Royal Bank term loan, repayable in monthly installments of \$835 including interest at 4.10% secured by a 2013 Toyota Tacoma with a carrying value of \$11,176 due January 27, 2025	17,403	26,506
	<b>822,030</b>	1,026,500
Amounts payable within one year	<b>(147,167)</b>	(719,129)
	<b>\$ 674,863</b>	<b>\$ 307,371</b>

Principal repayments due in the ensuing 5 years are approximately as follows:

2024	\$ 147,167
2025	393,733
2026	44,400
2027	10,034
2028	226,696
	<b>\$ 822,030</b>

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

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**NOTE 10. COMMITMENTS AND CONTINGENCY:**

**a) Commitments:**

**Equipment Leases:**

The Society leases office equipment under a long-term lease which expires in November 2028, the monthly rental being \$946 plus applicable sales taxes.

The Society leases telephone equipment under a long-term lease which expires in October 2023, the monthly rental being \$281 plus applicable sales taxes.

Future minimum lease payments as at March 31, 2023 are as follows:

2024	\$	13,323
2025		11,357
2026		11,357
2027		11,357
2028		11,357
2029		7,571
		<hr/>
	\$	66,322

**Coldwater Indian Band Health Facility Development:**

The Society entered into an agreement to administer and manage funds related to the development and construction of a new Health and Wellness Building on Coldwater Indian Band land. Total project funding of \$4,965,000 has been secured through First Nations Health Authority with \$3,680,428 distributed to the Society in the 2023 fiscal year and the remainder to be distributed in the 2024 fiscal year. The Society will be managing the funds for this project until its completion.

**b) Pension Plan:**

The Society and its employees contribute to a defined contribution pension plan. Total contributions to the plan during the year were \$95,312 (2022 \$85,261).

**c) Contingency:**

The Society receives portions of its funding under agreements with certain agencies which, if unexpended, may be refundable to those agencies. No amounts have been recorded in the financial statements as refundable.

**NOTE 11. NET ASSETS:**

The majority of the Society's net assets are governed by the Health Funding Consolidated Contribution Agreement commencing April 1, 2019 and expiring March 31, 2029. The recipient must use the funding provided under this agreement to deliver the programs and services in accordance with the terms and conditions of the agreement. Under the terms of this agreement the Recipient may, with the written approval of the Minister, re-allocate any Set Funding among health programs and services within the same "program cluster" as outlined in the agreement. Flexible transfer funding may be re-allocated among "authorities" as set out by the agreement, provided that mandatory programs are delivered.

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
Year ended March 31, 2023

**NOTE 12. ALLOCATION OF EXPENSES:**

**2023**

**2022**

The Health Management Support Fund has been charged general support expenses to other programs as follows:

Brighter Futures	\$ 17,086	\$ 17,087
Building Healthy Communities	16,298	16,298
Canada Prenatal Nutrition	2,213	2,209
Health Services	28,107	27,611
Aboriginal Diabetes Initiative	2,920	3,925
EHS - Drinking Water Safety	6,995	6,994
First Nations and Inuit Home and Community Care	38,642	30,330
Harm Reduction	2,500	-
Residential Schools Resolution Health Support	2,500	-
Accreditation	6,226	7,712
	<u>\$ 123,487</u>	<u>\$ 112,166</u>

The Other Contract Fund has charged vehicle support expenses to other programs as follows:

Brighter Futures	\$ 13,332	\$ 13,332
Building Healthy Communities	7,800	7,800
Health Services	10,000	6,000
EHS - Drinking Water Safety	6,000	6,000
First Nations and Inuit Home and Community Care	13,800	9,840
Dental Van	12,000	-
Medical Van	6,000	-
	<u>\$ 68,932</u>	<u>\$ 42,972</u>

**NOTE 13. CASH FLOW INFORMATION:**

During the year \$40,117 (2022 \$44,659) of interest was paid.

**NOTE 14. ECONOMIC DEPENDENCE:**

The Society receives a major portion of its revenue pursuant to a Health Transfer funding agreement with the First Nations Health Authority which expires March 31, 2029.

**NOTE 15. BUDGET FIGURES:**

The budget information disclosed is for information purposes only and has not been audited.

**NOTE 16. AMORTIZATION:**

Total amortization for the year is as follows:

	<b>2023</b>	<b>2022</b>
Amortization of automotive assets	\$ 93,193	\$ 133,131
Amortization of other assets	89,657	98,012
	<u>\$ 182,850</u>	<u>\$ 231,143</u>

**SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY**  
**NOTES TO FINANCIAL STATEMENTS**  
**Year ended March 31, 2023**

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**NOTE 17. EMPLOYEE & DIRECTOR RENUMERATION IN ACCORDANCE WITH THE SOCIETIES ACT**

During the year, 6 employees were paid in excess of \$75,000, for a total of \$636,904.

During the year, the following amounts were paid to the Board of Directors:

	<b>Honorarium</b>	<b>Contract Services</b>
Chairperson	\$ 10,253	\$ 4,735
Vice-Chairperson	2,700	-
Secretary Treasurer	5,599	-
Director	2,638	-
Director	3,331	-
Director	3,921	-
	<u>\$ 28,442</u>	<u>\$ 4,735</u>



## **SCHSS STAFF**

Barclay Smith	Executive Director
Jim Adams	Special Projects
Wendi Harder	NIHB Clerk/Reception
Selena Henry	Administrative Financial Assistant/AR
Jessie Aljam	Finance Clerk
Doug Dixon	Community Medical Driver
Larry Hintz	Dental Driver
Darlene Rodominski	Youth Worker
Lucy Henry	Youth Worker
Angela Nordstrom	Community Health Nurse
Carly Obenauer	Early Child Educator Worker
Bonita Eagles	Community Health Representative
Amber Steinhauer	Home Care Nurse
Dawn Chypyha	Personal Care Aid
Crystal Lindley	Licensed Practical Nurse
Ashleigh Huston	Licensed Practical Nurse
May George	Wellness Programs Manager
Elizabeth Perdok-Waboose	Therapist
Christine Provost	Wellness Counsellor

### **SCHSS BOARD OF DIRECTORS**

	2022-2023
Ko'waintco Michel	SCHSS Chairperson- Nooaitch Band Rep
Olivia Buck	SCHSS Board Member- Nooaitch Band Rep
Michael Smithers	SCHSS Vice-Chairperson- Coldwater Band Rep
Vernonica Jameson	SCHSS Board Member- Coldwater Band Rep
Chief Arnold Lampreau	SCHSS Secretary/Treasurer- Shackan Band Rep
Yvonne Joe	SCHSS Board Member- Shackan Band Rep



### **Symbols**

Cycle - Holistic Health	Sheeskin - Healthy House
Roots - Family Systems	Water - Provider of Life
Mother Earth – Nurturer	Sweat Rocks - Cleansing and Spiritual
Sun - Provides Energy	Tree- Life

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