

Scw'exmx Community Health Services Society

Annual Report



2023-2024



SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
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Our vision in Scw'exmx territory is one of healthy citizens, and healthy communities.



MISSION

**We are all going to help each other.
So that we will always go on the right path.
In everything.
If we all prepare ourselves we will all be strong.**

GOALS

- ➡ **To preserve, foster and enhance client health through clearly communicated programs that incorporate fundamental concepts of prevention; intervention; support; and integration**
- ➡ **To incorporate holistic and cultural language, competencies, traditional ways, care for land values into the development and delivery of SCHSS programs through consultation with SCHSS clientele, program staff and external health care agencies**
- ➡ **To increase access to health services and programs**



Table of Contents

Chairperson's Report	3
Executive Director's Report	5
Finance Assistant	6
Non-Insured Health Benefits.....	8
Mental Health and Addictions	11
Home and Community Care	14
Community Health.....	17
Community Health/Diabetes Prevention	23
Personal Care Aide	28
Early Childhood Development	29
Stoyoma Dental Clinic	31
Brighter Futures – Youth Program	31
Shackan and Nooaitch – Youth Program	34
Coquihalla Primary Care Clinic	37
Financial Statements	39
Staff List	55

CHAIRPERSON'S REPORT



Greetings to you all! This past fiscal year we all have experienced many losses but also achieved many good things with SCHSS communities. The impacts of Drugs and Alcohol has certainly impacted us all, not only through the deaths but through violence in our communities. For sure other health impacts from Cancer and other causes have taken our loved ones. On behalf of the SCHSS Board our prayers and condolences go out to all the families in their losses.

At our last SCHSS AGM (Annual General Meeting) held November 30, 2023, at Best Western in Merritt BC where we reported on the Strategic Planning that the Board done, and it was requested that the strategic planning be circulated out to membership, this has been done.

We as Board are proud of the work Jim Adams, Project Manager and Barclay Smith, Executive Director with completing a building renovation for our Coquihalla Primary Care Clinic and now have two Family Practitioners who are currently working, and our Nurse Practitioner and another Family Physician who will be starting in September. We are also proud to say that another General Practitioner will be coming in December who wants to work in the emergency room at Nicola Valley Hospital.

Another project achievement Jim Adams and Barclay Smith completed was the Coldwater Satellite Health Center, where now Coldwater community members can have health services provided. This was not an easy project to complete because it started during the time of COVID. On behalf of the Board, we would like to acknowledge the Board member Arnold Lampreau and Yvonne Joe from Shackan for the time they both served on the Board and provided great contributions. We would like to welcome the two new Board members Savannah Joe and Jordon Joe from Shackan community. We would like to thank all the good work of SCHSS staff and Stoyoma Dental for all their dedication and care for our communities.

In closing, we put up our hands up to Jim Adams, Project Manager and Barclay Smith, Executive Director for their great teamwork on the achievements completed in this past year. We would like to also thank all the good work of SCHSS staff and Stoyoma Dental for all their dedication and care for our communities.

This concludes my report.

Ko'waintco Michel
SCHSS Chair/Nooaitch Rep



EXECUTIVE DIRECTOR'S REPORT: THE YEAR IN REVIEW



I would like to thank everyone for such strong support for the organization over the past year. Our communities have had tougher times, and more challenges than many others in British Columbia, and we have proven our resilience.

The staff of Scw'exmx Community Health Services Society continue to be dedicated to providing and improving the health services and programs of our organization, and our Board of Directors diligently completed their governance work. This included strategic planning in the fall of 2023 where we revisited our goals, targets, and what has been accomplished, we are proud of our accomplishments. One example is the completion of the SCHSS satellite health building on Coldwater Reserve IR#1 which is an exciting opportunity for delivery of health services directly in the community and it is now being staffed on a regular basis. We are proud of our revised strategic plan for 2022-2027. The plan lays out the next steps in our journey to ensure quality programs and services in support of our mission and vision.

We have had significant change in staffing and leadership of our organization, in our funding and partnering agencies, and within our local communities. These changes are a challenge in keeping key relationships strong, but also an opportunity to consider how our services are delivered and open doors for creative ways to support service delivery.

SCHSS stands at the forefront of driving change in healthcare in the Nicola Valley, through its commitment to advancing health services that have not already been available. We have developed the infrastructure to support additional health services such as the Coquihalla Primary Care Clinic where general practitioners, nurse practitioners, mental health services, nurses and additional medical professionals can work in a team-based care approach.

The clinic opened in September of 2023 and is positioned to be a provincial model for how health services can be provided in partnership with First Nations organizations. The United Way of BC was instrumental in supporting the financial need during the CPCC creation in partnership with The Government of Canada's Community Services Recovery Fund. Now more than ever, community service organizations, including charities, non-profits and Indigenous governing bodies, play a key role in addressing complex social problems faced by many communities across Canada. We are thankful that those agencies saw the same vision that we have, of healthy communities here locally.

The Merritt chapter of Rural and Remote Divisions of Family Practice was another agency who was a tremendous asset to support our vision. They were key in recruitment and strategy to bring health professionals to Merritt and the opportunity to work with us. The First Nations Health Authority and Interior Health Authority have also been key partners as we look towards supporting health professionals for our community members, and development of an

expansion of the facility. Interior Health, through a year of discussions, has now agreed to place a Nurse Practitioner within the facility. The First Nations Health Authority, through the development work of Jim Adams, has agreed to support the expansion of the Coquihalla Primary Care Clinic with seed funding of one million dollars. The expansion of the facility is currently under way for completion during the 2024/2025 fiscal year.

The SCHSS board of directors, staff, and collaboration with other health services agencies has played a pivotal role in reshaping healthcare in the Nicola Valley, ensuring that our society's initiatives align with our members interests and benefit from our society's unique health delivery experience over the past 25 years.

Looking ahead, we remain dedicated to our mission, forging ahead with initiatives that not only meet the needs of members, but anticipate and address some of the evolving community challenges in healthcare. We have a long way to go, and we have a vision to get there, but when we look at all of these recent exciting developments, we see that our society is a leader in shaping the future of health service delivery, ultimately contributing to making all of us healthier and stronger.

As we look to the future for SCHSS and the health of our communities, we are keeping our focus on the original mission statement developed by the Nlaka'pamux Elders.

Respectfully Submitted
Barclay Smith,
Executive Director



FINANCE ASSISTANT'S REPORT



heñte? nskwest Selena Henry. Hello, my name is Selena Henry. I am from Coldwater Indian Band here in the Nlaka'pamux Nation. My parents are Lucille Henry (nee George) from Coldwater and Joseph Henry from Lytton First Nation. I have four siblings and a beautiful son whom I raise with my spouse Garrett.

My main responsibility as the Administrative Financial Assistant has been the bi-weekly payroll for SCHSS, Stoyoma Dental, Coquihalla Primary Care Clinic and Nlaka'pamux Health. Maintaining the payroll files and confidentially keeping employee's benefits (group insurance and pension), occupations and entitlements up to date in the Xyntax accounting system.

Among my responsibilities I also ensure that monthly, quarterly, and yearly reports are accurately complete such as bank reconciliations, CRA payroll remittances, pension contributions and reports, and WCB reports for SCHSS/Stoyoma Dental/CPCC and Nlaka'pamux Health. Also providing back-up support for Jessie Ajam, our finance assistant who processes accounts payables and Gracynn Bose our reception and non-insured health benefits clerk. We work closely together to uphold the requirements of our roles to provide support to the Executive Director, Barclay Smith.



SCHSS 25th Anniversary Celebration

Over the past year there has been healthy changes and improvements within the Society and services we help offer to the communities. One of our bigger accomplishments I had the privilege to witness come alive is the Coquihalla Primary Care Clinic. It has been a dream within our leadership for years to hold a safe and centralized space for more primary care services, priority going to the indigenous communities SCHSS serves and surrounding. This medical clinic fills a gap in the health services needed to sustain and promote health and wellness for our people.

A few successes to list for recognition:

- Completion of Construction on the Coldwater Satellite Health Building.
- Opening of the Coquihalla Primary Care Clinic

SCHSS is committed to moving forward in a positive and healthy direction for our three communities Coldwater, Nooaitch and Shackan. Thank you to the staff, board of directors and our membership for the continuous uplifting support in what we do.

Kʷukʷscémxʷ (Thank you), Selena Henry



National Ribbon Skirt Day: Jessie Aljam, May George & Selena Henry



SCHSS Staff First Aid Training

NON-INSURED HEALTH BENEFITS



Hello, my name is Gracynn Bose, I was born and raised in Nicola Valley. I became part of the team at Scw'exmx Community Health Services Society in August of 2023. I reflect on the year working here at SCHSS and it has led me to a pathway to view our healthcare system from a significant point of view to be able to assist and be there for the three communities we serve, Coldwater, Shackan and Nooaitch. My highlight of this year is the opportunity to work and connect with the community members and staff.

My main role working at SCHSS is Non-insured Health Benefits (medical transportation). Along with other administrative duties such as creating the monthly newsletter that gets delivered monthly, planning the eye clinic that is annually held two times a year at SCHSS for the community members, and helping where needed.

Medical Transportation

SCHSS medical transportation is a funded program through the First Nations Health Authority. This program was set in place to assist clients with travel costs to the nearest health provider that isn't in their community. Any individual that is a registered first nations with a status number and personal health number has access to the medical transportation program. SCHSS medical transportation guidelines allow on- reserve members to access assistance. Off reserve members must access the medical transportation program, directly through FNHA.

Medical transportation is aimed to assist the community members, with mileage, meals and accommodation if necessary and it is the responsibility of the client to ensure the health clerk- five days prior to appointment to guarantee the assistance. Any medical transportation trips longer than five days will require approval from FNHA. And clients must get a confirmation slip of appointment signed and dated. If you are an off-reserve member at SCHSS and want to access the medical transportation assistance for an appointment, the health clerk can help you fill out the correct forms to send to FNHA and FNHA will dictate any decisions and communicate with the member.

SCHSS offers medical van transportation for members that need transportation to an appointment in town. It is the client's responsibility to give reception a phone call and see if they can book the medical van for transportation. There are guidelines to follow in the medical van that can be found in the monthly newsletter and each community has a specific day that they can book the van if needed.

Medical Van Schedule

Coldwater- Tuesday

Shackan- Wednesday

Nooaitch- Thursday

Pacific Blue Cross

FNHA covers eye exams every two years for adults between the ages of 19-64. Children under 19 and adults over 64 are eligible to get it covered every year. Diabetes that are under 19 and over 64 are also eligible every year. Note that every optometrist sets their own rates on eye examinations and if members want to avoid paying the remanding balance, it is crucial to find an eye doctor that directs bills the fixed rate to FNHA blue cross.

These are the amounts covered by FNHA:

\$100.00 per eye examination

\$275.00 per single vision frames

\$415.00 per high vision index lenses

Please note that SCHSS hosts two eye clinics per year with Dr. Ahmed who comes from Vancouver. Dr. Ahmed direct bills to FNHA Blue Cross, and offers a variety of glasses to choose from, if needed. This past year there was one clinic held in September 2023 and May 2024. Dr. Ahmed was able to see clients in September 2023 and 38 clients in May 2024. He will be returning in October 2024. If anyone in your household wants to make an appointment, please contact reception and the receptionist can gather the information needed to see Dr. Ahmed.



Other important information to note about medical, and dental coverage includes:

British Columbia Medical Services Plan

Most individuals have access to this plan that the ministry of health administers put in place to ensure all BC residents have access to medical care and as of 2018 all BC residents must be registered. It is essential that you keep your personal health card up to date with your residential address, and if it expires or is lost, you can apply for a new card at HUB insurance. Note that once an infant is past 18 months, they are unable to use their guardian's status, register the infant with Indigenous Services Canada so the infant can get a personal health number. This allows them to be covered for medical expenses through FNHA Blue Cross or for medical transportation. Once a person is over 18, they can apply to have their own PHN.

Medical Equipment and Supplies

These are available to registered First Nations and Inuit for personal use, provided the item(s) is on the approval list. SCHSS has some medical equipment and supplies if needed, speak with a member of the nursing team to see what is available or if a member needs help filling out the paperwork to access the necessary medical equipment.

Pharmaceutical/Drugs

FNHA Blue Cross program provides coverage specific prescription drugs, some over-the-counter drugs, propriety medicines, and extemporaneous products (something applied externally). FNHA provides a drug benefit list which is updated every quarter and is available on the FNHA website at <https://www.fnha.ca/benefits/pharmacy>.

Dental

Coverage for dental service is determined on an individual basis; although some require Benefit Exceptions, which FNHA authorizes. Blue Cross only covers what is considered 90% of the Dental Fee guide, and clients may have to pay the remaining 10% of the bill. If you require sedation for dental surgery, you may have to pay for the sedation fee. You can find all the necessary information regarding dental coverage on the FNHA website.
<https://www.fnha.ca/benefits/dental>.

Stoyoma Dental Clinic opened on May 1, 2013. The Stoyoma billing systems is unique in that they don't charge the extra 10% to First Nations clients. This is a great benefit for our membership! Since there are nearby dental providers in the medical transportation program won't be able to assist with out-of-town travel to see another dentist unless it is a referral for special reasoning. Stoyoma is always accepting new patients and can be reached at 250-378-5877.



MENTAL HEALTH AND ADDICTIONS

He'íle? Coldwater, Shackan and Nooaitch community members

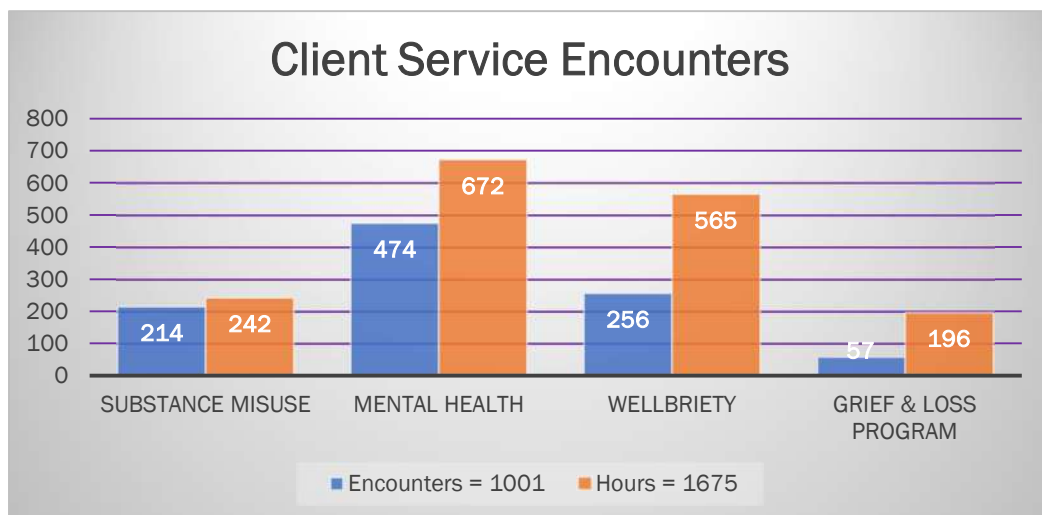


My name is May George, I have been the Wellness Team Manager at SCHSS for the 2023/24 year. This has been my 20th year at SCHSS. I have appreciated working with so many families and community members and am thankful for the many learning opportunities. Our team had a busy year with counselling services – our focus has been on substance use and mental health wellness, through responding to community needs to the best of our abilities both through professional development and offering direct services that are timely and appropriate to individual community members. We are grateful for the learning we have done this year and will continue to work hard throughout the coming year!

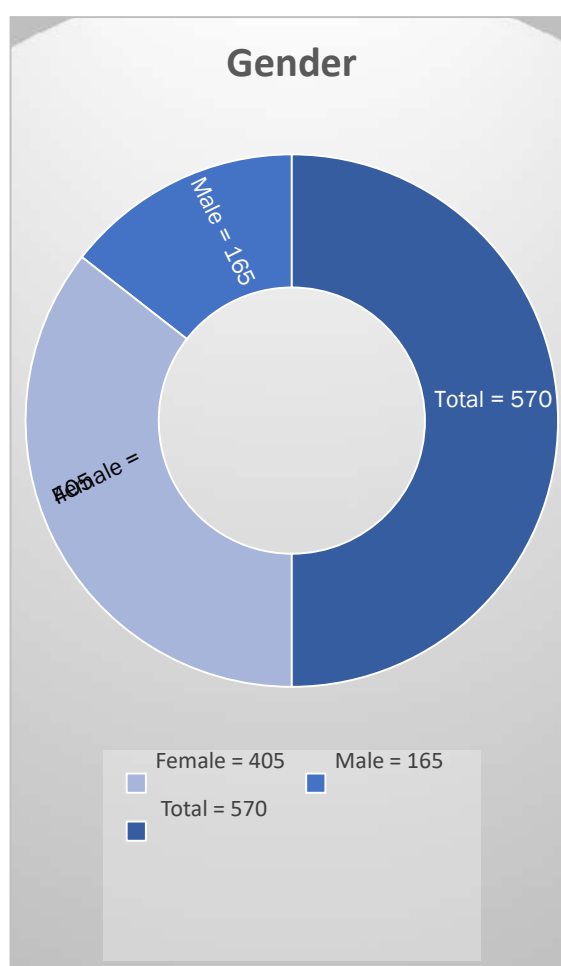
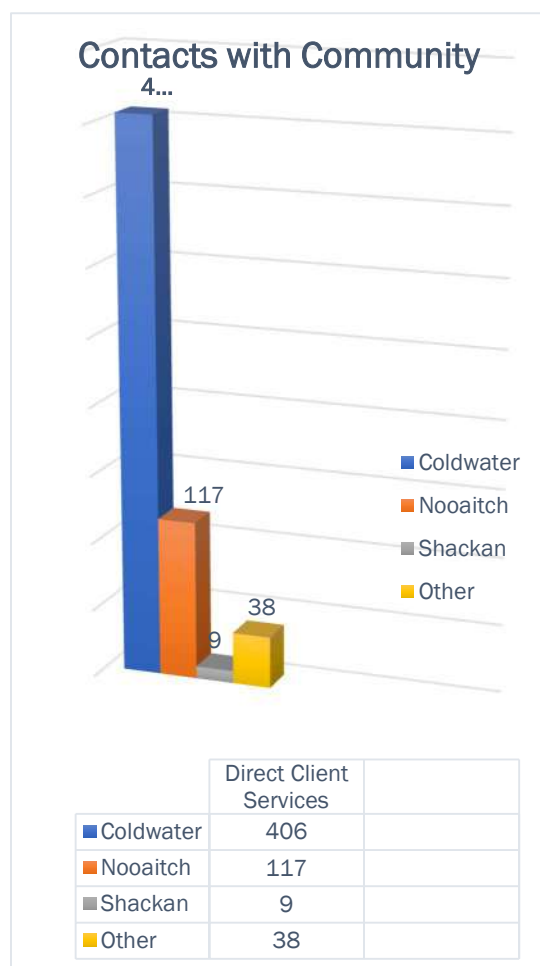
With respect,
May George,
Wellness Team Manager



Tree of Prayer Ceremony – September 15, 2023



**Wellness
Team Service
Statistics**



- 42 new clients came into service during the 2023/2024 year.
- 5 people attended residential treatment. 6 people inquired about detox
- 4 people attended detox

Community Connections: 315 hours

Wellness team helped with or co-facilitated, or was requested/required to attend the following:

Shackan Wellness Circle
 Sage Picking
 Coldwater Street Beat
 NVIT Class presentation
 Children Pow wow
 Ask Wellness Health Day
 NV Healing Alliance
 NHSS Decompression Event
 Elders Luncheon
 SCHSS Annual General Assembly
 Transition House Gatherings
 MMIWG Walk
 Orange Shirt Day

CW Cultural Conference
 25 Year Celebration
 NHSS Gathering
 Tree of Prayer - Planted
 Tree of Prayer - Ceremony
 Healing Our Spirit Conference
 Shackan Wellness Circle
 Support Wakes & Funerals
 Shackan Halloween Party
 On the Land gatherings
 Coldwater Band Recognition
 Community Debriefings
 Easter Elders Gathering



Trauma – informed practice is a strengths-based framework that is responsive to the impact of trauma, emphasizing physical, mental, spiritual, and emotional safety for both service providers and community members, particularly by creating opportunities for community members to rebuild a sense of control and empowerment. Our team utilizes a holistic and trauma-informed approach within our service delivery framework, acknowledging the inherent right of all persons to be treated with dignity and respect.

Wellness Team: May, Elizabeth, Christine

Professional Development: 279 hours

Training/Workshops/Education/Forums/Webinars/Conference Calls, etc., that Wellness Team completed or participated in:

IH SU Series
Healing Our Trauma
CISM Training
FNHA Harm Reduction
Interior Health Series
IFOT
Substance Use Series
UBC Webinars

FNHA: Webinars
Toxic Drug Forum
IH Series Grief & Loss
Satir: Self Compassion
Mustimuhw upgrade
Treatment Centre – FNHA
Mental Health – FNHA
Healing From Trauma

Administrative / Planning & Research / Program Development: 2398 hours

Clinical Supervision: 40 hours

Programs:

Grief & Loss – 84 hours
Wellbriety – 565 hours

HOME & COMMUNITY CARE PROGRAM



My name is Amber Steinhauer, and I am a Registered Nurse (RN) for Scw'exmx Community Health Services Society (SCHSS) since May 9, 2022. I have been one of the Home & Community Care Nurses (HCN) that covers Coldwater and also Nooaitch and Shackan First nation communities. It has been my pleasure working with our communities' families and elders to provide nursing services through a variety of support services.

The Home & Community Care Program works in partnership with other service providers for clients and their families. The program responds to the unique health needs of First Nation communities through the First Nations Health authority (FNHA). We assist clients to live in their community as independently as possible; to preserve and encourage the enhancement of support provided by family and community. This helps to increase the effectiveness of community care and eliminate the gaps and duplication of services. Our department consists of one Registered nurse and two LPN's.



Home & Community Care Support Services Include:

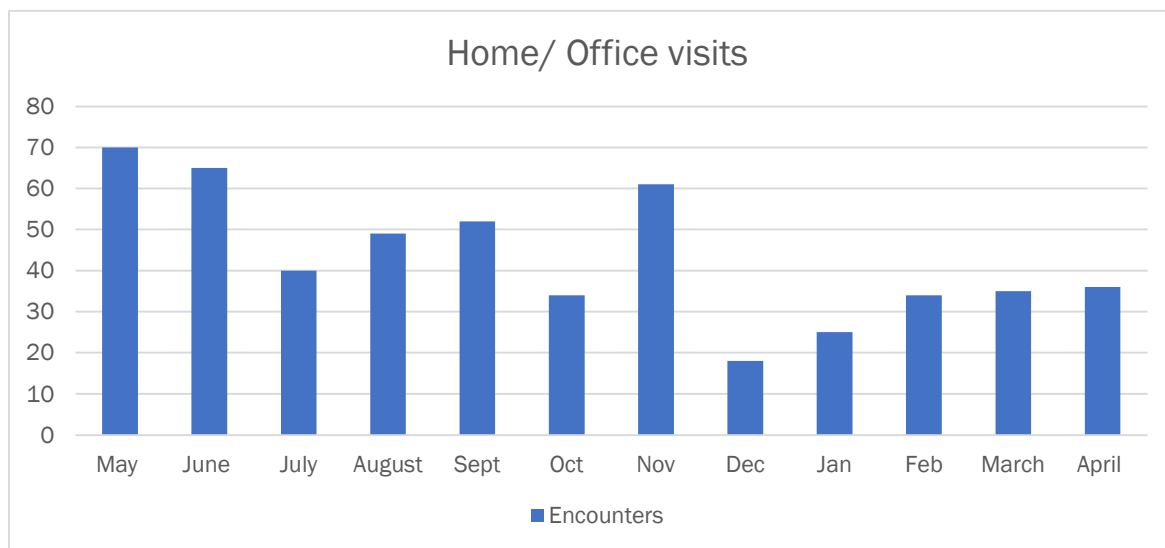
- Home visits to clients with acute or chronic conditions. Clients are assessed and home visits will be done if the client is at high risk.
- Medication management and monitoring for therapeutic intervention is done on an ongoing basis.
- Wound care in conjunction with IHA.
- Assistance with access to medical equipment supplies or travel.
- Health teaching for clients and delivery of educational material.
- Assessment and Reassessment of home making evaluations are done twice a year for each band in March and October. These assessments are done by me, and I hand them in to the social development worker for each band. I also do new assessments during

the year if a community member is in need. The bands have the funding from FNSDP for homemaking services and they employ the homemakers.

- Palliative Care in monitoring in linkage with Interior health.
- Advocating for clients when needed by attending appointments with and family doctor or other health care providers.
- Foot Care Program medically necessary (assessment beforehand)
- Frozen Meal Program for clients who are nutritionally at risk.



Amber Steinhauer, Home care nurse works with our communities' elders and families. She works with acute or chronic conditions; medication management and monitoring, medication injections, medication teaching, assist with access to medical equipment supplies, wound care, health teaching, help with referrals to specialists, advocating for clients (attend doctors appointments if needed). Clients are assessed and home visits on an ongoing basis.



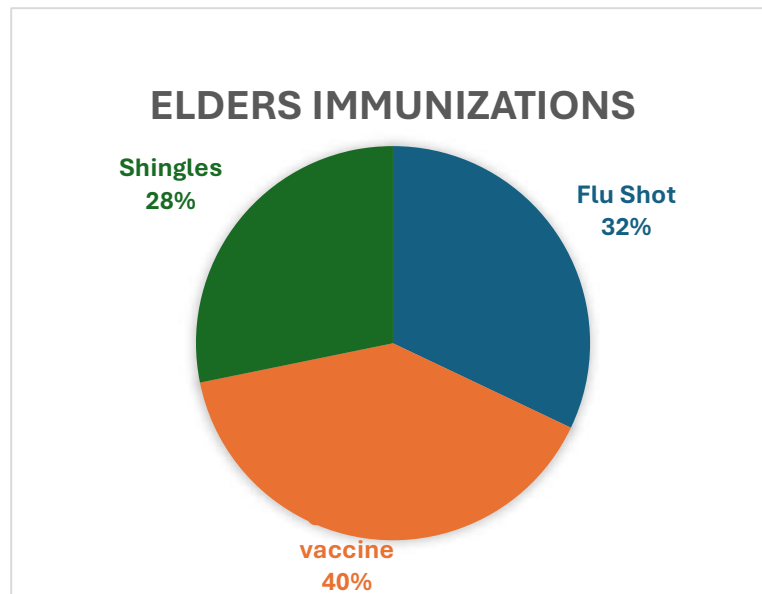
Amber's Personal Growth & development

Arthritis management certificate
Emergency preparedness workshop
Cultural safety in nursing
Nursing team building in Boston Bar
Hypertension awareness
Mindwell for healthcare workers
FNHA nurse conference in Vancouver November 21-23
Home health nurse update workshop
Advance care planning train the trainer
First aid & CPR
Interpersonal relationship development
Serious Illness conversations
Canadian nurse protective society zoom workshops



Communicable Disease Control

Our nursing department has been active in COVID-19 testing, immunizations, and educating community members about prevention, public health mandates, symptom management, isolation requirements, etc.



First Nations Health Authority now covers the shingles vaccine for indigenous peoples over age 65. As of April 2024, 140 people have completed or are in the process of completing a shingles vaccine series.

In the last year 22 adults have started or in the process of completing the shingles vaccine Shingrix.

We also immunized elders (age 65 and older) throughout the last year: 25 against the influenza and 31 immunization of COVID-19 Omicron vaccine.

Canning Workshops:

The pressure canning workshop was held during August 2023 in Nooaitch, Shackan and Coldwater. The ingredients and jars were provided to make canned peaches or pears, many batches were made.

COMMUNITY HEALTH



My name is Angela Nordstrom, and I am from Kawacatoose First Nation in Regina, SK. I moved from Northern Ontario where I was raised and completed my nursing education. I was able to secure a position as a Community Health Nurse at Scw'exmx Community Health Services Society (SCHSS) in May of 2023. Since I arrived in British Columbia (BC), it has been a pleasure getting to know the communities and people.

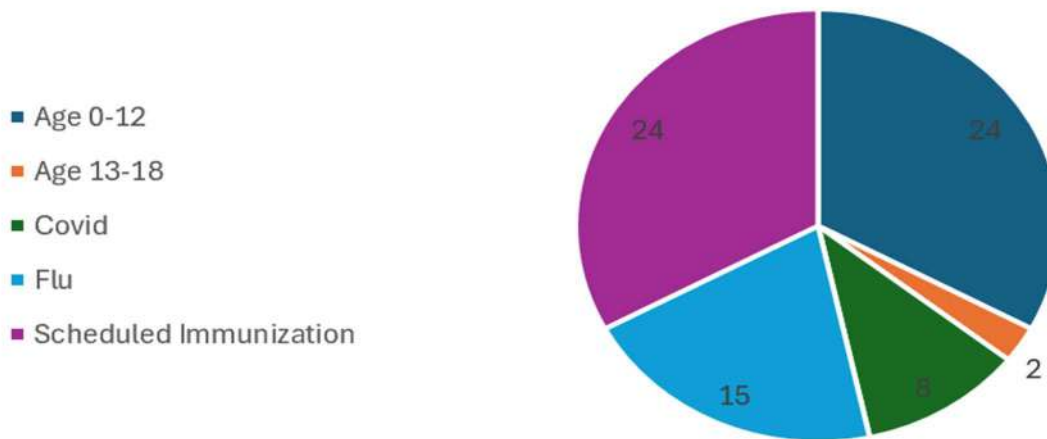
SCHSS provides comprehensive public health services, including immunization clinics for various age groups. This includes routine childhood vaccinations, seasonal flu vaccines, and COVID-19 vaccinations, among others. SCHSS collaborates with local schools, families, and community leaders to create supportive environments that promote healthy behaviors and preventive care. The community health nurses help in the administration of vaccines such as DTaP, Polio, Hib, Hepatitis B, and MMR among others with professionalism. The program also offers educational resources to parents and guardians about the importance of timely vaccinations for infants and children.

Infant, school-aged, and adolescent vaccinations

SCHSS provides immunizations across the lifespan vaccines administered according to the CDC immunization schedule for British Columbia. The Scw'exmx Community Health Services Society (SCHSS) offers a comprehensive immunization program for children and adolescents at critical developmental milestones. The vaccine schedule for BC is designed to protect against a variety of vaccine-preventable diseases such as diphtheria, tetanus, pertussis, polio, and measles, among others. Community nurses play a crucial role in this program by conducting thorough assessments to determine the appropriate vaccinations for everyone. They consider factors such as the client's age, current health status, and any underlying medical conditions that may affect vaccine efficacy or safety. Additionally, nurses evaluate lifestyle choices, potential risk factors for specific diseases, and the individual's contact with high-risk populations. Local disease epidemiology is also a key consideration, as it helps prioritize vaccinations based on prevalent health threats within the community. This personalized approach ensures that each person receives the most suitable and timely vaccinations, maximizing the protective benefits and supporting overall public health.

CHN provides education in school on proper handwashing techniques. That is aimed at educating kids about healthy lifestyle practices such as handwashing, safety while playing, healthy snacks, dental hygiene, sleep, healthy minds, and immunizations among others. Education with hand washing is prioritized as a first-line defense against infection.

Children immunized bar Graph



In the spring of 2024, the Scw'exmx Community Health Services Society (SCHSS) collaborated with healthcare aid students from Nicola Valley Institute of Technology (NVIT) to provide an educational session on puberty rites of passage to the youth of the Nooaitch community. This initiative aimed to educate young community members about the physical, emotional, and cultural aspects of puberty. The session covered traditional teachings and modern health information, fostering a supportive environment for the youth to ask questions and gain a comprehensive understanding of this important life stage. The involvement of NVIT students not only provided practical experience for future healthcare workers, but also strengthened community ties by involving local educational institutions in health and wellness education.

Adults and Elders' immunizations

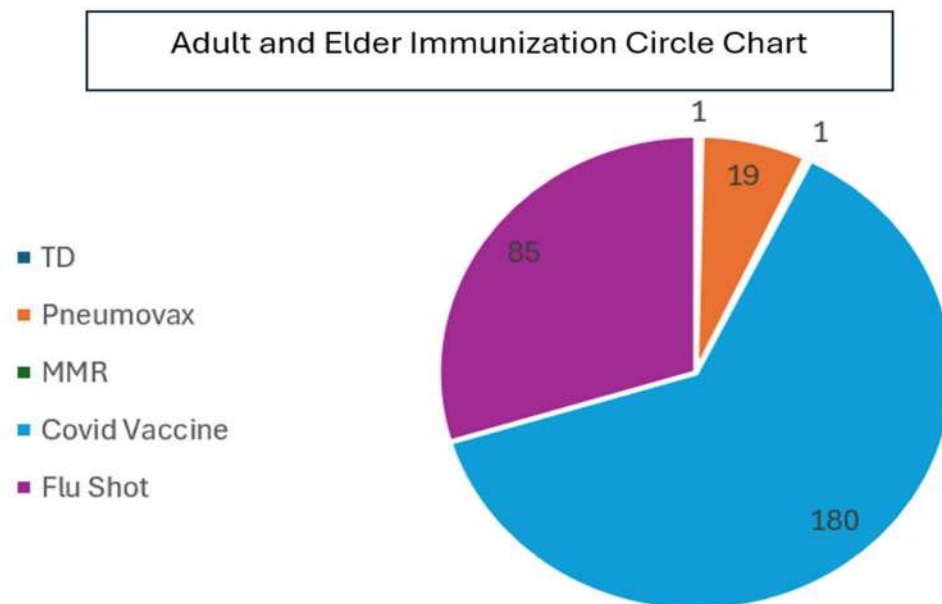
SCHSS offers several immunization programs specifically tailored for adults and elders in the community. SCHSS provides immunizations to adults for Tetanus(lockjaw), pneumococcal infection, hepatitis measles/mumps, and rubella. SCHSS also offers tuberculosis testing and has flu and COVID-19 clinics on and off reserve. The organization continues to provide COVID-19 vaccinations and boosters, emphasizing the importance of protecting the most vulnerable populations, including elders and those with preexisting health conditions. Also, Pneumococcal vaccines are provided to prevent pneumonia and other related infections. This is particularly crucial for the elderly and adults with chronic health conditions, as they are more susceptible to severe illness. These programs are part of their broader public health services and focus on preventing illness and promoting wellness among older community members.

SCHSS statistics.

98 of community members have received the vaccine for influenzas in the fall of 2023.

188 of community members have received vaccine for Covid 19, in the fall of 2023.

SCHSS has supported the community with rapid tests available in the offices and provided upon request.



First Nations Health Authority covers the cost of shingles vaccine for Indigenous persons over the age of 65. Scw'exmx continues to cover the cost of vaccines for interested community members over the age of 50.

By providing these services, they help reduce the incidence of vaccine-preventable diseases, improve overall community health, and lessen the burden on healthcare facilities. Furthermore, the organization's efforts to educate the community about the importance of vaccinations help combat misinformation and encourage higher participation in these preventive measures.

Collaborative Health Promotion

SCHSS's Initiatives and Partnerships for Community Well-being

Drug overdose management.

SCHSS has taken proactive steps in reducing naloxone use and combating opioid overdoses. The organization collaborates with the First Nations Health Authority (FNHA), which covers the cost of nasal naloxone for Indigenous peoples with status cards. Community organizations are also supplied with injectable naloxone, which SCHSS receives in bulk and distributes. Injectable naloxone is available at the SCHSS office and distributed to communities, other organizations, and individuals in need. The organization provides training on proper naloxone administration, available in group settings or through confidential office or home visits. This initiative is critical in empowering community members to respond effectively to opioid overdoses.

For instance, on August 31st, 2023, SCHSS had an overdose awareness event at Spirit Square which was a success.

In the pouring rain, the nursing team set up and provided education and resources to Merritt's vulnerable populations.



Good Life Gym Membership

SCHSS subsidizes the cost for community members, offering a rate of \$15 per month. This initiative encourages regular physical activity by making gym access affordable, with a straightforward enrollment process that includes monthly withdrawals for a year-long commitment. The partnership promotes fitness and overall health, making exercise more accessible to all community members.

Swim and Gym

Another significant program is Swim and Gym, conducted at the Nicola Valley Aquatic Center on Mondays, Wednesdays, and Fridays. Community members can now access both the pool and gym facilities by registering through SCHSS. This program not only provides opportunities for physical activity but also includes access to various aquatic and gym-based programs, enhancing healthy movement habits across different age groups.



Prenatal/Postnatal Programing

SCHSS also offers Prenatal and Postnatal Programming, supporting maternal and infant health. Between April 1, 2023, and March 31, 2024, the Canadian Prenatal Nutrition Program provided essential support from pregnancy until the baby reached one year of age. SCHSS facilitates access to breast pumps through the First Nations Health Authority (FNHA) for those in the third trimester with a prescription from a nurse practitioner or doctor. Additionally, the organization ensures the availability of car seats and booster seats for pediatric community members, promoting safety and well-being for the youngest residents.

Mother's Day/New Life Celebration

Communities provided independent celebrations for new community members with SCHSS having minimal involvement but were available to support as needed.

Electronic Charting EMR

For documentation and healthcare management, SCHSS utilizes an Electronic Management System (EMR) Mustimuhw and the Panorama system for immunizations which is a province wide database for immunizations. Nurses at SCHSS have access to Meditech, the EMR system of

Interior Health, ensuring seamless access to patient records with signed consent, thereby integrating regional healthcare services and improving patient care coordination.

Nutrition Programming

Nutrition Programming is a vital component of SCHSS's health promotion efforts. Healthy snack programs have been implemented across the communities, including in Shackan playgroups, Nooaitch's Head Start and school-age programs, and Coldwater's diverse age groups. Popular snacks like chia pudding, black bean brownies, and cherry raspberry yogurt smoothies have been well-received, highlighting the importance of nutritious food choices in maintaining physical and mental well-being.

These collaborative efforts by SCHSS with various programs and organizations underscore a comprehensive approach to community health, addressing physical fitness, maternal health, nutrition, and access to healthcare services, thus enhancing the overall quality of life for community members.

Team Development

The Scw'exmx Community Health Services Society (SCHSS) team is highly competent, friendly, and effective in delivering comprehensive community health services, as evidenced by their diverse and skilled staff, continuous professional development, and holistic approach to patient care.

The team includes two Registered Nurses (RNs), two Licensed Practical Nurses (LPNs), one Early Childhood Educator (ECE), one Community Health Representative (CHR), and one Personal Care Assistant (PCA). This multidisciplinary team brings together a wide range of expertise and experiences, enabling SCHSS to address a broad spectrum of health needs within the community. The staff regularly engages in professional development, such as the team-building event at Heritage Village Tuckkwiowhim in the fall of 2023.



Boston Bar team building

A snippet of a typical day with a Community Health Nurse (CHN) at SCHSS illustrates the team's hands-on, patient-centered approach. Appointments with a CHN can include immunizations, assessments of weight, growth, and development, and addressing parents' concerns or questions. The CHN also facilitates referrals to outside organizations when necessary, ensuring that patients receive comprehensive care. Furthermore, advocacy and support are integral to the CHN's role, reflecting SCHSS's commitment to empowering community members and addressing their health and social needs.

Acknowledgment

I would like to express my sincere appreciation to Scw'exmx Community Health Services Society and the team at large for their support and contribution towards making this program a success.

I am grateful to all the partners for offering facilities and resources for this project. Their support facilitated the smooth execution of the community health nursing services.

I am grateful for the community members who have volunteered to participate in the survey to evaluate services and make improvements.

Lastly, I am thankful to my family for their understanding, encouragement, and support.



COMMUNITY HEALTH/DIABETES PREVENTION



It is with great pleasure that I share my annual report with our communities. After 18 years with SCHSS I still find it very rewarding to help our community members.

Current year professional training

- Diabetes Medication Updates-Canadian Diabetes Association
- Med Access, Telus Systems, Medi-Tec, Panarama
- Thirteen Week Health Coach Program-Chronic Conditions-U of Victoria
- Workshop-Laura Grizzly Bear
- Beyond the Factors and addressing Workplace Factors-Worksafe BC
- Health Department 1-day Retreat to Tuckwilowhum Village -Boston Bar
- Language & Culture Immersion, Genealogy, Storytelling-NVIT, CNA and SCFFS
- Key Considerations when Planning & Implementing Research to Evaluate the Effectiveness of the Health Interventions-U of Victoria
- Research Study-Early Uterine Cancer Detection 6 month study-UBC Health Sciences
- Frontline Workers Decompression Gathering- Nlaka'pamux
- Angela's test Kitchen Volunteer
- Care for Caregivers- Energy Health Management: Keeping your Stress Recovery Wheel in Balance-Heart and Hands

Member and client contact

Home visit without water samples:	47
Elder community gatherings:	639
Visits at Coldwater, Shackan, & Nooaitch wellness buildings:	27
Total clients and encounters:	531
Mental health services referrals:	6
Adult wellness and home care visits:	83
Footcare referrals:	2
Food Safe training:	59
Collaboration with Shackan Band:	4
Education:	80
Veteran visits:	8
Advocacy:	78
Medic Aid and repairs:	15
In-office clients:	80
Orthopedics:	27
Elder Christmas cards:	143
Air purifier filters distributed:	37
Vitals:	114
Blood sugar:	61
General referrals:	12

Demographics

Youth up to 27 years:	9
Adults between age 28 to 64:	27
Elders 65 years and older:	487

Water testing

Community:	513
Private re-tests:	3
New clients seen:	1

Submitted by Bonita Eagles, CHR/CDPW



HOME & COMMUNITY CARE PROGRAM



Communities: Nooaitch & Shackan

My name is Crystal Lindley, and I am a Licensed Practical and Footcare Nurse (LPN/FCN) for Scw'exmx Community Health Services Society (SCHSS). I am one of the Home & Community Care Nurses that covers the communities of Nooaitch and Shackan.

Some of the services provided are:

- Work in collaboration with the rest of our health staff with any health-related programs or issues within our communities.
- Falls Prevention Program in collaboration with Occupational Therapist to provide safe homes for our elders in community.
- Home and community nursing care provided to clients in need- monthly vitals, blood sugar monitoring, wound-care, client advocacy and prepare client appointments, when necessary, medication reviews and updates.
- Tuberculosis (TB) Program- coordinate the TB skin testing for clients needing treatment/rehab etc.
- Frozen Meal Program from CSI Kamloops for clients in need or post hospital discharges.
- Communicable disease services- immunizations, pandemic planning, and preparation.
- Monthly immunizations for clients on B12 injections.
- Footcare

I continue to complete different modules, I-learns and learning hub to stay updated and obtain certificates that are needed. Also, monthly FNHA CDC Zoom mtgs for current news/updates.

Respectfully,
Crystal Lindley, LPN/FCN



PERSONAL CARE AIDE – DAWN CHYPYHA



My name is Dawn Chypyha. I am of Shuswap Ancestry. I was born in Golden BC at the dawn of the day right when the sun was coming up over the Rocky Mountains. hence is where I got my name from.

I have been a Personal care aide at SCHSS for 22 years. Some of my duties at SCHSS include direct client care assisting with bathing, showers, dressing, grooming, shaves, haircuts, medication monitoring, recording vital signs, wound care, oral hygiene, footcare as well as other delegated duties. All care is according to the client's individual care plan. I record and report any changes in the client's health to the nurse team.

I work with the nurse footcare team at SCHSS doing medical footcare assessing and treating foot conditions, providing patient education on their footcare management. I have some of the same footcare clients I have been providing footcare for since I started at SCHSS 22 years ago. I have completed over 200 footcares this year. I do the ultrasonic cleaning and autoclaving of footcare instruments. All the instruments are fully sterilized. (Autoclaved) instruments are sealed, packaged and unique to each client, for one time use per client.

I have training in reflexology which is a type of massage that focusses on the feet. I incorporate reflexology into my footcare practice with my footcare clients that meet the criteria for reflexology.

I mentored a few Personal Care Aide students this year to which I delight in sharing my experience, skills and knowledge with.

I was invited to do some drumming & singing for aboriginal day to which I participated in & consider it a privilege and honor to be involved.

I attended the Personal Care Aid conference in which I participated in the skills sessions which included information on:

- Nutrition
- Diabetes
- Oxygen and respiratory health
- Naloxone
- Palliative symptoms
- Falls prevention
- Medications monitoring
- Vital signs
- Skin and wound care
- Infection prevention
- TB support

I Attended a cultural event in Boston Bar with the nursing team where we learned about traditional plants & medicines of the territory.

I successfully completed the requirements & updates for Emergency First Aid/CPR C training.

I was involved in the Overdose Awareness Event at Spirit Square where we offered information resources, and a free lunch. The event was very successful.

I have a passion for improving the quality of life for my clients. With my ongoing clients of over 20 years, I have witnessed firsthand their enhanced quality of life. I promote independence which empowers my clients to maintain optimal health. I love providing care for the daily needs of my clients that are unable to care for themselves. I address the physical and emotional needs of my clients that require continuous support and attention. I record & report any issues to the nurse team. I allow and encourage clients to do as much of their own care as possible as to encourage them to live independently.

In my job, I get to see the direct results of my efforts, which is incredibly rewarding & fulfilling to witness the positive impact of my work on clients. I feel respected and valued at SCHSS for the work I do for my clients & I feel appreciated by my clients.

With much respect &
appreciation sincerely,
Dawn Chypyha
Personal Care Aide



EARLY CHILDHOOD EDUCATOR REPORT



My name is Carly Obenauer, and I have been a Licensed Early Childhood Educator (ECE) for Scw'exmx Community Health Services Society since August 7th, 2018. I facilitate the Parents and Tots Program, which is held monthly in Coldwater, Nooaitch and Shackan. I have been a part of a collaborative team running the environmental health program alongside Bonita Eagles for the past 6 years. We do regular weekly water samples from Shackan, Nooaitch and Coldwater community water systems as well as monthly lab samples taken once a month.

Services Provided:

- Formulate and execute programs that support the overall development of children in physical, cognitive, emotional, and social aspects.
- Create programs that consist of: Creative Arts / Science / Social Studies / Math / Language Arts / Dramatic Play / Sensory / Gross and Fine Motor Skills Development.
- I also assess the abilities, interests, and requirements of children and communicate progress or concerns with parents and colleagues.
- Monitor children for any potential learning or behavioral issues and provide feedback to parents or caregivers.
- Collaborating with other organizations such as: Coldwater School - Headstart, Shackan Band Office Staff, Nooaitch Band Office Staff, Nooaitch Headstart Staff, Kamloops Children Therapy, Stoyoma Dental.
- Connecting clients with external resources and referrals.
- Advocating and supporting families and children.
- Water Sampling and Testing - First Nations Health Authority.
- Working alongside the other home and community care staff members to deliver and plan other events and services to the communities.

I am dedicated to providing quality services to the communities and am truly grateful I get to serve to the best of my abilities. I am committed to continuing to pursue knowledge, education and training. I attended the BCPOP Annual Conference (BC Association of Pregnancy Outreach Programs) this year, as well as completed several certificate programs for professional development pertaining to Early Childhood Education.

With gratitude,
Carly Obenauer
Early Childhood Educator

STOYOMA DENTAL CLINIC



2088 Quilchena Ave
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Phone: (250) 378-5877
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In June 2023, with great sadness, we had to announce the passing of Trish Alexandruk. Trish was the long-term founding manager of Stoyoma Dental. All the staff and patients miss her very much.

My name is Deanna Palmgren. My husband and I moved to Merritt from Williams Lake in 2016. Trish hired me, but sadly she passed before my start date. I began as a front desk receptionist on July 31, 2023. On November 1st, I accepted the position of office/clinic manager. I come

with 20+ years of dental experience. I am thankful to be a part of Scw'exmx Community Health at Stoyoma Dental.

We continue to operate the clinic with 2 dentists, 2 hygienists, 2 receptionists, 2 Certified Dental Assistants, 2 chairside assistants, and 1 manager. It is a dedicated team that works well together. We serve approximately 5800 active patients.

The clinic is now 11 years old and continues to provide much-needed services to our community and surrounding areas. Our focus is primarily, but not limited to the First Nations communities. We are proud to deliver care with little to no barriers for our patients. We accept all insurance plans. We do not "balance bill" anyone with the First Nations Health Authority, Ministry Plan, Healthy Kids Plan, or the new Canadian Dental Care Plan. We can also provide discounted services to seniors, the unhoused, people with disabilities, refugees, and the uninsured. We can do this through our Pro-Bono program. This program absorbs approximately \$10 000.00 per month of treatment costs.

Dentistry is a fast-paced environment. There are always innovative technologies and updates to explore. This year we outfitted all our treatment rooms with intra-oral cameras. This gives our dentists another tool to assist with diagnosis and allows patients to see before and after photos where applicable. We also installed a third desk in our reception area for staff to complete extra tasks such as reminding patients of outstanding treatment plans, keeping current with 6-month recalls, and continuing education opportunities. We installed a new Software program called

“RecallMax,” which also does electronic reminders. In keeping with current times, we can communicate with patients via email, text, or toll-free calling. Our patients also enjoy our new Guest Wi-Fi in the clinic.

Our outreach programs are as active as ever. We have long-standing relationships with community partners including Scw’exmx Child and Family, ASK Wellness and our local shelter. We refer to Pediatric Dental offices in Kamloops, Kelowna and Abbotsford that can provide sedation to children in need. Dr. B. Rishiraj and his team at Kamloops Oral Surgery continue to fill all our surgical needs including removal of wisdom teeth.

We look forward to another year of providing exceptional service in our community.



BRIGHTER FUTURES – YOUTH PROGRAM



Hello, my name is Lucille Henry. I am a Youth Development/Recreation Worker. This year marks 24 years with Scw'exmx Community Health Services Society and I truly love my job, being around the kids and youth never feels like a job, it about the relationships you create with our children that so rewarding, and watching them grow up and go through all life experiences, we can only guide them and help them make positive choices in life and give them few tool along the way. I would like to take this time to thank our wonderful staff here at SCHSS, we all work together to provide services to our three communities, and couldn't ask for a better team.

The youth program has seen lots of changes this past year, we started the year off at our newly formed SCHSS Youth Center. We ran program out of there for about 4 months, then I moved up to Coldwater Access Center in May 2023 while waiting to move into our new Coldwater Health Building. In January 2024 we finally moved into the new Coldwater Health Building and were able to run our Coldwater Youth Program at our brand-new facility. It was a dream come true to have this beautiful building here for our community. The kids/youth love the building and are making great use of it.

Highlights of some of our Coldwater youth activities:

- Coldwater gym nights are Tuesday & Thursday at Coldwater Gym 6:00-7:30pm, kids/youth enjoy basketball, volleyball, indoor soccer, badminton, kick ball, capture the flag, walking, floor hockey etc.
- Tuesday & Thursday was youth drop in at the SCHSS Youth Center. We picked up students from 4 different schools and came to the center 3:30-4:45pm, played pool, basketball, arcade games, had computers set up for youth, air hockey, watched movie, play P4 games. They always enjoy after-school snacks.
- Spring break took **31** kids/youth to Apex trampoline park for an afternoon of fun and pizza party.
- Thursday April 27, 2023, we helped with traditional games at Collettsville School it was for all grade 6 student in Merritt District. There were approximately **75+** students that attended. Many different stations were set up for students to participate in: knobby ball, hoop ball, high kick, lahal, spear throw. Was a fabulous day for Merritt School District Native Support Worker and other local agencies.
- May 2023 started Coldwater girls group at the Coldwater Access Centre. Girl power is an educational group that promotes the healthy development of pre-

adolescent girls' sense of themselves, their bodies, cultural identity. Girl power encourages and fosters self-efficacy, self-expression, authenticity and relating themselves and others. Some topics we cover in the 9-week program are: true concepts of power, body image, journal writing, body changes, boundaries, friendships & peers, girls & anger. The age group is 9-14 years old; I have group of **5** Girls that come every Monday 3:30-4:45pm.

- June helped organize the first Coldwater culture gathering at CW school gym. Had many workshops throughout the 2-days, drum making, dip nets, slave/medicine making, ribbon skirt, art & crafts, rock painting etc. It was a successful day with **120+** community members attending.
- July was the start of Coldwater kids summer day camp, started off at Coldwater hall for about a week, then able to move it up to Coldwater school. Organized many different activities for kids/youth ages 6 – 18 years: Merritt literacy program came do one day events with kids, had swimming at local pool, rock painting, arts & crafts, Movies night at NVIT theatre, hiking at Kentucky lake, water park at Rotary, elders had story and language time with kids, drum making, took kids bowling, had fun bingo, scavenger hunt, baking, making tie dye t-shirts. On last day of kids group with help of CW Social Development dept. we organized trip to Bridal Falls water park in Chilliwack, kids enjoyed slides and water park. **91** community members participated.
- Coldwater monster mash was held at Coldwater Gym on Friday October 27, 2023. Had many different activities for all kids/families, I brought up the mini basketball game, which was very popular. Had **125+** community members.
- Tuesday October 31, 2023, a few of us frontline workers went us did “Street Beat” handed out Halloween candy bags to homeless and gave warm gloves, socks and togues. Seen **9** of our community members.
- Friday November 20, 2023, was our monthly youth outreach held at MSS multi-purpose room. Youth had the opportunity to get wellness items, gloves, socks, halls, gum, toothbrushes, shampoo, deodorant, hairbrushes, hand sanitizer, tissue etc. Served pizza, and juice for lunch, was a great turn out **120+** students.
- Sunday December 3, 2023, organized NHL player Ethan Bear to come share an afternoon at Shulus arena. It was great collaboration efforts by NHSS, SCHSS, and Coldwater Indian Band. Had snacks, lots of door prizes and fun skating with Ethan Bear and photo session afterwards. We had an overwhelming response with **207** community members.
- Saturday December 16, help drive families to view the holiday train at the Sandman Centre and give away **50** tickets to Kamloops Wildlife Park and annual Christmas light show in the park.
- Organized “Stick & Puck” at Shulus arena during the Christmas holidays. Kids/youth are able to free skate and play some fun hockey.

- January 2024, we started the year off by organizing youth fun bowling event, gave away lots of prizes. **50+** youth attended.
- January 11, 2024, held our first planning session for “Calling Our Sprits Home” walk/run from old KIB residential school to Coldwater reserve. In honor of all Coldwater members that attended residential school. Organized a working committee and held meeting every month, as there lots to plan for such a big event. Later in January started a Coldwater walk/run program to begin the training for journey from Kamloops to Coldwater.
- February 14, 2024, was our annual SCHSS Kids Ski/snowboarding trip to Harper Mountain in Kamloops. **50+** participated.
- February 22, 2024, went to Harper Mountain for our annual family tubing day. We had a wiener roast and lots of snacks, it was a great community event with **60+** community members.

Submitted By:

Lucille Henry – Youth Development/Recreation Worker



SHACKAN & NOOAITCH YOUTH PROGRAM



Hello, my name is Darlene Rodominski, I am the Youth and Development Worker for Shackan and Nooaitch. I have taken great pride in working with your children for the past fourteen years as a youth worker with Scw'exmx Community Health. This year started off with a move from being in town to the Nooaitch satellite office. It was a perfect space for the youth to enjoy themselves right there in the community.

Looking back on our numbers from last year, they have improved significantly. There were **376** youth that enjoyed weekly after school swimming program this year, compared to 256 youth last year, **317** youth enjoyed gym nights at Nicola Canford this year, compared to 109 youth last year, **500** youth came to drop in at the Nooaitch satellite office, and last year there were 168 youth. This year I had extra support through Scw'exmx Child and Family Services, which I am very grateful for. With the numbers of children always growing we have added another van and extra helpers to help with transport and help with youth programing is making all the difference.

April 2023- We moved out of our youth center in town to the satellite office in Nooaitch. Set up a center for the youth to enjoy.

May 2023- Lucy and I took **7** youth to tour the TRU campus and let them enjoy the carnival

June 7, 2023- Helped decorate the civic center for the Elders Luncheon

June 8, 2023- We took part in hand drumming for the Native Grad

June 24, 2023- **17** youth and parents from Shackan & Nooaitch enjoyed Fun Factor with a pizza lunch

June 29, 2023- We supported Nooaitch at the HVC Community Engagement Dinner, while watching children at bouncy castles and helping with games.

July 7/8, 2023- Girls Sleepover at the youth center (**6**) the girls went for a swim in the river, made pizza, played games, did face masks, make sundaes, and have a pancake breakfast before heading home.



July 21,2023- **26** Youth and **5** chaperones enjoyed the Hope Bridal Falls Waterslides and BBQ hotdog lunch and snacks.

Aug 2, 2023- drove **7** people to attend the Feast and give away at Ko'waintco & Brain's

Aug 11,2023- Took **11** youth to the Harry Potter Movie at NVIT, where they enjoyed popcorn and a drink.

Aug 12/13, 2023- Supported Nooaitch with community PNE & Vancouver Aquarium Trip. There were **98** that attended.

Aug 21, 2023- Apex Trampoline Park in Kamloops **28** youth and **5** chaperones from Shackan & Nooaitch Attended.

Aug 27, 2023- St John's Babysitters Course, **6** youth received their certificates.

Aug 28,2023- Attended the Nooaitch Culture Camp, **9** youth

Sept 12,2023- Munchie Makers **10** youth, we made apple crisp

Sept 15,2023- Youth Collaboration at MSS, Subway lunch and wellness baskets

Sept 18,2023- Supported Nooaitch in their Back-to-School Celebration

Sept 19,2023- Munchie Makers **10** youth made chocolate chip cookies

Sept 22,2023- Supported Shackan at their Culture camp at Chataway doing activities with the youth.

Sept 24,2023- Support Nooaitch with Community Turkey Shoot, purchased Turkeys and chickens, make sandwiches and picked up the Tim Hortons order. **11** youth attended

Oct 20,2023- Support Nooaitch with trip to Desert Hills Pumpkin Patch trip

Oct 27,2023- Took **12** youth to the Spooktacular Celebration at the Civic Center, where youth enjoyed games and the haunted house.

Oct 30,2023- Attended the Shackan Halloween Party

Oct 31, 2023- Attended the Nooaitch Halloween Party

Nov 16, 2023- Took **6** youth to Feel the Beat in Lower Nicola, where they could bead an ornament or make a small drum ornament.

Nov 17,2023- Supported Nooaitch with decorations for their Christmas Parade float.

Dec 12,2023- Supported Nooaitch with Christmas Shopping for community members.

Dec 13,2023- **20** youth enjoyed the Youth Christmas Bingo

Dec 15, 2023- Helped decorate the Nooaitch Band Hall for the Christmas party.

Dec 16, 2023- Attended the Nooaitch Christmas Party, took photos with Santa.



Dec 21,2023- supported the Nicola Canford Christmas Bonanza, helped youth choose gifts for family members.

Jan 3,2023-**23** members from Shackan & Nooaitch came to enjoy NHSS bowling event

Jan 4,2023- took **11** youth to the library, where they had activities for the youth to enjoy.

Jan 26,2023- I attended First Aid & CPR course

Feb 1,2023- **8** youth attended the Teen Harper Mt Ski Trip

Feb 2023-**29** youth went skating in February

Feb 14,2023- **19** youth between the ages of 6-17 went skiing at Harper Mountain.

Feb 22, 2023- **22** people from Shackan & Nooaitch attended our family tubing day

Mar 2023- **22** youth went skating in March

Mar 14,2023- **9** youth attended the drumming & stick games

Mar 25, 2023- **20** youth from Shackan & Nooaitch attended the Apex Trampoline Park

Mar 26,2023- supported the Nooaitch community bowling with driving and being a chaperone.

This year again I took part in the monthly outreach Events. A wonderful opportunity to interact with so many very grateful students. As well as connecting with other organizations. There we would serve free lunches and have wellness items like hygiene items, needed school supplies, swag and seasonal treats for students to enjoy.

As you can see it has been a whirlwind of activities, always thinking of what is our next adventure.

Thank -you for sharing your children with me,

Darlene
Rodominski,
Youth Worker



COQUIHALLA PRIMARY CARE CLINIC



The Team (back row left to right)

Dr. Duncan Ross (Director)- was raised in Penticton & attended UBC, Dalhousie University and U of Ottawa medical schools. He found his way to Merritt in 1994 where he set up practice with Dr. McLeod before he was asked to anchor the new Coquihalla Clinic for Scw'exmx Health Society. Dr. Ross enjoys fishing and hunting with his 2 sons, as well as horseback riding, canoeing and a variety of other pursuits.

Dr. E. Zubaeir Belrasali - Dr. El Zubaeir Belrasali, originally from the country of Libya. His journey in the field of medicine began at Benghazi University Faculty of Medicine, where he graduated in 2013. After completing his post-graduate training in 2015, he practiced medicine in Libya for several years.

In April 2024, he made a significant move to Merritt, British Columbia. Merritt, with its charming small-town atmosphere and welcoming community, quickly felt like home. The weather here pleasantly reminds him of his home country, adding a touch of familiarity to his new surroundings.

Outside of his professional life, he has a passion for road trips, exploring new places, and immersing himself in the natural beauty of the outdoors. Soccer is a favorite pastime, enjoying both playing and watching the sport. He also likes hiking, allowing him to discover the scenic landscapes that British Columbia has to offer.

He is excited to be a part of this community and looks forward to contributing to the health and well-being of the people here.

Kristy Bodner (Nurse Practitioner) - Kristy Bodner has been a Nurse Practitioner in Merritt since 2021 after completing her master's degree at the University of Saskatchewan. Before joining the Coquihalla Primary Care Clinic, Kristy had the opportunity to work at the Conayt Friendship Society NP clinic where she was able to provide primary care services to the residents of Merritt. Prior to becoming a Nurse Practitioner, Kristy was a Registered Nurse who worked at BC Women's hospital in the Neonatal intensive care unit and Pediatric emergency departments. Kristy is passionate about women's health, prenatal care and pediatric medicine. Kristy is the proud mother of son, Harrison.

(front row)

Linda Brown (Clinic Lead) - Born and raised in Saskatoon, she moved to the BC coast in 1981. She has a 40-year history in the medical field, 30 of which have been running medical clinics from ENT, General Surgery, Liver transplant Specialty, Addiction Medicine and Family Practice. In 2000, she met and married Dave Brown and moved to Merritt in 2001. They are very active in the community being involved with Rotary and Church. They hike, bike and camp. Linda is privileged to be part of the Scw'exmx Community Health's vision with their creation of the Coquihalla Primary Care Clinic. Their clinic goal is to create a team of health professionals who are inclusive and offer top medical care.

Dallas Wright (Lead LPN) - Dallas started her career in health care as a Health Care Assistant in 2018 where she fell in love with working with people. Fast forward 6 years, a lot of early mornings and late nights, and she is now a Licensed Practical Nurse. She was born and raised in Merritt and completed all her schooling locally at Nicola Valley Institute of Technology. Since starting with Scw'exmx Health she has taken an interest in wound care and looks forward to broadening her knowledge in this area to help serve our community members better. When she's not working you can find her playing ball, hockey or paddle boarding.

Jeannine Neil (LPN) - Jeannine is our newest member of the team, she is filling the MOA position but will move into an LPN position in the near future with the expansion of the Clinic. Jeannine graduated as an LPN in 2021. She has worked in Kamloops, Grand Forks and Merritt Hospitals. She is enjoying the work-life balance that working in a clinic provides. She spends much of her free time with family.



SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY

FINANCIAL STATEMENTS

March 31, 2024

INDEPENDENT AUDITOR'S REPORT

STATEMENT OF FINANCIAL POSITION

STATEMENT OF CHANGES IN NET ASSETS

STATEMENT OF OPERATIONS

STATEMENT OF CASH FLOWS

NOTES TO FINANCIAL STATEMENTS

COMBINED STATEMENT OF OPERATIONS

SCHEDULES 1 - 2

STATEMENTS OF OPERATIONS

SCHEDULES 3 - 30

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INDEPENDENT AUDITOR'S REPORT

To the Members, SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY

Opinion

We have audited the financial statements of SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY (the Society), which comprise the statement of financial position as at March 31, 2024, and the statements of changes in net assets, operations and cash flow for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2024, and the results of its operations and its cash flow for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Matters

We draw attention to the fact the supplementary information included in Schedules 1 through 30 do not form part of the financial statements. We have not audited or reviewed this supplementary information and, accordingly, we do not express an opinion, a review conclusion or any other form of assurance on this supplementary information.

Report on Other Legal and Regulatory Requirements

As required by the Societies Act of British Columbia, we report that, in our opinion, the accounting policies applied in preparing and presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process

(continued)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Grant Thornton LLP

Chartered Professional Accountants

Kamloops, Canada
July 26, 2024

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
STATEMENT OF FINANCIAL POSITION
March 31, 2024

ASSETS	2024	2023
CURRENT ASSETS:		
Cash	\$ 603,972	\$ 216,522
Restricted cash (Note 4)	50,175	986
Accounts receivable	263,158	962,500
GST rebate receivable	22,863	17,554
Inventory	102,208	129,789
Prepaid expenses	14,012	17,337
	<u>1,056,388</u>	<u>1,344,688</u>
TANGIBLE CAPITAL ASSETS (Note 5)	<u>7,369,734</u>	<u>5,837,500</u>
	<u>\$ 8,426,122</u>	<u>\$ 7,182,188</u>
LIABILITIES		
CURRENT LIABILITIES:		
Accounts payable and accruals (Note 7)	\$ 520,879	\$ 1,337,587
Employee deductions payable	30,840	43,788
Current portion of long term debt (Note 8)	393,733	147,167
	<u>945,452</u>	<u>1,528,542</u>
LONG TERM DEBT (Note 8)	<u>281,153</u>	<u>674,863</u>
	<u>1,226,605</u>	<u>2,203,405</u>
COMMITMENTS AND CONTINGENCY (Note 9)		
NET ASSETS (Note 10):		
Unrestricted	312,809	(3,504)
Restricted	37,350	(33,183)
Capital (Note 11)	6,849,358	5,015,470
	<u>7,199,517</u>	<u>4,978,783</u>
	<u>\$ 8,426,122</u>	<u>\$ 7,182,188</u>

APPROVED ON BEHALF OF THE BOARD:

 Director

 Director

SCWEXMX COMMUNITY HEALTH SERVICES SOCIETY
STATEMENT OF CHANGES IN NET ASSETS
Year ended March 31, 2024

	Unrestricted Fund	Restricted Fund	Capital Fund	2024 Total	2023 Total
BALANCE, beginning of year	\$ (3,504)	\$ (33,183)	\$ 5,015,470	\$ 4,978,783	\$ 1,053,351
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	920,601	(87,547)	1,387,680	2,220,734	3,925,432
ADJUSTMENTS:					
Interfund transfers	(158,080)	158,080	-	-	-
Purchase of tangible capital assets	(299,064)	-	299,064	-	-
Principal reduction	(147,144)	-	147,144	-	-
	(604,288)	158,080	446,208	-	-
BALANCE, end of year	\$ 312,809	\$ 37,350	\$ 6,849,358	\$ 7,199,517	\$ 4,978,783

See accompanying notes to financial statements.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
STATEMENT OF OPERATIONS
Year ended March 31, 2024

	<i>Unrestricted Fund</i>			<i>Restricted Fund</i>	Capital Fund	Total 2024	Total 2023
	Scw'exmx Health Operations	Stoyoma Dental Clinic	Other Operations	Scw'exmx Health Operations			
REVENUES:							
First Nations Health Authority	\$ 2,555,463	\$ -	\$ -	\$ 151,927	\$ 1,658,191	\$ 4,365,581	\$ 5,791,510
Dental clinic	-	1,819,911	-	-	-	1,819,911	1,566,531
Rental	-	-	138,024	-	-	138,024	138,006
Other contracts	435,105	-	-	-	3,944	439,049	369,905
Cost recoveries	-	-	240,486	-	-	240,486	248,574
	<u>2,990,568</u>	<u>1,819,911</u>	<u>378,510</u>	<u>151,927</u>	<u>1,662,135</u>	<u>7,003,051</u>	<u>8,114,526</u>
EXPENSES:							
Advertising and promotion	4,309	3,489	-	-	-	7,798	20,196
Automotive	174,469	14,984	-	19,704	-	209,157	200,449
Board expenses	42,983	-	-	-	-	42,983	40,718
COVID-19 support	-	-	-	-	-	-	2,446
Equipment rental	38,798	-	-	-	-	38,798	45,659
Insurance	12,677	4,007	6,876	-	-	23,560	11,065
Interest	12,288	362	21,053	-	-	33,703	40,117
Office, materials and supplies	65,755	15,014	-	-	-	80,769	106,479
Patient support	-	98,383	-	-	-	98,383	73,693
Professional development	9,107	3,101	-	-	-	12,208	28,201
Professional fees	28,696	-	-	-	-	28,696	33,800
Program costs	363,612	329,747	2,783	176,726	-	872,868	624,855
Property taxes	9,576	-	14,596	-	-	24,172	20,074
Rent	88,261	125,176	-	-	-	213,437	206,223
Telephone and utilities	49,097	17,703	3,221	935	-	70,956	53,386
Travel	3,440	8,416	-	-	-	11,856	12,289
Wages and benefits	1,493,773	1,202,636	-	42,109	-	2,738,518	2,486,594
	<u>2,396,841</u>	<u>1,823,018</u>	<u>48,529</u>	<u>239,474</u>	<u>-</u>	<u>4,507,862</u>	<u>4,006,244</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES BEFORE AMORTIZATION	593,727	(3,107)	329,981	(87,547)	1,662,135	2,495,189	4,108,282
Amortization (Note 14)	-	-	-	-	(274,455)	(274,455)	(182,850)
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	<u>\$ 593,727</u>	<u>\$ (3,107)</u>	<u>\$ 329,981</u>	<u>\$ (87,547)</u>	<u>\$ 1,387,680</u>	<u>\$ 2,220,734</u>	<u>\$ 3,925,432</u>

See accompanying notes to financial statements.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
STATEMENT OF CASH FLOWS
Year ended March 31, 2024

	2024	2023
OPERATING ACTIVITIES:		
Excess of revenues over expenses	\$ 2,220,734	\$ 3,925,432
Adjustment for capital transactions included in operations:		
Amortization of tangible capital assets	274,455	182,850
(Increase) decrease in:		
Restricted cash	(49,189)	2,449,879
Accounts receivable	699,342	(873,519)
GST rebate receivable	(5,309)	(3,121)
Inventory	27,581	(55,904)
Prepaid expenses	3,325	11,464
Increase (decrease) in:		
Accounts payable and accruals	(816,707)	1,229,408
Deferred revenue	-	(2,457,072)
Employee deductions payable	(12,948)	27,757
Cash from operations	<u>2,341,284</u>	<u>4,437,174</u>
FINANCING ACTIVITIES:		
Debt reduction	<u>(147,144)</u>	<u>(204,470)</u>
Cash used in financing activities	<u>(147,144)</u>	<u>(204,470)</u>
INVESTING ACTIVITIES:		
Purchase of tangible capital assets	<u>(1,806,689)</u>	<u>(4,092,670)</u>
Cash used in investing activities	<u>(1,806,689)</u>	<u>(4,092,670)</u>
INCREASE IN CASH	387,451	140,034
CASH, beginning of year	<u>216,522</u>	<u>76,488</u>
CASH, end of year	<u><u>\$ 603,973</u></u>	<u><u>\$ 216,522</u></u>

See accompanying notes to financial statements.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 1. NATURE OF OPERATIONS:

The Society is incorporated under the Societies Act of British Columbia as a not-for-profit organization. Its purpose is to provide health services to three member Bands of the Scw'exmx Tribal Association. The Society is exempt from paying income tax under Paragraph 149(1)(L) of the Income Tax Act.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES:

These financial statements are prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant accounting policies are summarized as follows:

Fund Accounting:

The Society uses the restricted fund method of accounting for contributions. The restricted funds are summarized on the statement of operations. A fund is determined for the purpose of carrying on specific activities or attaining certain objectives in accordance with special regulations, restrictions or limitations. The Society maintains the following funds:

- The Unrestricted Fund which reports the operating activities related to the health programs provided by the Society.
- The Restricted Fund which reports the activities for health programs that have funding restrictions and limitations for specific purposes.
- The Capital Fund which reports items related to the capital assets of the Society.

Inventory:

Dental supplies on hand are capitalized as inventory and valued at average cost.

Tangible Capital Assets and Amortization:

The cost of property and equipment purchased is recorded as an increase in the tangible capital asset account and the related equity account in the capital fund. The costs of disposal are recorded as reductions in the tangible capital asset account and the related equity account. Amortization is based on the estimated useful life of the assets and is recorded at the following annual methods and rates taken after the asset has been put into use:

Buildings	4 %	declining balance
Fencing	20 %	declining balance
Furniture and fixtures	20 %	declining balance
Dental equipment	20 %	declining balance
Automotive equipment	30 %	declining balance
Computer equipment	30 %	declining balance
Leasehold improvements	20 %	straight-line basis

The Society reviews the useful lives and the carrying values of its tangible capital assets at least annually, or more frequently if events or changes in circumstances indicate that the assets might be impaired, by reference to each assets' contribution to the organization's ability to provide services. When assets no longer have any long-term service potential to the organization, the assets are considered to be impaired. An impairment loss is measured at the amount by which the carrying amount of the assets exceeds their fair value, which is estimated as the expected service potential of the assets.

The Society regularly reviews its tangible capital assets to eliminate obsolete items.

Tangible capital assets acquired during the year but not placed into use are not amortized until they are placed into use.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):

Revenue Recognition:

Restricted contributions are recognized in the fund corresponding to the purpose for which they were contributed. Unrestricted contributions are recognized as revenues in one of the General Funds in the year received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured

Recognition of other revenues:

The Society recognizes grants if the amount to be received can be reasonably estimated and collection is reasonably assured.

The Society recognizes its interest using the accrual basis of accounting on a time proportion basis.

The Society recognizes dental revenue when performance obligations are completed.

The Society recognizes rental income on a straight-line basis over the lease term when collection is reasonably assured.

Financial Instruments:

The Society considers any contract creating a financial asset, liability or equity instrument as a financial instrument, except in certain limited circumstances. The Society accounts for the following as financial instruments:

- Cash
- Accounts receivable
- Accounts payable and accruals
- Long-term debt

Measurement

Financial assets or liabilities obtained in arm's length transactions are initially measured at their fair value. In the case of a financial asset or liability not being subsequently measured at fair value, the initial fair value will be adjusted for financing fees and transaction costs that are directly attributable to its origination, acquisition, issuance or assumption.

Gains or losses arising on initial measurement differences are generally recognized in net income when the transaction is in the normal course of operations, and in equity when the transaction is not in the normal course of operations, subject to certain exceptions.

Financial assets and financial liabilities are subsequently measured according to the following methods:

- | | |
|---------------------------------|----------------|
| - Cash | Amortized cost |
| - Accounts receivable | Amortized cost |
| - Accounts payable and accruals | Amortized cost |
| - Long-term debt | Amortized cost |

The Society removes financial liabilities, or a portion of, when the obligation is discharged, cancelled or expires.

Financial assets measured at cost are tested for impairment when there are indicators of impairment. Previously recognized impairment losses are reversed to the extent of the improvement provided the asset is not carried at an amount, at the date of the reversal, greater than the amount that would have been the carrying amount had no impairment loss been recognized previously. The amounts of any write-downs or reversals are recognized in net income.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES (continued):

Use of Estimates:

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting periods. By their nature, these estimates are subject to measurement uncertainty and the effect on the financial statements of changes in such estimates in future periods could be significant.

Significant areas requiring management estimates include the recoverable amount of accounts receivable and the estimated useful life of tangible capital assets. Management reviews these estimates on a periodic basis, and where necessary, makes adjustments prospectively.

NOTE 3. FINANCIAL INSTRUMENTS:

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of March 31, 2024.

Credit Risk:

The Society does not believe it is subject to any significant concentration of credit risk. Cash is in place with a major financial institution. Accounts receivable are predominately from government organizations.

Interest Risk:

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. The Society is exposed to interest rate risk on its fixed rate financial instruments. Given the current composition of long-term debt, fixed-rate instruments subject the Society to a fair value risk.

NOTE 4. RESTRICTED CASH:

During the year, the Society received funding from First Nations Health Authority to facilitate the construction of a new health and wellness facility located at Coldwater Indian Band. An agreement is in place such that the Society manages and administers the funds over the course of the project. These funds have been classified as restricted cash as they are solely for this purpose.

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 5. TANGIBLE CAPITAL ASSETS:

	Cost	Accumulated Amortization	2024 Net	2023 Net
Land	\$ 216,310	\$ -	\$ 216,310	\$ 216,310
Buildings	7,167,669	402,235	6,765,434	1,124,465
Fencing	12,107	7,644	4,463	5,579
Furniture and fixtures	150,254	100,344	49,910	19,316
Dental equipment	445,244	353,803	91,441	114,303
Automotive equipment	1,160,902	966,385	194,517	217,447
Computer equipment	178,624	130,965	47,659	27,153
Assets under construction	-	-	-	4,112,927
	<u>\$ 9,331,110</u>	<u>\$ 1,961,376</u>	<u>\$ 7,369,734</u>	<u>\$ 5,837,500</u>

The above totals include the following tangible capital assets for the Dental Clinic:

Dental Clinic - Furniture and fixtures	\$ 24,116	\$ 20,128	\$ 3,988	\$ 4,985
Dental Clinic - Equipment	445,244	353,803	91,441	114,303
Dental Clinic - Computer equipment	74,425	63,132	11,293	20,874
	<u>\$ 543,785</u>	<u>\$ 437,063</u>	<u>\$ 106,722</u>	<u>\$ 140,162</u>

NOTE 6. BANK INDEBTEDNESS:

Under a Line of Credit arrangement with the Royal Bank of Canada, the Society may borrow up to \$25,000 (2023 - \$25,000) on such terms as the Society and the bank may mutually agree upon. This arrangement does not have a termination date and can be withdrawn at the bank's option. At March 31, 2024 the unused portion of the credit line was \$25,000 (2023 - \$25,000).

NOTE 7. ACCOUNTS PAYABLE:

At March 31, 2024 accounts payable consists of the following:

	2024	2023
Trade payables	\$ 477,683	\$ 923,961
Holdback payables	-	385,716
Wages payable	43,195	27,910
	<u>\$ 520,878</u>	<u>\$ 1,337,587</u>

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 8. LONG TERM DEBT:	2024	2023
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$2,771, due July 8, 2024.	\$ 1,394	\$ 5,551
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$349 including interest at 0.99%, secured by a 2017 Volkswagen Jetta with a carrying value of \$2,771, due July 8, 2024.	1,394	5,551
Royal Bank term loan, repayable in monthly installments of \$1,731 including interest at 5.13%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$767,966, due January 31, 2027.	250,401	185,108
Royal Bank term loan, repayable in monthly installments of \$525 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$767,966, due July 29, 2025.	7,921	19,617
Royal Bank term loan, repayable in monthly installments of \$665 including interest at 3.21%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 2088 Quilchena Avenue, Merritt which has a carrying value of \$767,966, due July 29, 2025.	5,150	20,269
Royal Bank term loan, repayable in monthly installments of \$750 including interest at 4.66%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and a 2018 Volkswagen Tiguan with a carrying value of \$5,776, due June 20, 2023.	6,092	2,144
Royal Bank term loan, repayable in monthly installments of \$1,573 including interest at 4.81%, secured by a general security agreement constituting a first ranking security interest in all property of the Society and the building located at 1802 Chapman Street, Merritt which has a carrying value of \$405,495, due April 16, 2024.	250,060	256,643
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$3,817, due April 30, 2025	4,292	8,233

(continues)

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 8. LONG TERM DEBT (continued):	2024	2023
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$3,817, due April 30, 2025	4,292	8,233
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$331 including interest at 0.49%, secured by a 2017 Volkswagen Jetta with a carrying value of \$3,817, due April 30, 2025	4,292	8,233
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$538 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$5,785, due April 30, 2025	6,890	13,088
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$551 including interest at 2.49%, secured by a 2018 Volkswagen Tiguan with a carrying value of \$5,926, due May 4, 2025	7,594	13,930
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$6,187 due, April 3, 2026	9,569	14,058
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$389 including interest at 1.49% secured by a 2019 Volkswagen Jetta with a carrying value of \$6,187, due April 3, 2026	9,569	14,058
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$8,574, due April 3, 2026	14,226	20,596
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$718 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$10,316, due April 3, 2026	17,116	24,781
Volkswagen Canada Financial Services, term loan, repayable in monthly installments of \$597 including interest at 4.49% secured by a 2019 Volkswagen Tiguan with a carrying value of \$8,574 due, April 3, 2026	8,134	20,596

(continues)

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 8. LONG TERM DEBT (continued):	2024	2023
Royal Bank term loan, repayable in monthly installments of \$1,850 including interest at 4.10% secured by a 2019 Shuttle Bus with a carrying value of \$30,957 due January 27, 2025	17,902	38,898
Royal Bank term loan, repayable in monthly installments of \$600 including interest at 4.50% secured by a Crown Scanner with a carrying value of \$22,139, due November 30, 2024	35,769	46,442
Royal Bank term loan, repayable in monthly installments of \$509 including interest at 4.10% secured by a 2019 Volkswagen Jetta with a carrying value of \$5,473, due January 27, 2025	4,909	10,687
Royal Bank term loan, repayable in monthly installments of \$835 including interest at 4.10% secured by a 2013 Toyota Tacoma with a carrying value of \$7,823 due January 27, 2025	7,920	17,403
Royal Bank term loan, repaid during the year	-	34,547
Royal Bank term loan, repaid during the year	-	30,176
Royal Bank term loan, repaid during the year	-	3,188
	674,886	822,030
Amounts payable within one year	(393,733)	(147,167)
	<u>\$ 281,153</u>	<u>\$ 674,863</u>

Principal repayments due in the ensuing 4 years are approximately as follows:

2025	\$ 393,733
2026	44,400
2027	10,034
2028	226,719
	<u>\$ 674,886</u>

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 9. COMMITMENTS AND CONTINGENCY:

a) Commitments:

Equipment Leases:

The Society leases office equipment under a long-term lease which expires in November 2028, the monthly rental being \$946 including applicable sales taxes.

Future minimum lease payments as at March 31, 2024 are as follows:

2025	\$	11,357
2026		11,357
2027		11,357
2028		11,357
2029		7,571
		<u>52,999</u>
	\$	<u>52,999</u>

b) Pension Plan:

The Society and its employees contribute to a defined contribution pension plan. Total contributions to the plan during the year were \$106,093 (2023 \$95,312).

c) Contingency:

The Society receives portions of its funding under agreements with certain agencies which, if unexpended, may be refundable to those agencies. No amounts have been recorded in the financial statements as refundable.

NOTE 10. NET ASSETS:

The majority of the Society's net assets are governed by the Health Funding Consolidated Contribution Agreement commencing April 1, 2019 and expiring March 31, 2029. The recipient must use the funding provided under this agreement to deliver the programs and services in accordance with the terms and conditions of the agreement. Under the terms of this agreement the Recipient may, with the written approval of the Minister, re-allocate any Set Funding among health programs and services within the same "program cluster" as outlined in the agreement. Flexible transfer funding may be re-allocated among "authorities" as set out by the agreement, provided that mandatory programs are delivered.

NOTE 11. CAPITAL FUND

The capital fund consists of:

Tangible capital assets
Due from other funds
Long term debt

	2024	2023
	\$ 7,369,734	\$ 5,837,500
	154,510	-
	<u>(674,886)</u>	<u>(822,030)</u>
	<u>\$ 6,849,358</u>	<u>\$ 5,015,470</u>

SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY
NOTES TO FINANCIAL STATEMENTS
Year ended March 31, 2024

NOTE 12. CASH FLOW INFORMATION:

During the year \$33,703 (2023 \$40,117) of interest was paid.

NOTE 13. ECONOMIC DEPENDENCE:

The Society receives a major portion of its revenue pursuant to a Health Transfer funding agreement with the First Nations Health Authority which expires March 31, 2029.

NOTE 14. AMORTIZATION:

Total amortization for the year is as follows:

	2024	2023
Amortization of automotive assets	\$ 72,702	\$ 93,193
Amortization of other assets	<u>201,753</u>	<u>89,657</u>
	<u><u>\$ 274,455</u></u>	<u><u>\$ 182,850</u></u>

NOTE 15. EMPLOYEE & DIRECTOR RENUMERATION IN ACCORDANCE WITH THE SOCIETIES ACT:

During the year, 8 (2023 - 6) employees were paid in excess of \$75,000, for a total of \$807,213 (2023 - \$636,904).

During the year, the following amounts were paid to the Board of Directors:

	Honorarium	Contract Services
Chairperson	\$ 10,352	\$ 5,500
Vice-Chairperson	5,681	-
Secretary Treasurer	5,056	-
Director	2,523	-
Director	5,541	-
Director	4,573	-
	<u><u>\$ 33,726</u></u>	<u><u>\$ 5,500</u></u>

SCHSS STAFF

Barclay Smith
 Jim Adams
 Gracynn Bose
 Selena Henry
 Jessie Aljam
 Doug Dixon
 Larry Hintz
 Darlene Rodominski
 Lucy Henry
 Angela Nordstrom
 Carly Obenauer
 Bonita Eagles
 Amber Steinhauer
 Dawn Chypyha
 Crystal Lindley
 Ashleigh Huston
 May George
 Elizabeth Perdok-Waboose
 Christine Provost

Executive Director
 Special Projects
 NIHB Clerk/Reception
 Administrative Financial Assistant/AR
 Finance Clerk
 Community Medical Driver
 Dental Driver
 Youth Worker
 Youth Worker
 Community Health Nurse
 Early Child Educator Worker
 Community Health Representative
 Home Care Nurse
 Personal Care Aid
 Licensed Practical Nurse
 Licensed Practical Nurse
 Wellness Programs Manager
 Therapist
 Wellness Counsellor

SCHSS BOARD OF DIRECTORS

Ko'waintco Michel
 Olivia Buck
 Michael Smithers
 Veronica Jameson
 Chief Arnold Lampreau
 Yvonne Joe
 Savannah Joe
 Jordan Joe

2023-2024
 SCHSS Chairperson- Nooaitch Band Rep
 SCHSS Board Member- Nooaitch Band Rep
 SCHSS Vice-Chairperson- Coldwater Band Rep
 SCHSS Board Member- Coldwater Band Rep
 SCHSS Secretary/Treasurer- Shackan Band Rep (past)
 SCHSS Board Member- Shackan Band Rep (past)
 SCHSS Board Member- Shackan Band Rep
 SCHSS Board Member- Shackan Band Rep



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